

PROGRAMME REPORT

2022



IQAC, SUM COLLEGE OF TEACHER EDUCATION
MAMBA, KANNUR

1. New Year celebration 01/01/2022

On January 1, 2022, SuM College of Teacher Education, Muzhappala, celebrated the New Year with a gathering attended by all staff members. The event featured a warm and festive atmosphere, with decorations and refreshments creating a joyful ambiance. The celebration included reflections on the past year's achievements and aspirations for the year ahead. Staff members shared their personal and professional goals, fostering a sense of camaraderie and collective purpose. The occasion was marked by heartfelt speeches and a toast to new beginnings. The event successfully strengthened the sense of unity among the staff, setting a positive tone for the upcoming year.



2. Symposium on NEP 3/1/2022

On January 3, 2022, SuM College of Teacher Education hosted a symposium on the National Education Policy (NEP), chaired by Dr. C.V. Jayasree. The symposium provided a platform for in-depth discussions on the NEP's implications for the education sector. Dr. Jayasree highlighted key aspects of the policy, including its focus on holistic education, teacher training, and curriculum reforms. Experts and faculty members engaged in constructive dialogues about the policy's impact on educational practices and its potential to enhance learning outcomes. The event aimed to deepen understanding of the NEP and explore strategies for its effective implementation in educational institutions.



3. Braille day celebration 04/01/2022

On January 4, 2022, SuM College of Teacher Education celebrated Braille Day, presided over by Dr. C.V. Jayasree. The event featured an insightful talk by Mr. Sabu Thomas, an expert on Braille literacy and accessibility. Mr. Thomas discussed the significance of Braille in providing equal opportunities for visually impaired individuals and shared effective teaching strategies for Braille education. The celebration aimed to raise awareness about the challenges faced by the visually impaired and promote inclusivity within the educational framework. The event was marked by engaging discussions and a commitment to enhancing educational practices for all students.



4. One day Tour 8/01/2022 At Kuruva dweep

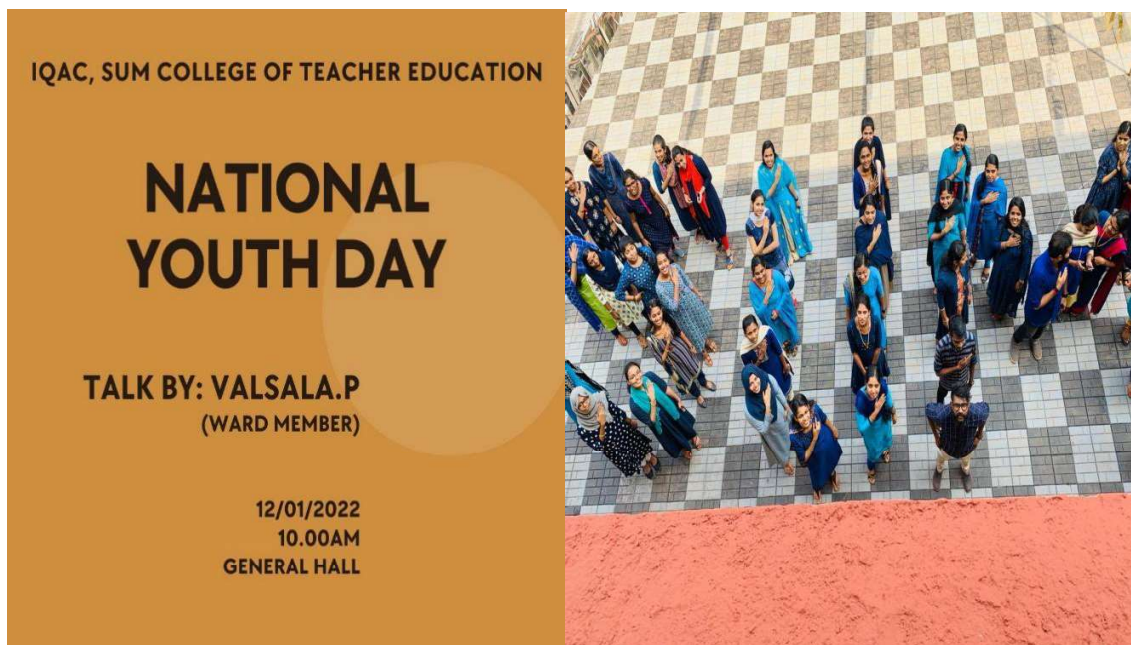
On January 8, 2022, SuM College of Teacher Education embarked on a one-day tour to Kuruva Dweep in Wayanad, led by Mr. Krishnakumar E.P. The excursion offered students and staff a refreshing break from routine, allowing them to explore the picturesque island known for its rich biodiversity and serene landscapes. The tour included guided nature walks and interactive sessions on local flora and fauna. Under Mr. Krishnakumar's leadership, the trip fostered team spirit and provided educational insights into environmental conservation. The day concluded with a shared appreciation for nature's beauty, strengthening bonds among participants and enriching their understanding of ecological balance.

5. Human Chain against Drugs Nalam Pediaka 11/01/2022

On January 11, 2022, SuM College of Teacher Education participated in a human chain event, "Nalam Pediaka," organized to combat drug abuse. The initiative, supported by various organizations including SuM College and Ancharakkandy Panchayat, aimed to raise awareness about the dangers of drug addiction and promote a drug-free community. Participants formed a human chain, symbolizing unity and collective effort against substance abuse. The event featured speeches, educational displays, and interactive sessions on prevention and treatment. The collaborative effort highlighted the community's commitment to tackling drug-related issues and fostering a healthier, safer environment for all.

6. National youth day on January 12, 2022

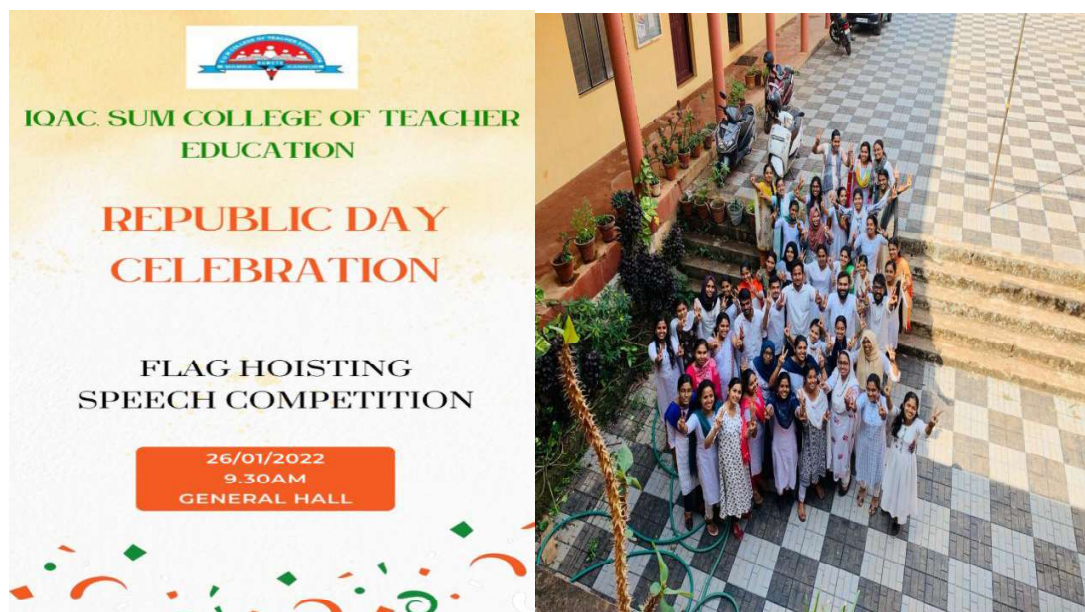
On January 12, 2022, SuM College of Teacher Education celebrated National Youth Day, presided over by Ward Member Valsala P. The event focused on the contributions and potential of the youth in shaping society. Valsala P delivered an inspiring address on the role of young people in driving positive change and fostering innovation. The celebration included motivational talks, cultural performances, and interactive discussions aimed at empowering students and encouraging active community participation. The program highlighted the importance of youth engagement and personal development, fostering a sense of responsibility and enthusiasm among the students for their future roles in society.



7. Republic day 26/01/2022

On January 26, 2022, SUM College of Teacher Education celebrated Republic Day, chaired by Dr. C.V. Jayasree. The event commenced with a flag-hoisting ceremony, followed by the singing of the national anthem. Dr. Jayasree's address emphasized the significance of Republic Day in celebrating the country's democratic values and constitutional principles. The program featured patriotic speeches, cultural performances, and a tribute to the nation's heroes. Students and staff

participated enthusiastically, reflecting on their roles in upholding democratic ideals and contributing to national progress. The celebration fostered a strong sense of patriotism and civic responsibility among the college community.



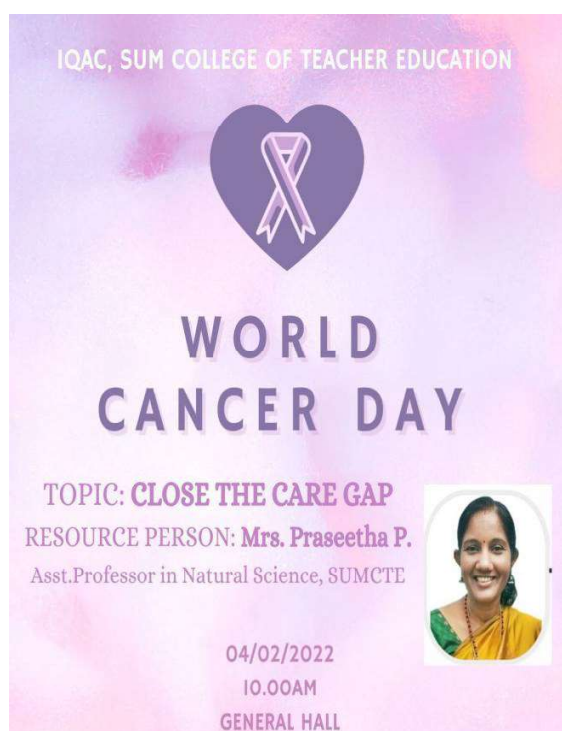
8. World cancer day 04/02/2022

On February 4, 2022, SuM College of Teacher Education observed World Cancer Day with a comprehensive program presided over by Dr. C.V. Jayasree. The event aimed to raise awareness about cancer prevention, early detection, and treatment. Dr. Jayasree opened the session with a poignant address highlighting the global impact of cancer and the importance of community involvement in cancer awareness campaigns.

Prasetha P. delivered an informative talk, focusing on the latest advancements in cancer research, preventive measures, and the significance of regular screenings. Her presentation included practical advice on maintaining a healthy lifestyle to reduce cancer risk and emphasized the need for supportive environments for those affected by the disease.

The program also featured interactive discussions and informative materials to educate students and staff about cancer-related issues. Attendees participated in Q&A sessions and expressed their

commitment to spreading awareness and supporting cancer research initiatives. The observance of World Cancer Day at SuM College served as a significant step in fostering a proactive approach towards cancer prevention and underscoring the collective effort needed to combat this global health challenge.



9. Food Fest 14/2/2022

On February 14, 2022, SUM College of Teacher Education hosted a vibrant Food Fest featuring an exhibition and sale of diverse food items. The event showcased an array of culinary delights prepared by students and local vendors, reflecting a rich variety of flavors and cuisines. Dr. C.V. Jayasree delivered an engaging talk, highlighting the cultural significance of food and its role in fostering community connections. She emphasized the importance of culinary diversity and encouraged students to appreciate and explore different food traditions. The fest was a successful celebration of gastronomy, promoting both cultural exchange and communal enjoyment.



10. Annual Sports Day celebration- inaugurated by R.P.Vinod kumar 15/2/2022

On February 15, 2022, SuM College of Teacher Education celebrated its Annual Sports Day, inaugurated by R.P. Vinod Kumar, Town SI of Kannur. The event featured a range of athletic competitions, including track and field events, team sports, and recreational activities. R.P. Vinod


Kumar's opening address emphasized the importance of sports in fostering teamwork, discipline, and physical fitness. The day was marked by enthusiastic participation from students and staff, showcasing talent and sportsmanship. The celebration highlighted the college's commitment to promoting a balanced lifestyle and encouraged a spirit of healthy competition and camaraderie among the college community.



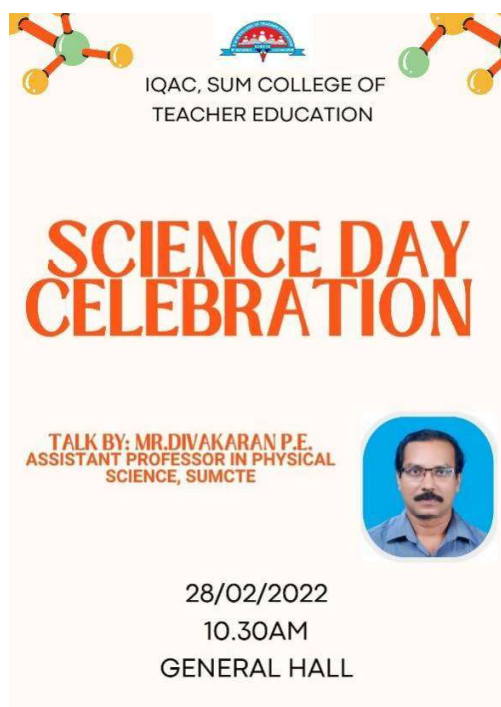
50 International mother language day 21/02/2022

On February 21, 2022, SuM College of Teacher Education observed International Mother Language Day, chaired by Dr. C.V. Jayasree, the Principal of the college. The event aimed to celebrate linguistic and cultural diversity, emphasizing the significance of preserving and promoting mother languages. Dr. Jayasree opened the program with a compelling speech about the role of native languages in shaping cultural identity and fostering inclusive education. The




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significance of science in everyday life and fostered enthusiasm for scientific exploration among students and faculty.



52. Symposium- National education policy- Dr.CV Jayasree 1/3/2022

On March 1, 2022, SuM College of Teacher Education hosted a symposium on the National Education Policy (NEP), led by Dr. C.V. Jayasree. The discussion focused on the key components and implications of the NEP, including its emphasis on holistic education, curriculum reforms, and teacher training. Dr. Jayasree highlighted how the policy aims to transform the educational landscape by promoting flexible learning pathways and integrating technology. The symposium featured in-depth analyses and interactive sessions, engaging participants in dialogues about the practical applications of NEP in schools. The event aimed to deepen understanding and prepare educators for the evolving educational framework.

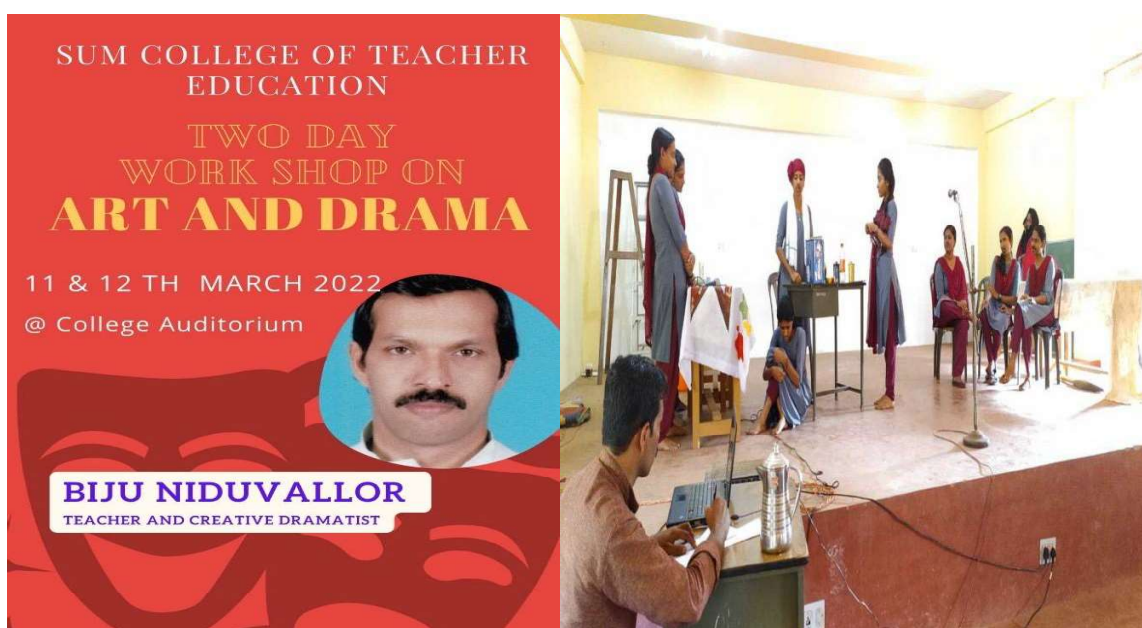
53. Study Tour 4/03/2022- Munnar- Vagaman

On March 4, 2022, SuM College of Teacher Education embarked on a study tour to Munnar and Vagamon, led by Krishnakumar E.P., a Social Science teacher. The tour provided students with an

opportunity to explore the region's rich biodiversity, scenic landscapes, and ecological significance. Highlights included visits to tea plantations, nature reserves, and cultural landmarks. Krishnakumar E.P. facilitated educational discussions on environmental conservation and regional geography, enhancing students' practical understanding of their social science curriculum. The trip fostered a deeper appreciation for natural resources and cultural heritage, contributing to a well-rounded educational experience outside the classroom.

54. Art and Drama Workshop by Biju Neduvaloor 11/3/2022

On March 11, 2022, SuM College of Teacher Education hosted an Art and Drama Workshop led by Biju Neduvaloor. The workshop aimed to enhance students' creative skills and foster an appreciation for the arts. Biju Neduvaloor, an experienced artist and drama educator, conducted engaging sessions on various artistic techniques and dramatic expressions. The workshop covered fundamental aspects of art, including painting, sketching, and visual storytelling, while also exploring dramatic skills such as improvisation and character development. Participants engaged in hands-on activities and collaborative projects, which encouraged self-expression and teamwork. Biju Neduvaloor's insights and practical guidance provided valuable experience, helping students integrate artistic creativity into their teaching practices. The workshop not only enriched students' artistic abilities but also underscored the importance of incorporating art and drama into educational settings to enhance student engagement and learning.



55. Water day 22/03//2022

On March 22, 2022, SuM College of Teacher Education celebrated Water Day, chaired by Dr. C.V. Jayasree. The event aimed to raise awareness about water conservation and the importance of sustainable water management. Dr. Jayasree delivered an impactful address on the global water crisis and practical measures to conserve water resources. The program included educational sessions, interactive displays, and student presentations highlighting innovative water-saving techniques. Activities also featured discussions on the impact of water scarcity on communities and ecosystems. The celebration underscored the college's commitment to environmental stewardship and encouraged participants to adopt responsible water usage practices.

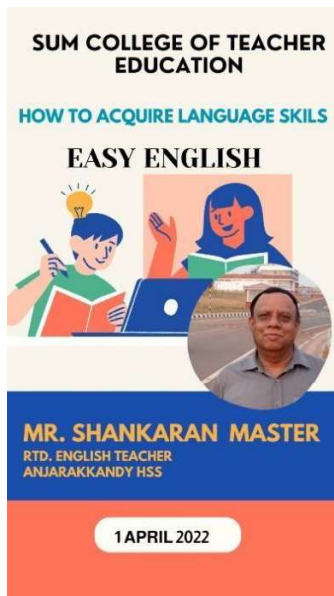


56. Workshop on GeoGebra 14/03/2022

On March 14, 2022, SUM College of Teacher Education hosted a workshop on GeoGebra, aimed at enhancing participants' proficiency with this dynamic mathematics software. The workshop covered GeoGebra's features for teaching geometry, algebra, and calculus, offering hands-on training in creating interactive diagrams and simulations. The session provided practical examples and exercises to illustrate how GeoGebra can facilitate effective teaching and learning in mathematics. Attendees explored various tools and functionalities, gaining skills to integrate technology into their educational practices. The workshop, designed to support educators in adopting innovative teaching methods, emphasized the importance of interactive learning in mathematics education.

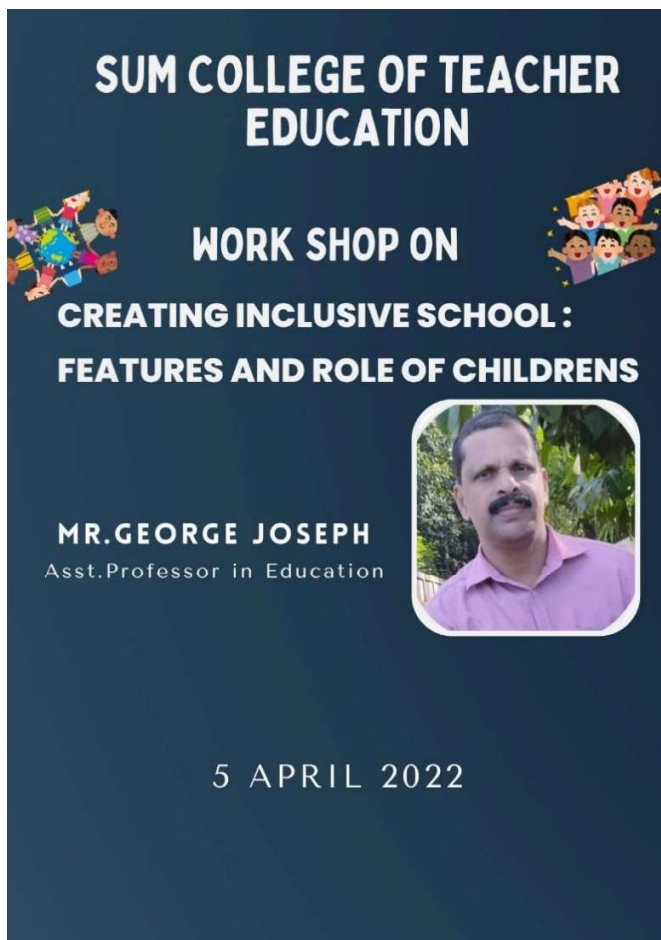
57. How to acquire language skills- a class on easy English by Shankarn Master 1/4/2022

On April 1, 2022, SuM College of Teacher Education hosted a class on acquiring language skills titled "Easy English," conducted by Shankarn Master. The session focused on effective strategies for mastering English, emphasizing practical techniques for improving vocabulary, grammar, and conversational skills. Shankarn Master provided engaging exercises and real-life examples to simplify the learning process. The class highlighted the importance of consistent practice, active listening, and immersive language experiences. Participants gained valuable insights into overcoming common language barriers and enhancing their proficiency. The session aimed to empower students and educators with tools to facilitate effective English language acquisition and usage.



60. Creating inclusive school- features the role of children- workshop on Inclusive school- George Josheph 5/4/2022

On April 5, 2022, SuM College of Teacher Education held a workshop on "Creating Inclusive Schools," led by George Joseph. The workshop focused on the crucial role children play in fostering an inclusive educational environment. George Joseph discussed strategies for integrating students with diverse needs, emphasizing the importance of empathy, respect, and collaborative learning. He highlighted practical approaches for teachers to create supportive classrooms where every child feels valued and included. The session included interactive activities and case studies, providing participants with tools to implement inclusive practices effectively. The workshop aimed to enhance understanding and commitment to inclusive education within the school community.



61. FDP on Personality test and Calculations- Dr.Shivarajan Sir, 11/4/2022

On April 11, 2022, SuM College of Teacher Education conducted a Faculty Development Program (FDP) on "Personality Tests and Calculations," led by Dr. Shivarajan. The session provided an in-depth exploration of various personality assessment tools and their application in educational settings. Dr. Shivarajan explained methods for interpreting personality test results and using them to enhance student-teacher interactions and personalized learning. The workshop also covered statistical techniques for analyzing test data, offering practical insights into effective measurement and evaluation. Participants engaged in hands-on exercises, gaining valuable skills to incorporate personality assessments into their teaching practices and improve educational outcomes.

SUM COLLEGE OF TEACHER EDUCATION

FACULTY DEVELOPMENT PROGRAMME



PERSONALITY TEST AND CALCULATION

DR.SHIVRAJAN

ASST.PROFESSOR
CALICUT UNIVERSITY



11/4/2022

62. Orientation program on office digitalization 02/05/2022

On May 2, 2022, SuM College of Teacher Education hosted an orientation program on office digitalization. The session aimed to familiarize staff and faculty with modern digital tools and techniques for streamlining office operations. The program covered topics such as digital documentation, cloud storage, and software for efficient communication and data management. Participants learned about the benefits of digitalization in enhancing productivity and reducing manual paperwork. The orientation included practical demonstrations and hands-on exercises to help attendees integrate digital solutions into their daily tasks. The event marked a significant step towards modernizing the college's administrative processes and improving overall efficiency.



63. Akshara Deepam project On June 1, 2022,

On June 1, 2022, SuM College of Teacher Education organized the distribution of study materials to Muzhappala LP School in Kannur. The initiative aimed to support the educational needs of students by providing essential resources such as textbooks, notebooks, and learning aids. Representatives from SUM College visited the school to hand over the materials, ensuring they would benefit the students' academic progress. The donation was part of the college's commitment to community outreach and educational support, enhancing the learning environment and helping

to bridge resource gaps in local schools. The event highlighted the college's dedication to fostering educational development in the region.

64. Environmental day celebration 5/6/2022

On June 5, 2022, SUM College of Teacher Education celebrated Environmental Day, chaired by Dr. C.V. Jayasree. The event focused on raising awareness about environmental conservation and promoting sustainable practices. Dr. Jayasree delivered an inspiring address on the importance of protecting natural resources and addressing environmental challenges. The celebration featured informative sessions, interactive activities, and student presentations on eco-friendly initiatives. Participants engaged in discussions about practical steps for reducing their environmental footprint. The event highlighted the college's commitment to environmental education and encouraged the community to adopt sustainable habits for a healthier planet.

**IQAC, SUM COLLEGE OF
TEACHER EDUCATION**

**WORLD
ENVIRONMENTAL
DAY**

TALK BY: Dr. Jayasree C.V.
Principal, SUMCTE

06/06/2022
10.30AM
GENERAL HALL

65. Ocean day 08/06/2022

On June 8, 2022, SuM College of Teacher Education hosted an Ocean Day program, chaired by Dr. C.V. Jayasree. The event aimed to raise awareness about ocean conservation and the vital role of oceans in sustaining life on Earth. Dr. Jayasree's opening address highlighted key issues such as marine pollution, overfishing, and climate change. The program included educational talks, multimedia presentations, and interactive discussions on ocean protection strategies. Students and staff participated in activities designed to promote marine conservation and environmental responsibility. The event underscored the college's commitment to fostering awareness and action towards preserving oceanic ecosystems.



66. NAAC criterion workshop Divkaran sir 10/7/2022

NAAC criterion On June 10, 2022, SUM College of Teacher Education hosted a workshop on NAAC (National Assessment and Accreditation Council) criteria, conducted by Mr. Divakaran P.E. The workshop aimed to provide faculty and staff with a comprehensive understanding of

NAAC accreditation processes and the key criteria involved. Mr. Divakaran outlined the standards for quality assurance in higher education, including teaching and learning, research, infrastructure, and institutional governance. The session featured detailed discussions on preparing documentation, evidence collection, and best practices for meeting NAAC requirements. Interactive sessions and case studies were included to address specific queries and practical challenges. The workshop was instrumental in equipping the college with the knowledge and tools necessary for a successful NAAC accreditation process, reinforcing its commitment to maintaining high educational standards and continuous improvement.



NAAC CRITERIA WISE DISCUSSION

10 JULY 2022



DIVAKARAN P.E
ASST.PROF. PHYSICAL SCIENCE

67. Blood donation day 14/06/2022

On June 14, 2022, SuM College of Teacher Education organized a Blood Donation Day, featuring a motivational talk by Mr. Krishnakumar E.P. The event aimed to encourage students and staff to participate in blood donation, emphasizing its critical role in saving lives. Mr. Krishnakumar E.P. highlighted the significance of voluntary blood donation and shared inspiring stories of how donations have helped individuals in need. The program included a blood donation camp, where participants contributed to a noble cause. The event underscored the college's commitment to community service and health awareness, fostering a spirit of altruism and social responsibility among attendees.

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**WORLD BLOOD
DONATION DAY**

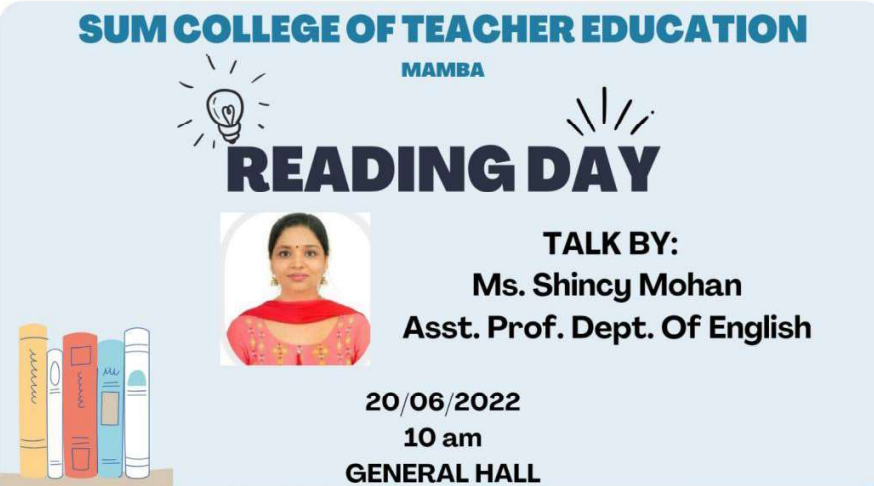


**Talk By:
Mr. Krishna Kumar E P
Asst. Prof. Dept. Of Social
science**


**14/06/2022
10 am
General Hall**


68. Reading Day On June 19, 2022

On June 19, 2022, SUM College of Teacher Education celebrated Reading Day under the chairmanship of Dr. Cv Jayasree. The event highlighted the importance of reading in educational and personal growth. Ms. Shincy Mohan CP delivered an insightful talk, emphasizing how reading broadens knowledge and fosters critical thinking. Her engaging presentation underscored reading as a cornerstone of lifelong learning. The event was well-received, fostering a renewed enthusiasm for reading among attendees. Dr. Jayasree commended the initiative, encouraging continuous promotion of reading within the academic community.




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MAMBA


 **READING DAY**



TALK BY:
Ms. Shincy Mohan
Asst. Prof. Dept. Of English

20/06/2022
10 am
GENERAL HALL

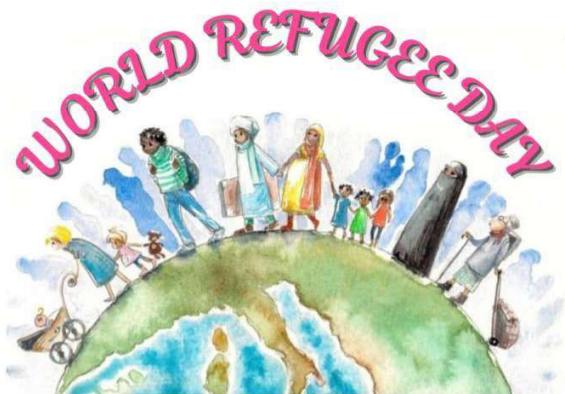



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69. World refugee day 20/06/2022

On June 20, 2022, SUM College of Teacher Education observed World Refugee Day, chaired by Mr. Abhinand. The event aimed to raise awareness about the plight of refugees globally. Suneesh K delivered a compelling talk, focusing on the challenges faced by refugees and the importance of empathy and support from the international community. His address highlighted stories of resilience and the need for collective action to aid displaced individuals. The event was impactful, encouraging attendees to contribute positively towards refugee welfare and fostering a sense of global responsibility.

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EDUCATION**
MUZHAPPALA, MAMBA



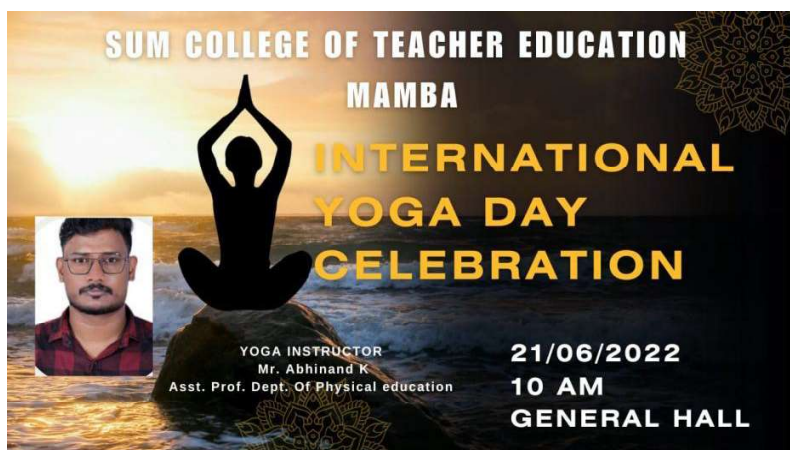
Talk by
MR. SUNESH KOLANGAROTH
ASST. PROFESSOR IN EDUCATION



Venue : General Hall
Date : 20/06/2022
Time : 10 AM

70. Yoga day 21/06/2022


On June 21, 2022, SUM College of Teacher Education celebrated International Yoga Day, chaired by Mr. Abhinand K. The event emphasized the significance of yoga for physical and mental well-being. Participants engaged in a series of yoga sessions, guided by experienced instructors, which highlighted various asanas and breathing techniques. Mr. Abhinand K. spoke about yoga's benefits and its role in fostering a balanced lifestyle. The celebration successfully promoted wellness and mindfulness, encouraging attendees to incorporate yoga into their daily routines for overall health and harmony.



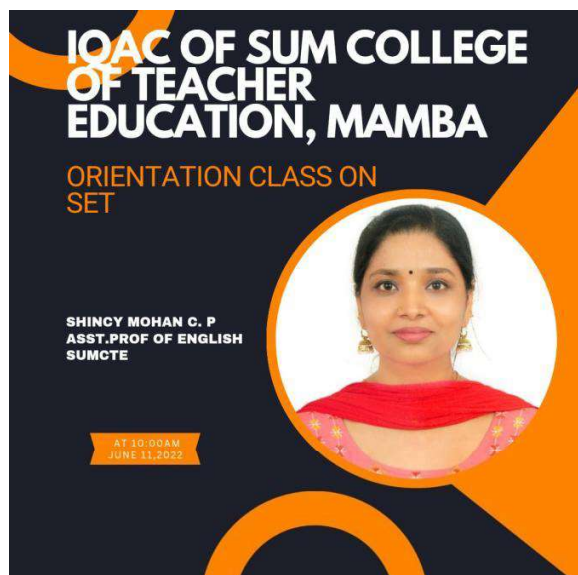
71 Orientation class on SET – Shincy Mohan 11/6/2022

On June 11, 2022, SUM College of Teacher Education hosted an orientation class on the State Eligibility Test (SET), chaired by Mr. Krishnakumar. The session aimed to provide insights and guidance on preparing for the SET. Shincy Mohan delivered an informative presentation, covering exam patterns, preparation strategies, and essential study resources. Her talk included practical tips and motivational advice to help candidates navigate the challenges of the SET. Mr. Krishnakumar commended the session's relevance and encouraged students to leverage the provided resources.




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effectively. The orientation was well-received, equipping attendees with valuable knowledge for their upcoming exams.



72 . Speech on women's day- Prassettha Miss 15/6/2022


On June 15, 2022, SUM College of Teacher Education celebrated Women's Day, featuring a speech by Miss Prassettha. In her address, Miss Prassettha highlighted the significant contributions of women across various fields and emphasized the ongoing need for gender equality. She praised the resilience and achievements of women throughout history and encouraged everyone to support and uplift women in their personal and professional lives. Her speech underscored the importance of creating inclusive environments and empowering women to reach their full potential. The event was inspirational, fostering a greater appreciation for women's roles and accomplishments.

73. Student service holding hands 29/6/2022 Shanthi deepam Visit

On June 29, 2022, SUM College of Teacher Education organized a student service event titled "Holding Hands" at Shanthi Deepam, Chala. This initiative aimed to extend support and compassion to the residents of the care facility. Students actively participated in various activities, including spending quality time with the residents, assisting with daily tasks, and engaging in meaningful conversations. The event fostered a sense of community and empathy among the students, who were deeply moved by the experience. The day highlighted the importance of social responsibility and the impact of giving back to the community.

74. International Day Against Drug Abuses and illegal trafficking of human 26/06/2022

On June 26, 2022, SUM College Auditorium hosted an event in observance of the International Day Against Drug Abuse and Illegal Trafficking of Humans, chaired by Mr. George Joseph. The event aimed to raise awareness about the global issues of drug abuse and human trafficking. Mr. George Joseph delivered a poignant address, highlighting the severe impact of these issues on individuals and societies. The program included informative presentations and discussions on prevention strategies and support systems. Attendees were encouraged to engage in advocacy and


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community efforts to combat these pressing concerns effectively. The event was both educational and impactful.

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**INTERNATIONAL
DAY AGAINST DRUG
ABUSES AND
ILLEGAL
TRAFFICKING OF
HUMAN**

TALK BY: MR. GEORGE JOSEPH
ASST. PROFESSOR IN EDUCATION, SUMCTE

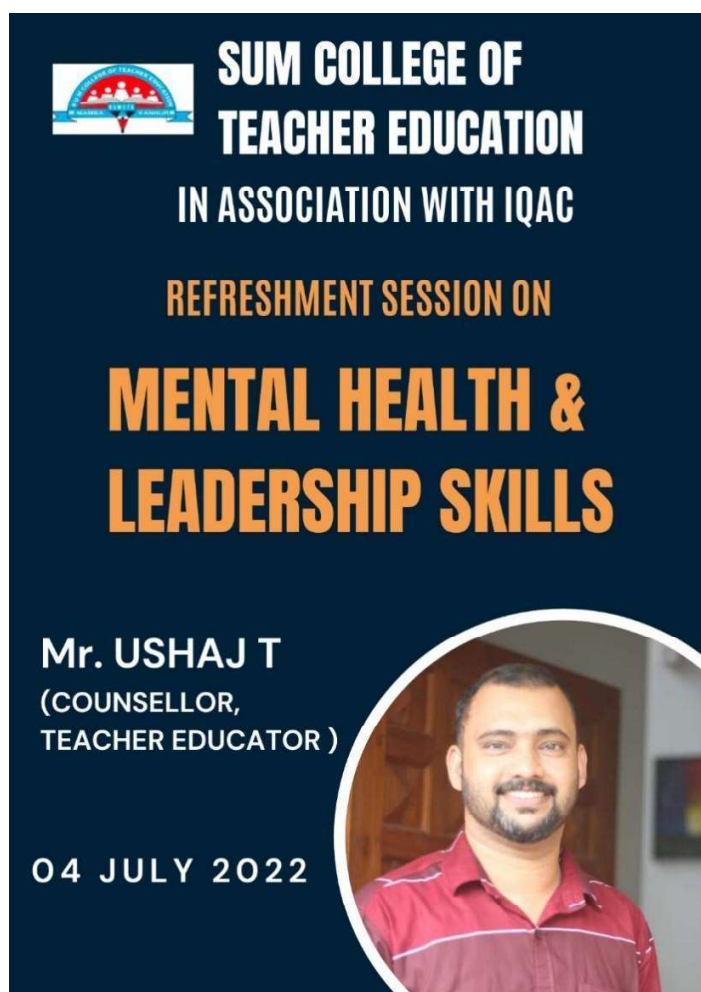
27/06//2022
10.00AM
GENERAL HALL

A circular portrait of a man with a mustache, wearing a light purple shirt, set against a background of green foliage.

75. Mental health leadership Ushaj Sir 4/07/2022

Mental health le On July 4, 2022, SUM College of Teacher Education hosted a Mental Health Leadership Seminar, chaired by Mr. Krishnakumar EP. Ushaj Sir delivered an insightful talk on the importance of mental health leadership in educational settings. He discussed effective strategies for promoting mental well-being, the role of educators in supporting students' mental health, and the impact of leadership on creating a supportive environment. The seminar provided

valuable guidance for developing mental health programs and fostering a positive, inclusive atmosphere within schools. Attendees left with enhanced knowledge and motivation to advocate for and implement mental health initiatives.

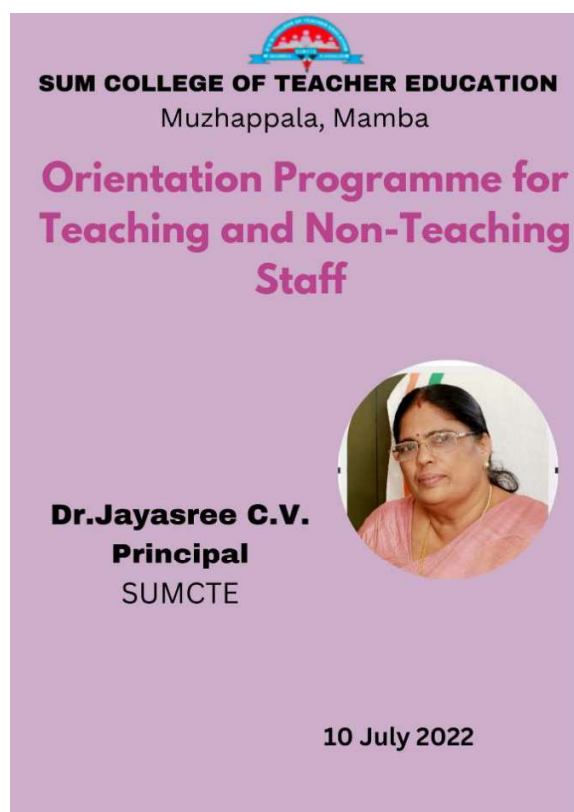


The poster features a dark blue background with white and orange text. At the top left is the SUM College of Teacher Education logo. The main text reads: 'SUM COLLEGE OF TEACHER EDUCATION IN ASSOCIATION WITH IQAC REFRESHMENT SESSION ON MENTAL HEALTH & LEADERSHIP SKILLS'. Below this, it identifies the speaker as 'Mr. USHAJ T (COUNSELLOR, TEACHER EDUCATOR)' and the date as '04 JULY 2022'. A circular inset photo shows a man with a beard wearing a maroon shirt.

76. Orientation program for teaching and Non-teaching Dr.Jayasree CV 10/07/2022

On July 10, 2022, SUM College of Teacher Education held an orientation program for both teaching and non-teaching staff, led by Dr. Jayasree CV. The program aimed to provide comprehensive insights into the institution's policies, procedures, and expectations. Dr. Jayasree

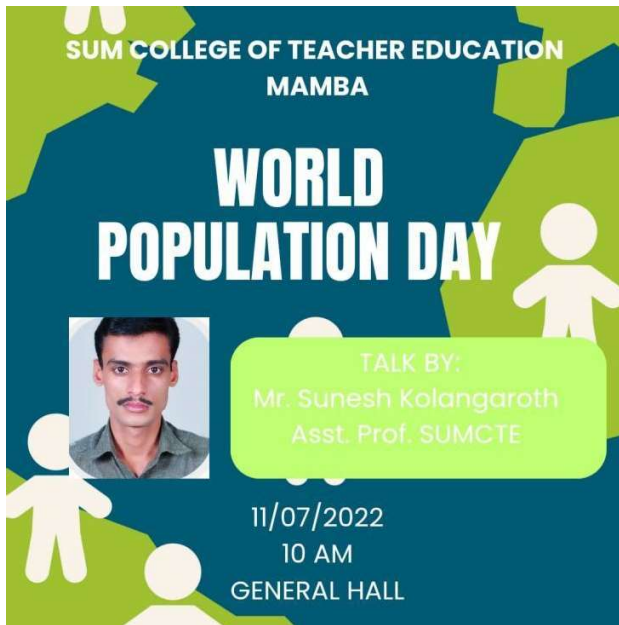
CV delivered an engaging session covering key areas such as academic standards, administrative duties, and collaborative practices. The orientation also included practical guidelines and strategies for effective performance in their respective roles. The event was instrumental in aligning staff members with the college's goals and fostering a cohesive work environment.



77. Population day 11/07/2022

On July 11, 2022, SUM College of Teacher Education celebrated Population Day, chaired by Mr. Abhinand K. The event focused on raising awareness about population issues and their implications. Mr. Suneesh K presented a comprehensive paper on the challenges of population growth, including its impact on resources, environment, and societal development. His

presentation offered valuable insights into sustainable practices and strategies for managing population dynamics. The discussion emphasized the importance of education and policy-making in addressing population-related challenges. The event successfully highlighted critical issues and fostered a deeper understanding of population management among attendees.

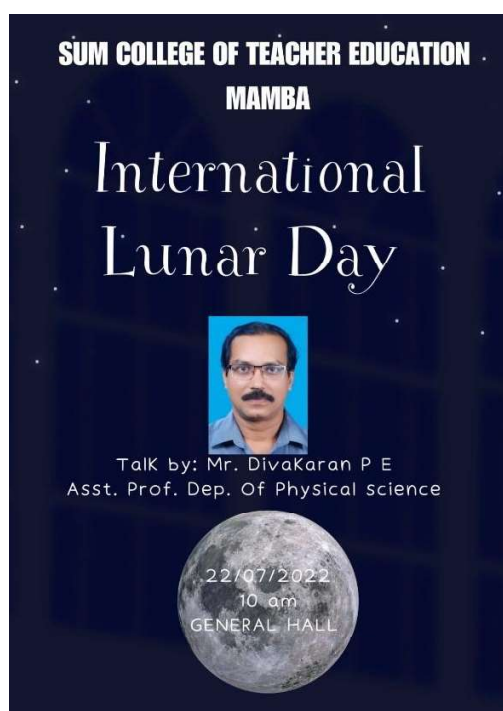


78. Mr.Sumeshan P, Moon Day celebration Lecture 21/07/2022

On July 21, 2022, SUM College of Teacher Education observed Moon Day, chaired by Dr. Cv Jayasree. The event featured a compelling lecture by Mr. Sumeshan P, who delved into the significance of lunar exploration and the Moon's role in science and culture. His presentation covered historical milestones, recent advancements in lunar research, and the future of space exploration. Mr. Sumeshan P's insightful talk captivated the audience and highlighted the Moon's influence on both scientific progress and human curiosity. The celebration fostered a greater appreciation for space science and inspired attendees to explore further.

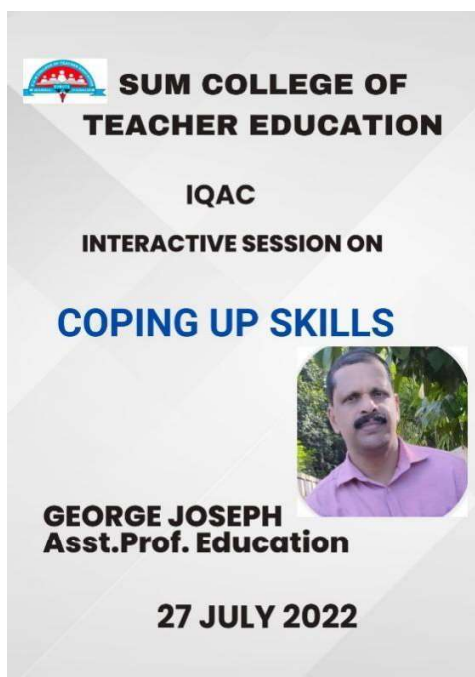
79. International lunar day 22/07/2022

On July 22, 2022, SUM College of Teacher Education celebrated International Lunar Day, chaired by Mr. Divakran PE. The event aimed to promote awareness and appreciation for lunar science and exploration. Mr. Divakran PE led the proceedings, emphasizing the Moon's importance in scientific research and its cultural impact throughout history. The celebration included informative presentations, interactive activities, and discussions on recent lunar missions and discoveries. The event successfully engaged attendees with the wonders of lunar science, fostering a deeper understanding of the Moon's role in our universe and inspiring interest in space exploration.



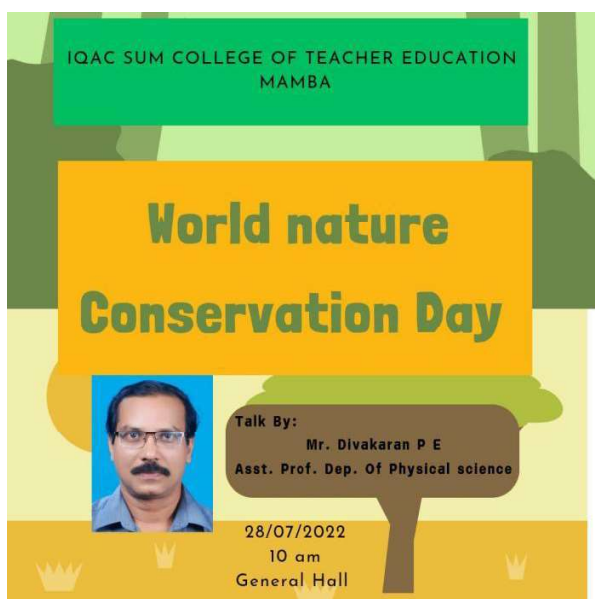
80. Interactive session on Coping up skills 27/07/2022- George Joshep

On July 27, 2022, SUM College of Teacher Education hosted an interactive session on Coping Skills, chaired by Dr. Cv Jayasree. The session, led by George Joseph, focused on strategies for managing stress and enhancing emotional resilience. George Joseph engaged attendees through practical exercises, discussions, and role-playing scenarios to build effective coping mechanisms. His insights on stress management, mindfulness, and emotional intelligence provided valuable tools for personal and professional growth. The interactive nature of the session encouraged active participation, making it a highly beneficial experience for all attendees in developing essential coping skills.



81. World Conservation Day 28/07/2022

On July 28, 2022, SuM College of Teacher Education observed World Conservation Day, chaired by Dr. C.V. Jayasree. The event focused on the importance of environmental conservation and sustainable practices. Mr. Divakaran P.E. conducted an informative class, addressing various aspects of conservation, including natural resource management, biodiversity protection, and climate change mitigation. His presentation included practical strategies for reducing environmental impact and promoting eco-friendly habits. Attendees engaged in discussions and activities designed to enhance their understanding of conservation issues and their roles in addressing them. The event emphasized the college's commitment to environmental stewardship and fostering a culture of sustainability.




82. Works shop on modern agricultural techniques 29/07/2022

On July 15, 2022, SuM College of Teacher Education hosted a workshop on modern agricultural techniques, chaired by Mrs. Praseetha. The session featured an in-depth class conducted by Bhaskaran T. from Muzhappala. Bhaskaran T. presented innovative agricultural practices, including sustainable farming methods, precision agriculture, and the use of technology in enhancing crop yields. The workshop provided practical insights into improving agricultural efficiency and addressing contemporary challenges in farming. Attendees engaged in interactive discussions and hands-on demonstrations, gaining valuable knowledge to apply in agricultural settings. The event underscored the college's commitment to supporting advancements in agriculture and promoting sustainable practices.

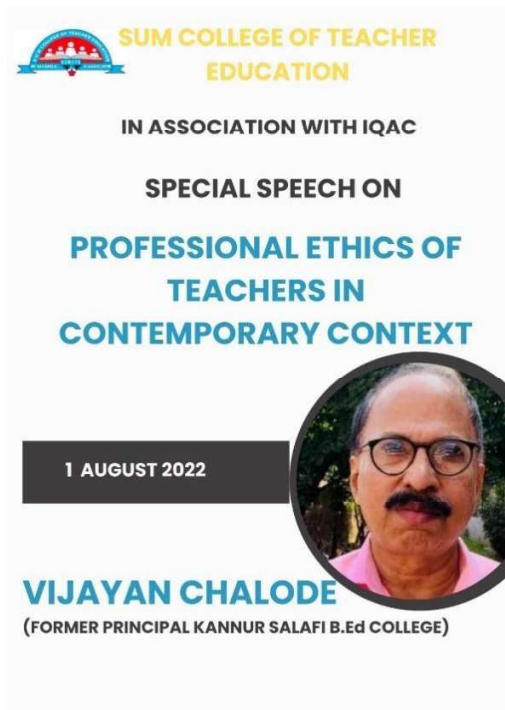
83. Professional ethics of teacher- workshop FDP VIjyan chalod 01/08/2022

On August 1, 2022, SuM College of Teacher Education conducted a Faculty Development Program (FDP) workshop on "Professional Ethics of Teachers," chaired by Dr. C.V. Jayasree. The workshop, led by Vijyan Chalod, focused on the essential ethical principles that guide teachers in




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their professional conduct. Vijyan Chalod delivered a comprehensive session on maintaining integrity, fostering respectful relationships, and upholding academic standards. The program included discussions on real-life scenarios and ethical dilemmas faced by educators. Participants engaged in interactive activities to reflect on their roles and responsibilities. The workshop aimed to reinforce ethical practices and enhance professional behavior among teachers.



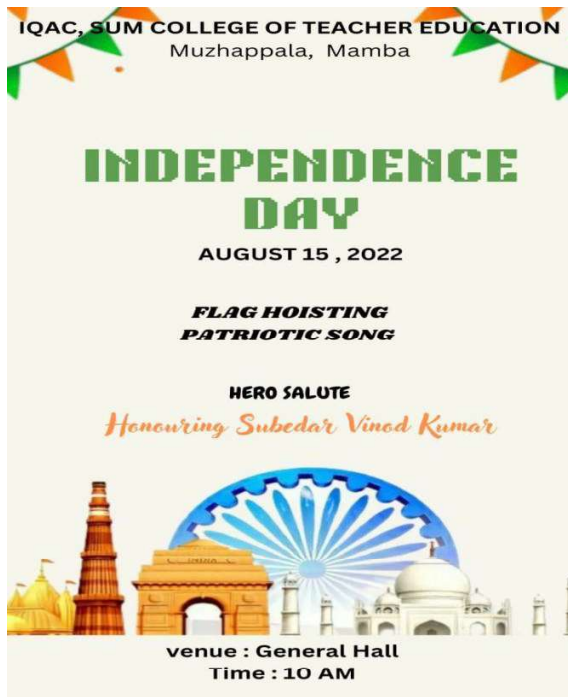
84. Hiroshima day 06/08/2022 and Nagasakki day 09/08/2022

SUM College of Teacher Education commemorated Hiroshima Day on August 6, 2022, and Nagasaki Day on August 9, 2022, both chaired by Dr. C.V. Jayasree. The observances focused on reflecting upon the profound impacts of the atomic bombings during World War II and promoting peace and nuclear disarmament. Dr. Jayasree delivered poignant addresses on the historical significance of these events, highlighting the importance of remembering the victims and advocating for a world free from nuclear weapons. The programs featured informative talks, discussions on global peace initiatives, and activities aimed at raising awareness about the consequences of war and the need for international harmony.



85. August 15th celebration-Subedar Vindokumar 15/08/2022


On August 15, 2022, SuM College of Teacher Education celebrated Independence Day with an event chaired by Dr. C.V. Jayasree. The program was inaugurated by Subedar Vindokumar, who delivered an inspiring address on the significance of freedom and patriotism. Mr. Krishnakumar E.P. extended a warm welcome to the guests and participants, setting a celebratory tone for the day. The event concluded with a vote of thanks by Dr. Jayasree, who expressed gratitude to the union members and attendees for their support and participation. The celebration featured patriotic performances and discussions, reinforcing the values of national pride and unity.



86. Teacher's day 05/09/2022

On September 5, 2022, SuM College of Teacher Education celebrated Teachers' Day with a special event honoring educators. Dr. C.V. Jayasree, Chair of the event, addressed the gathering with a speech highlighting the pivotal role of teachers in shaping future generations. The celebration featured heartfelt felicitation speeches from all staff members, who expressed their appreciation





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and admiration for their colleagues' dedication and contributions to education. The program included cultural performances and presentations that celebrated the teaching profession. The day was marked by a strong sense of community and gratitude, reinforcing the importance of recognizing and valuing the efforts of educators.

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TEACHERS' DAY CELEBRATION

The Role of Teachers in Shaping our Nation's Future
Talk By: Dr. Jayasree C V
Principal SUMCTE

05/09/2022
10 am
General Hall

Experience Sharing
Honouring our teachers

THANKS FOR PLANTING
THE SEEDS OF KNOWLEDGE
HAPPY TEACHERS DAY

87. Onam Celebration 2/9/2022

The day began with the creation of an elaborate floral carpet, known as Pookalam. The entrance of the venue was adorned with a stunning array of vibrant flowers meticulously arranged in intricate patterns. The Pookalam, crafted with a mix of marigolds, chrysanthemums, and other seasonal blooms, not only added a touch of beauty but also symbolized the spirit of Onam. Participants from all age groups contributed to the design, showcasing their creativity and

teamwork.

The highlight of the celebrations was the Onam Sadhya, a traditional feast that delighted everyone. Served on banana leaves, the Sadhya featured a variety of dishes, including sambar, avial, thoran, and payasam. The meal was a gastronomic journey through Kerala's rich culinary heritage, with each dish prepared with authentic ingredients and traditional methods. The communal dining experience emphasized the essence of Onam – togetherness and sharing.

The festivities also included a series of humorous and engaging games that added to the merriment. Traditional games such as Uriyadi (pot-breaking) and Oonjal (swing) were organized, along with quirky modern games that elicited laughter and camaraderie. These games brought participants closer, creating a joyful atmosphere and fostering a sense of community.

Overall, the Onam celebrations were a perfect blend of cultural reverence and playful enjoyment. The floral carpet, the sumptuous Sadhya, and the lively games all contributed to a memorable and heartwarming experience, embodying the essence of Onam and leaving everyone with cherished memories.



88. NAAC enrichment session criteria 10/9/2022

On September 10, 2022, SUM College of Teacher Education conducted an enrichment session on NAAC criteria, led by Mr. Divakaran PE. The session was designed to provide an in-depth understanding of NAAC accreditation processes and criteria, essential for preparing for the accreditation visit. Mr. Divakaran PE covered key areas, including quality metrics, documentation requirements, and strategies for self-assessment. His detailed presentation aimed to guide faculty and staff through the initial stages of NAAC preparation, ensuring a thorough approach to meeting accreditation standards. The session successfully equipped participants with the knowledge needed to begin the NAAC accreditation journey.



NAAC Enrichment Session

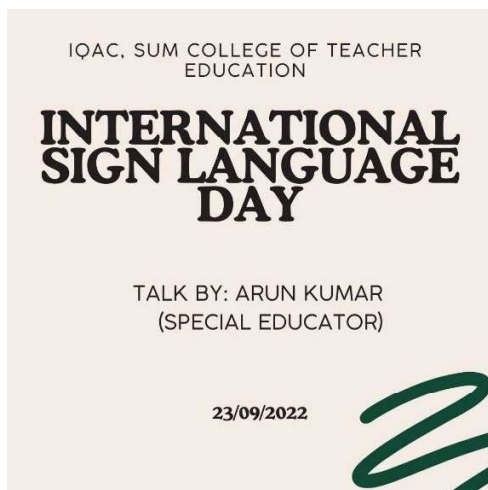
MR.DIVAKARAN P.E.
Asst. Professor in Physical Science



10/09/2022

89. International Sign Language Day 23/09/2020

On September 23, 2020, SUM College of Teacher Education celebrated International Sign Language Day, co-chaired by Dr. Cv Jayasree and Mr. Arun Kumar. The event aimed to promote awareness and appreciation of sign language and its importance in communication for the hearing impaired. Mr. Arun Kumar, a special educator, conducted an engaging class on sign language basics, demonstrating key signs and offering practical tips for effective communication. His interactive session highlighted the significance of inclusivity and accessibility, fostering a greater understanding among attendees. The celebration emphasized the role of sign language in bridging communication gaps and supporting diverse communities.



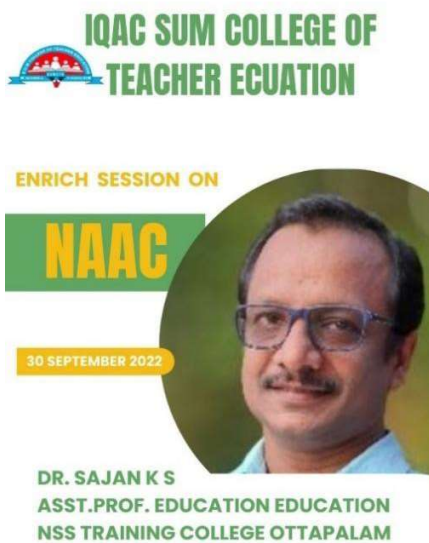
90. Self-defense training 26/09/2022

On September 26, 2022, SUM College of Teacher Education hosted a Self-Defense Training session, chaired by Mr. Divakaran PE. The training was conducted by Mr. Abhinand K, who provided practical instruction on self-defense techniques and personal safety strategies. The session covered essential skills for protecting oneself in various situations, including defensive

moves and situational awareness. Mr. Abhinand K's hands-on approach and expert guidance equipped participants with valuable self-defense tools and boosted their confidence. The event aimed to enhance personal safety and empowerment among attendees, fostering a culture of security and preparedness within the college community.

91. NAAC enrichment session Sajan sir 30/09/2022

On September 30, 2022, SUM College of Teacher Education conducted a NAAC enrichment session, chaired by Dr. Cv Jayasree. The session was led by Sajan Sir, who provided a comprehensive overview of NAAC accreditation processes and standards. His presentation focused on key criteria, documentation requirements, and best practices for achieving high evaluation scores. Sajan Sir's insights were instrumental in guiding the faculty through the intricacies of NAAC preparation, ensuring a thorough understanding of the accreditation process. The session aimed to enhance institutional quality and readiness for the upcoming NAAC assessment, contributing to the college's overall accreditation

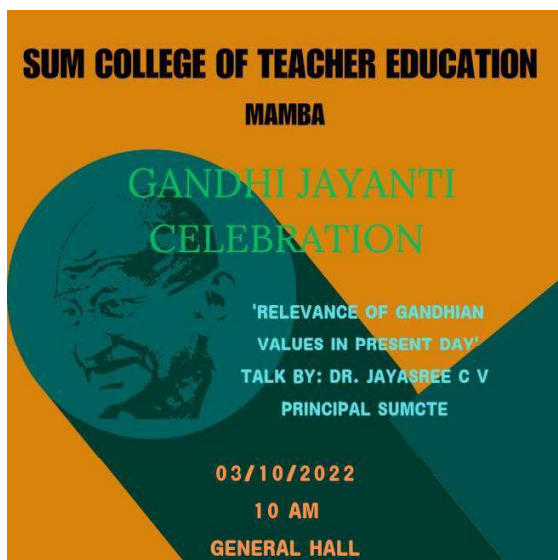


efforts.



92. Gandhi Jayanthi celebration on 2nd 2022

On October 2, 2022, SUM College of Teacher Education celebrated Gandhi Jayanti, chaired by Dr. Jayasree CV. The event honored Mahatma Gandhi's legacy of peace and cleanliness. The celebration featured a special program reflecting on Gandhi's principles and contributions to the nation. A significant part of the day included a cleaning program, where students and staff participated in a campus-wide cleanliness drive. This initiative aimed to promote Gandhi's vision of hygiene and community service. The event successfully merged reflection on Gandhiji's values with practical action, reinforcing the importance of maintaining a clean and healthy environment.



92. Food day 16/10/2022

On October 16, 2022, SUM College of Teacher Education celebrated Food Day, inaugurated by Mr. Sudheep. The event focused on the significance of healthy eating and nutrition. Mr. Sudheep's opening address highlighted the importance of balanced diets and the role of food in overall well-being. The celebration featured a variety of activities, including food exhibitions, cooking demonstrations, and discussions on nutritional values. Attendees had the opportunity to explore diverse cuisines and learn about healthy food choices. The event aimed to foster awareness about nutrition and encourage healthier eating habits among students and staff.



93. UN Day 24/10/2022

On October 24, 2022, SUM College of Teacher Education celebrated UN Day, chaired and addressed by Dr. Cv Jayasree. The event focused on the role of the United Nations in promoting global peace, security, and development. Dr. Jayasree's talk highlighted the UN's achievements and ongoing efforts in addressing international challenges such as human rights, sustainable development, and humanitarian aid. Her insightful presentation emphasized the importance of global cooperation and the impact of the UN's initiatives on world affairs. The celebration aimed to raise awareness about the UN's mission and inspire participants to contribute to global peace and development efforts.

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UNITED NATIONS DAY

**Dignity,
Freedom, and
Justice for All**



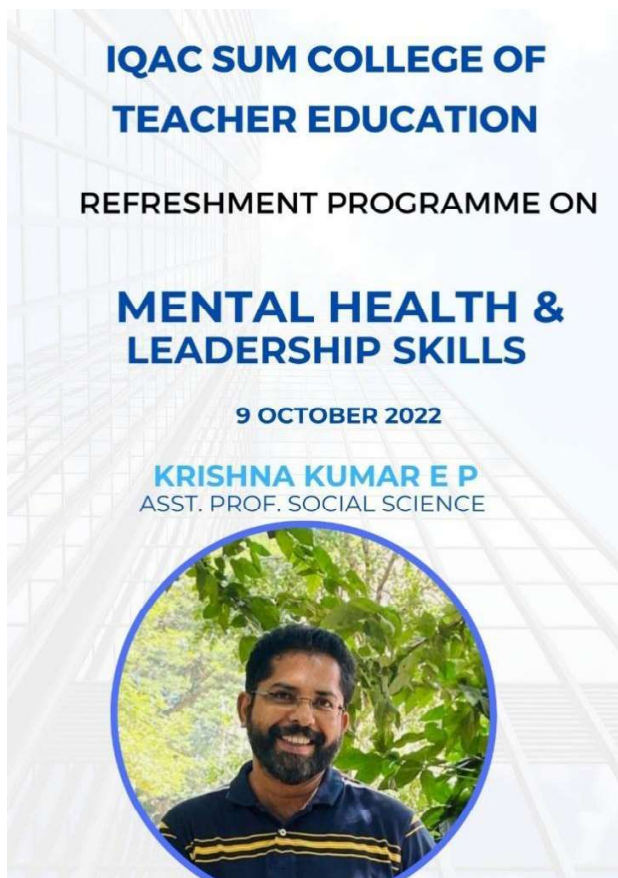
**Talk By: Dr. Jayasree CV
Principal SUMCTE**

**24th October 2022
10 am
General Hall**



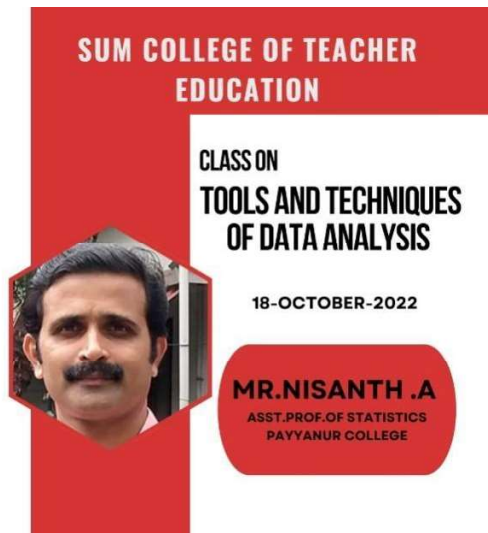
94. Refreshment program on mental health and leadership 09/10/2022 Mr.Krishnakumar EP

On October 10, 2022, SUM College of Teacher Education hosted a refreshment program focused on mental health and leadership, facilitated by Mr. Krishnakumar EP. The program aimed to provide insights into the interplay between effective leadership and mental well-being. Mr. Krishnakumar EP led discussions on how mental health impacts leadership qualities and shared strategies for maintaining mental wellness while leading. The session included interactive activities designed to enhance participants' understanding and practical skills. The program successfully emphasized the importance of mental health in leadership roles, offering valuable tools for personal and professional development.



95. Tools and techniques of data analysis 18/10/2022 Nishanth Sir

On October 18, 2022, SUM College of Teacher Education hosted a session on "Tools and Techniques of Data Analysis," conducted by Nishanth Sir. The session focused on various methodologies and software used for effective data analysis. Nishanth Sir provided an in-depth overview of data analysis tools, including statistical software and data visualization techniques. He demonstrated practical applications and best practices for analyzing complex data sets, highlighting the importance of accurate data interpretation in research and decision-making. The workshop was highly informative, equipping participants with essential skills for conducting thorough and insightful data analysis.



96. Kerala priravi 01/11/2022

On November 1, 2022, SUM College of Teacher Education celebrated Kerala Piravi, the day marking the formation of the state of Kerala. The event was inaugurated by Dr. Cv Jayasree, who delivered a keynote address highlighting the rich cultural heritage and historical significance of Kerala. The celebration featured cultural performances, traditional music, and dances that

showcased the state's diverse traditions. Dr. Jayasree's inspiring speech emphasized the importance of preserving and celebrating regional identities. The event successfully fostered a sense of pride and unity among attendees, reflecting Kerala's vibrant cultural legacy.



97. Orientation class on KTET- By alumni Smruthi P on 9/11/2022

On November 9, 2022, SUM College of Teacher Education held an orientation class on the Kerala Teacher Eligibility Test (KTET) in the college auditorium. The session was conducted by alumna Smruthi P, who provided detailed insights into the KTET exam structure and preparation strategies. Smruthi P's presentation covered key aspects of the exam, including question types, scoring patterns, and effective study techniques. Her firsthand experience and practical advice helped attendees understand the requirements and approach for successful KTET preparation. The orientation was informative and instrumental in equipping prospective teachers with the tools needed for their certification journey.



98. National Education Day 11/11/2022

On November 11, 2022, SUM College of Teacher Education celebrated National Education Day, chaired and addressed by Dr. Cv Jayasree. The event honored the contributions of education to national development and recognized the importance of quality education. Dr. Jayasree delivered a compelling talk on the evolution of the education system, current challenges, and the future of educational reforms. Her address emphasized the role of educators in shaping a knowledgeable and progressive society. The celebration included discussions and activities that underscored the value of education in empowering individuals and advancing societal growth.

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NATIONAL EDUCATION DAY



Keynote Address
Dr. Jayasree C V
Principal SUMCTE

"EDUCATION IS THE KEY TO A BRIGHTER FUTURE. LET'S
CELEBRATE KNOWLEDGE AND INSPIRE CHANGE."

11/11/2022
10 AM
GENERAL HALL

99. Office administration 01/12/2022

On December 1, 2022, SUM College of Teacher Education conducted a course on Office Administration, chaired by Dr. Cv Jayasree. The course aimed to enhance participants' skills in managing office operations efficiently. Dr. Jayasree provided an overview of key administrative functions, including office management, document handling, and effective communication. The session included practical exercises and case studies to develop essential administrative skills. Dr. Jayasree's insights and guidance were instrumental in equipping attendees with the knowledge and




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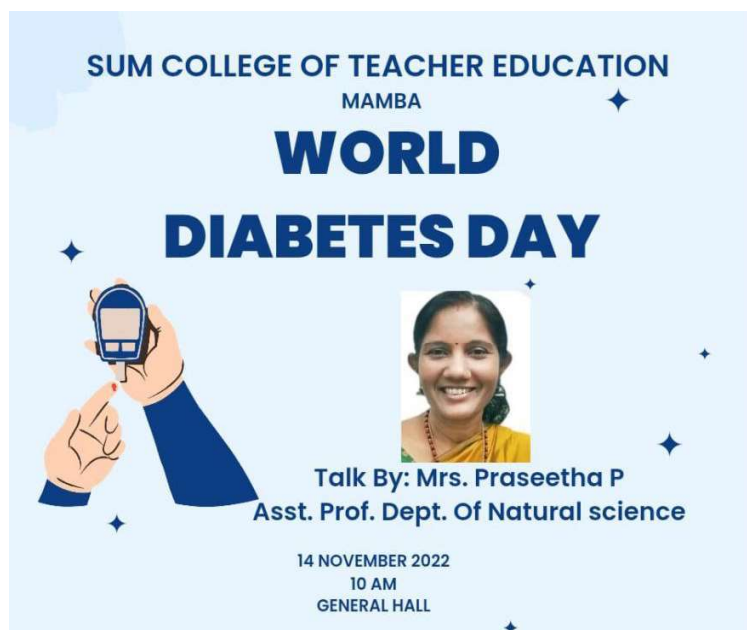
tools necessary for proficient office administration. The course was well-received, contributing to improved organizational skills and administrative capabilities.



100. Diabetic day 14/11/2022

On November 14, 2022, SUM College of Teacher Education observed Diabetic Day, chaired and addressed by Praseetha P. The event focused on raising awareness about diabetes, its prevention, and management. Praseetha P delivered an informative talk on the types of diabetes, risk factors, and the importance of a healthy lifestyle in managing the condition. Her presentation included practical advice on diet, exercise, and regular monitoring. The session aimed to educate

participants on effective diabetes management strategies and promote a healthier lifestyle. The celebration successfully increased awareness and provided valuable resources for diabetes prevention and care.



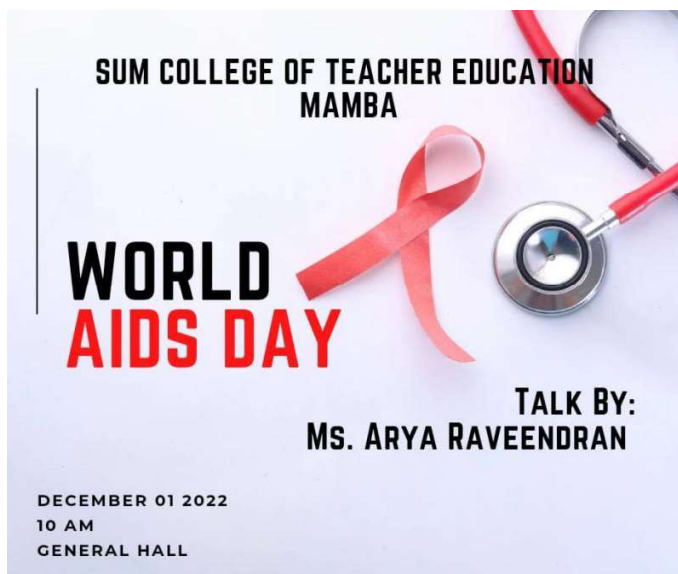
101. Children's day celebration 14/11/2022

On November 14, 2022, SUM College of Teacher Education celebrated Children's Day, chaired and addressed by Mr. Divakran PE. The event honored the significance of children's welfare and their role in shaping the future. Mr. Divakran PE delivered an engaging talk focusing on the rights of children, the importance of education, and the need for nurturing their potential. His speech emphasized creating supportive environments that foster learning and growth. The celebration included various activities and performances dedicated to children, aiming to promote their well-being and highlight the importance of investing in their future.



102. Aids day 01/12/2022

On December 1, 2022, SUM College of Teacher Education marked World AIDS Day, chaired by Dr. Cv Jayasree. The event aimed to raise awareness about HIV/AIDS and promote solidarity with those affected by the disease. Arya Raveendran, a student, delivered a compelling talk on the global impact of AIDS, the importance of prevention, and the need for ongoing research and support. Arya's presentation included information on safe practices, debunking myths, and supporting affected individuals. The celebration fostered a deeper understanding of HIV/AIDS issues and encouraged the college community to contribute to awareness and prevention efforts.

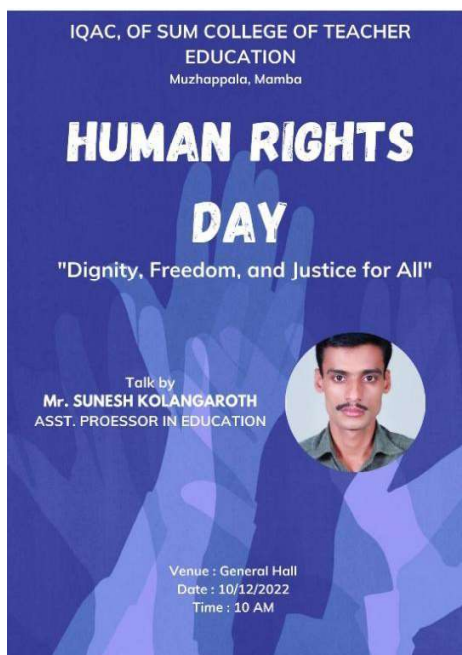


103. Two-day Study Tour 04/12/2022 Mysore –

On December 4-5, 2022, SUM College of Teacher Education organized a two-day study tour to Mysore, led by Mr. Krishnakumar EP. The tour aimed to provide students with practical learning experiences outside the classroom. Participants visited key historical and educational sites in Mysore, including the Mysore Palace, Chamundi Hill, and local educational institutions. Mr. Krishnakumar EP guided the tour, offering insights into the historical significance and educational practices observed during the visit. The tour was highly educational and engaging, enhancing students' understanding of regional history and culture while fostering a greater appreciation for diverse learning environments.

104. Human right day 10/12/2022


On December 10, 2022, SUM College of Teacher Education observed Human Rights Day. The event featured a talk delivered by Mr. Suneesh K, who focused on the fundamental principles of human rights and their significance in contemporary society. Mr. Suneesh K highlighted key issues related to human rights violations, the importance of protecting individual freedoms, and the role of education in fostering human rights awareness. His engaging presentation emphasized the need for collective efforts to uphold human dignity and justice. The event successfully raised awareness about human rights and inspired attendees to advocate for equality and fairness.



105. Nurturing Hearts- Amala Bhavan Service programme

On December 22, 2022, SUM College of Teacher Education organized a heartwarming visit to Amala Bhavan as part of the "Nurturing Hearts" initiative. All our students participated in the visit, which aimed to bring joy and support to the residents of the care facility. The students engaged in a variety of activities, including singing songs, dancing, and cutting a festive cake with the residents. Additionally, counseling sessions were conducted to offer emotional support, and necessary equipment was provided to enhance the facility's resources. The visit was a meaningful experience, fostering a sense of community and compassion. The students' interactions and contributions helped brighten the day for the residents, reflecting the college's commitment to service and empathy.




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106. Christmas celebration on December 2022 ,23

On December 23, 2022, SUM College of Teacher Education celebrated Christmas Day with festive enthusiasm. The event featured a variety of activities including a special Christmas program with carol singing, a nativity play, and a lively dance performance by students. The campus was adorned with holiday decorations, creating a warm and cheerful atmosphere. The celebration included a gift exchange and a festive meal, bringing the college community together in a spirit of joy and goodwill. The event highlighted the essence of Christmas—sharing, compassion, and togetherness. Attendees enjoyed a memorable day, filled with holiday cheer and community spirit.

