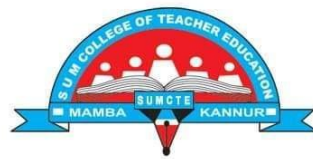


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# PROGRAMME REPORT

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2020



IQAC, SUM COLLEGE OF TEACHER EDUCATION  
MUZHAPPALA, KANNUR

## 1. Newyear celebration

New Year Celebration at Sum College of Teacher Education

Date: January 1, 2020

Venue: General hall

The New Year celebration at Sum College of Teacher Education on January 1, 2020, was a vibrant and joyous event that marked the beginning of the year with enthusiasm and togetherness. The celebration included a variety of cultural programs, a unique New Year friend gift exchange, and inspiring New Year messages from teachers.

### Objectives

To celebrate the onset of the New Year with joy and unity.

To strengthen the bond among students and faculty through interactive activities and shared moments.

To encourage reflection and inspire a positive outlook for the year ahead.

To provide a platform for students to showcase their talents through cultural programs.

### Programme Details

#### 1. Opening Ceremony

The event commenced with a warm welcome address by the Principal of Sum College of Teacher Education, who extended heartfelt New Year wishes to everyone present. The Principal highlighted the significance of beginning the New Year with hope, gratitude, and a commitment to personal and community growth.

#### 2. New Year Friend Gift Exchange

One of the most anticipated moments of the day was the New Year friend gift exchange, where students and staff exchanged gifts anonymously as a token of friendship and goodwill.

This activity fostered a sense of camaraderie and added a personal touch to the celebrations.

#### 3. Cultural Programs

The students showcased their creativity and enthusiasm through a series of cultural performances, including:

Dance performances reflecting the joy of the New Year.

Songs and instrumental music performances to uplift the festive spirit.

Skits and stand-up comedy acts that entertained the audience.

These performances were well-received and contributed to the lively atmosphere of the event.

#### 4. New Year Messages

Teachers shared inspiring New Year messages, encouraging students to set meaningful goals, embrace challenges, and strive for personal and academic excellence.

The messages emphasized the importance of resilience, positivity, and building strong relationships in the year ahead.

#### 5. Vote of Thanks and Fellowship

The celebration concluded with a vote of thanks by the event coordinator, who expressed gratitude to the organizing committee, participants, and attendees. Light refreshments were served, allowing students and faculty to interact and share their hopes for the New Year in a warm and friendly setting.

#### Outcome

The New Year celebration successfully brought the college community together in a spirit of joy and mutual respect. The New Year friend gift exchange and cultural programs created memorable moments, while the teachers' messages provided motivation and direction for the year ahead. The event was a perfect start to 2020, fostering positivity and unity among students and staff.



## 2. International Braille Day Celebration at Sum College of Teacher Education

Date: January 6, 2020

Venue : General hall SUMCTE

On 6th January 2020, Sum College of Teacher Education observed International Braille Day to honor the contributions of Louis Braille and promote inclusivity for individuals with visual

and hearing impairments. The highlight of the event was a special talk by Mrs. Jala Rani, the Principal of Buds School, Chala, who shared insights on the importance of sign language in daily life.

### Objectives

To raise awareness about the importance of Braille and sign language in fostering inclusivity.

To highlight the role of communication aids in enhancing the lives of individuals with disabilities.

To educate future teachers on the need for inclusive teaching practices.

To encourage empathy and understanding toward people with sensory impairments.

### Programme Details

#### 1. Inauguration

The program commenced with an inaugural address by the Principal of Sum College of Teacher Education, emphasizing the significance of International Braille Day and the need for inclusive education.

A short video presentation on the life and contributions of Louis Braille was screened, providing context for the day's theme.

#### 2. Talk by Mrs. Jala Rani

Mrs. Jala Rani, an experienced educator and advocate for special education, delivered a thought-provoking talk on the importance of sign language in daily life.

Key highlights of her session included:

The critical role of sign language in bridging communication gaps.

Practical applications of sign language in classrooms and communities.

Personal anecdotes and success stories of individuals benefiting from inclusive practices.

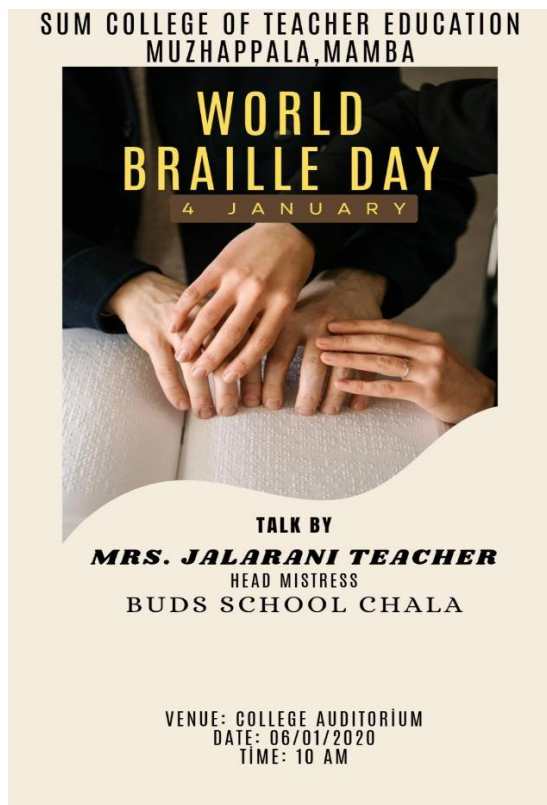
Her engaging delivery and real-life examples left a lasting impression on the audience.

#### 5. Valedictory Session

The program concluded with a vote of thanks by the event coordinator, expressing gratitude to Mrs. Jala Rani for her valuable contributions.

### Outcome

The celebration of International Braille Day was a meaningful initiative that successfully educated students and faculty about the significance of Braille and sign language. The talk by Mrs. Jala Rani inspired participants to adopt inclusive practices in their professional and personal lives, fostering empathy and understanding for individuals with disabilities.



### 3. National Youth Day Celebration at Sum College of Teacher Education

Date: January 12, 2020

Venue : General hall SUMCTE

On January 12, 2020, Sum College of Teacher Education celebrated National Youth Day to honor the birth anniversary of Swami Vivekananda, whose teachings continue to inspire generations. The event featured a keynote address by Prof. P. K. Pokker, a distinguished academic from Calicut University, focusing on the potential of youth in shaping the future.

#### Objectives

To commemorate the teachings and philosophy of Swami Vivekananda.

To inspire students to embrace responsibility and leadership as youth of the nation.

To highlight the importance of self-development and character-building in personal and professional life.

To motivate students to contribute to societal progress through active participation and innovation.

#### Programme Details

Inaugural Session

The celebration began with an inaugural address by the Principal of Sum College of Teacher Education, who emphasized the relevance of Swami Vivekananda's ideas in the present era.

A floral tribute was offered to the portrait of Swami Vivekananda, followed by the lighting of the ceremonial lamp.

Keynote Address by Prof. P. K. Pokker

Prof. P. K. Pokker delivered an inspiring talk centered on the theme "Youth as Catalysts for Social Change".

Swami Vivekananda's message of self-confidence, hard work, and dedication.

The role of youth in addressing contemporary challenges such as inequality, environmental issues, and technological advancements.

The need for critical thinking and ethical values in personal and professional life.

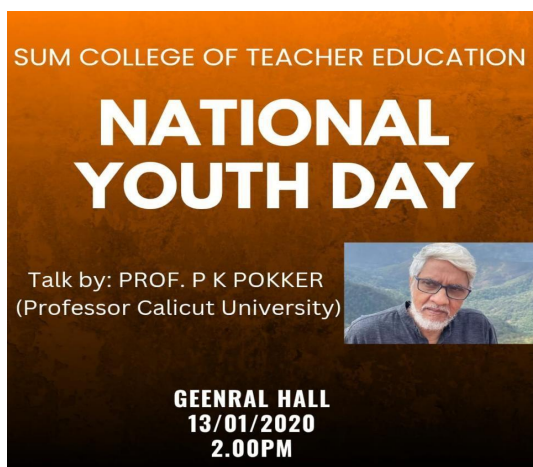
Prof. Pokker's engaging and thought-provoking session resonated deeply with the students, encouraging them to realize their potential as agents of change.

Valedictory Session

The program concluded with a vote of thanks delivered by the event coordinator, acknowledging the contributions of Prof. P. K. Pokker, the organizing committee, and student participants. A group photograph was taken to commemorate the occasion.

Outcome

The National Youth Day celebration was an enriching experience for students and faculty alike. The address by Prof. P. K. Pokker inspired the youth to reflect on their responsibilities and strive for excellence in their endeavors. The program successfully instilled values of leadership, resilience, and service, aligning with the ideals of Swami Vivekananda.



#### **4. Republic Day Celebration at Sum College of Teacher Education**

Date: January 26, 2020

Venue: General hall

On January 26, 2020, Sum College of Teacher Education celebrated Republic Day with great enthusiasm and patriotic fervor. The event featured the hoisting of the national flag and a patriotic song competition, highlighting the significance of this day in India's history.

##### Objectives

To honor the adoption of the Indian Constitution and the spirit of democracy.

To instill a sense of patriotism and national pride among students and faculty.

To encourage creative expression through participation in patriotic activities.

To emphasize the importance of unity and respect for diversity in building a strong nation.

##### Programme Details

###### Flag Hoisting Ceremony

The program began with the flag hoisting ceremony at 9:00 AM by the Principal of the college, accompanied by faculty members and students.

The national anthem was sung with great reverence, filling the atmosphere with a sense of pride and unity.

The Principal delivered a brief speech on the significance of Republic Day, urging students to uphold the values enshrined in the Constitution.

###### Patriotic Song Competition

A patriotic song competition was organized to celebrate the rich cultural heritage of India.

Students from various departments participated enthusiastically, presenting melodious renditions of patriotic songs that stirred emotions and celebrated the spirit of nationalism.

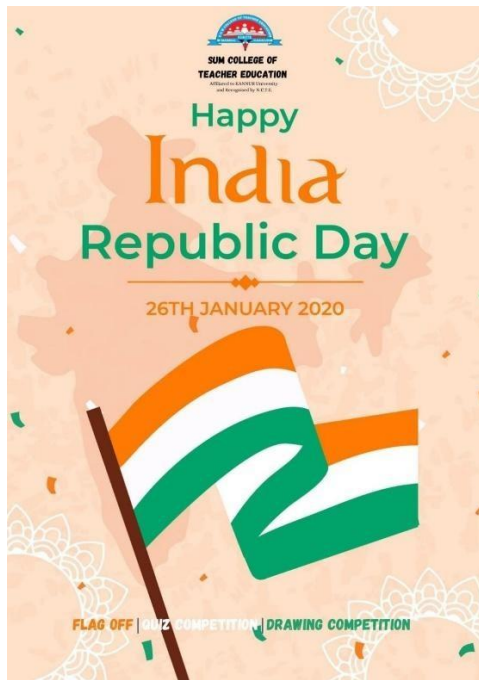
The competition was judged by a panel of faculty members, who evaluated the performances based on melody, lyrics, and presentation.

The winners were awarded certificates and applauded for their heartfelt performances.

Light refreshments were served, fostering a sense of community and camaraderie.

##### Outcome

The Republic Day celebration was a meaningful and engaging event that successfully instilled patriotic values in the college community. The flag hoisting ceremony and song competition fostered a sense of pride and unity among students and faculty, encouraging them to reflect on their responsibilities as citizens.



## 5. World Cancer Day Observation

Date: February 4, 2020

Venue: Sum College of Teacher Education

As part of the global effort to raise awareness about cancer and promote its prevention, detection, and treatment, Sum College of Teacher Education observed World Cancer Day on February 4, 2020. The program featured an insightful cancer awareness orientation session conducted by Dr. Vineetha Raghavan, associate professor of clinical haematology.

### Objectives of the Program

- To educate students and staff about cancer, its types, symptoms, and risk factors.
- To emphasize the importance of early detection and regular medical check-ups.
- To highlight lifestyle modifications for cancer prevention.
- To encourage participants to become advocates for cancer awareness in their communities.

### Program Highlights

The session began with a warm welcome by the principal, who stressed the significance of observing World Cancer Day to foster a collective understanding of the disease.

Dr. Vineetha Raghavan led the awareness orientation, discussing:

The most common types of cancer and their warning signs.

Preventive measures, including healthy eating, regular exercise, and avoiding tobacco and alcohol.



The role of early diagnosis in improving survival rates.

How societal support can help patients and their families cope with the challenges of cancer.

The interactive session concluded with a Q&A, where students and faculty clarified doubts and shared their views on combating cancer collectively.

#### Outcome

The program successfully educated the attendees on the significance of cancer awareness and prevention. It inspired participants to adopt a proactive approach to health and spread awareness in the community.



## 6. International Mother Language Day

Date: 21st February 2020

International Mother Language Day was observed at Sum College of Teacher Education on 21st February 2020 with the aim of highlighting the significance of linguistic diversity and the preservation of mother languages. The event aimed to raise awareness about the cultural and intellectual heritage embedded in mother tongues and their critical role in shaping identity and education.

### Objectives of the Program:

To promote awareness of linguistic and cultural diversity.

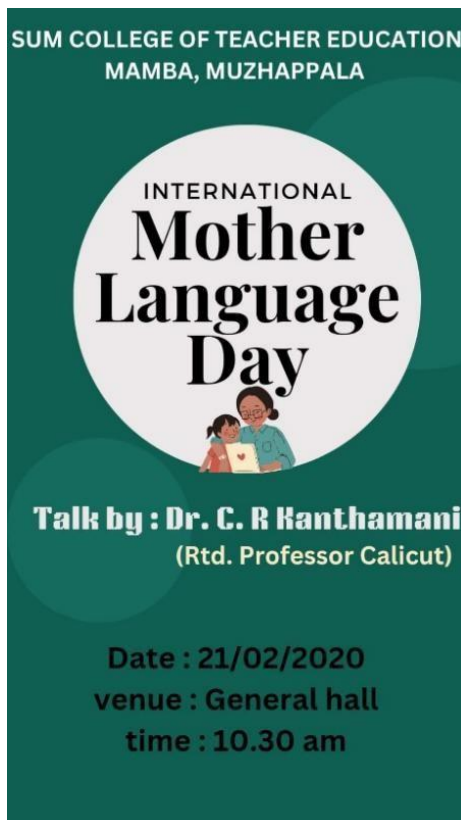
To emphasize the importance of mother language in education and communication.

To encourage the preservation and revitalization of indigenous languages.

The highlight of the program was an informative talk delivered by Dr. C. R. Kanthamani, Retired Professor of Calicut University, who enlightened the audience on the importance of mother languages in India. Dr. Kanthamani emphasized the role of mother tongue as a foundational tool for learning and cultural preservation. She also discussed how multilingualism strengthens social harmony and national unity.

### Conclusion

The session was attended by students and faculty members, who actively participated in discussions and shared insights about their own linguistic heritage. The event concluded with a collective pledge to respect and preserve the mother tongues of India, fostering a sense of pride and responsibility towards linguistic diversity.



## 7. Report on Science Day Celebration

Date: 28th February 2020

Platform : Google meet

The Science Club of Sum College of Teacher Education celebrated Science Day on 28th February 2020 with great enthusiasm. The program was organized to commemorate the contributions of scientists and to inspire young minds to engage in scientific exploration.

Objectives of the Program:

To promote the spirit of scientific inquiry among students.

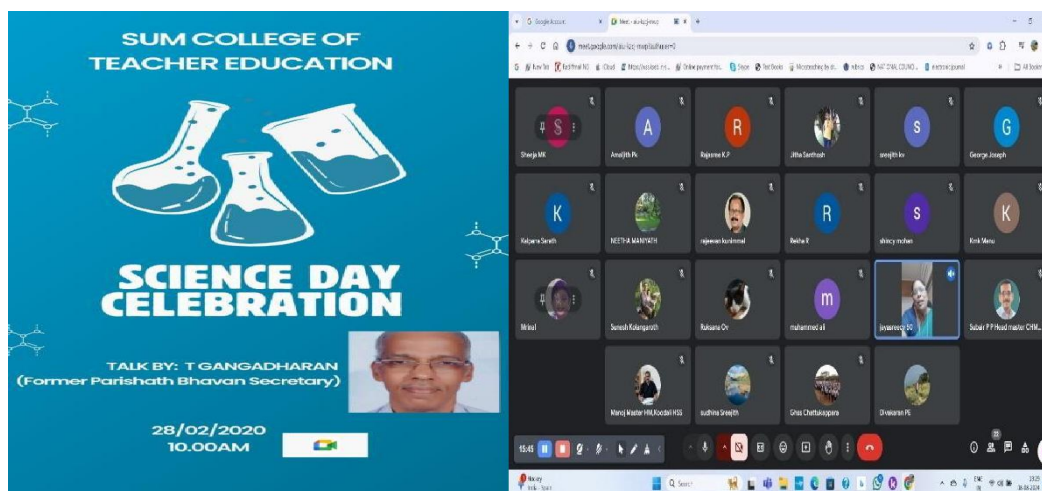
To highlight the role of science and technology in societal development.

To honor the achievements of scientists and encourage innovation.

The event was inaugurated by T. Gangadharan Master, Former Parishad Secretary, who delivered a thought-provoking talk emphasizing the relevance of science in addressing contemporary challenges. He highlighted the role of scientific advancements in improving quality of life and urged students to adopt a rational and analytical approach in their studies and daily lives.

The program also featured student presentations, science quizzes, and exhibits showcasing innovative ideas. These activities provided a platform for students to demonstrate their scientific knowledge and creativity.

The celebration concluded with a vote of thanks from the Science Club Coordinator, acknowledging the efforts of all participants and contributors. The event successfully instilled a deeper appreciation for science and its role in shaping the future.



## 8. College Day Celebration

Date: 10th March 2020



Date: 9th March 2020

Platform: Google meet

Sum College of Teacher Education celebrated Women's Day on 9th March 2020 through an online event conducted via Google Meet. The program was organized to honour women's contributions to society and to discuss the challenges they face in contemporary times.

Objectives of the Program:

To celebrate the achievements of women in various fields.

To raise awareness about the issues and challenges faced by women in modern society.

To inspire and empower participants to advocate for gender equality.

The event was inaugurated by Dr. C. V. Jayasree, who delivered an insightful talk on the plight of women in contemporary society. Her address highlighted the societal expectations, challenges, and barriers that women encounter daily. Dr. Jayasree also emphasized the need for education, awareness, and collective action to foster a more equitable world.

The program also included interactive sessions where participants shared their thoughts and experiences related to gender equality and women's empowerment.

The celebration concluded with a vote of thanks from the program coordinator, acknowledging the contributions of Dr. Jayasree and the enthusiastic participation of students and faculty members. The event successfully inspired attendees to reflect on the importance of gender equality and the empowerment of women.



## 10. World Water Day Celebration

Date: 22nd March 2020

Platform : Google meet

Sum College of Teacher Education observed World Water Day on 22nd March 2020 through an online program. The event aimed to raise awareness about the importance of water conservation and sustainable water management practices.

Objectives of the Program:

To highlight the significance of water as a vital resource for life.

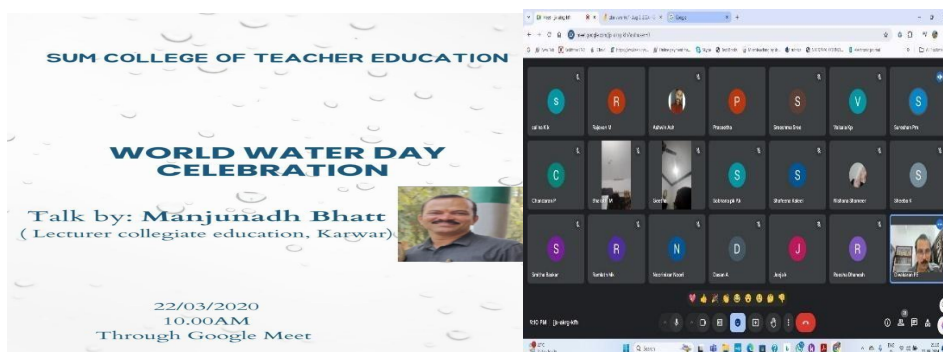
To discuss the challenges related to water scarcity and pollution.

To promote awareness of sustainable water use and conservation methods.

The program was inaugurated by Mr. Manjunadh Bhatt, Lecturer at the College of Education, Karwar, who also served as the resource person for the event. He delivered an insightful talk emphasizing the global water crisis and the urgent need for collective action to protect water resources. Mr. Bhatt shared practical tips and strategies for water conservation that individuals and communities can adopt.

The program included an interactive session where participants discussed innovative ways to save water and shared examples of water conservation initiatives from their regions.

The event concluded with a vote of thanks from the organizer, acknowledging the valuable contributions of Mr. Bhatt and the enthusiastic participation of students and faculty. The online celebration of World Water Day was a meaningful and enlightening experience, inspiring attendees to take proactive steps toward water conservation.



## 11. World Environment Day Celebration

Date: 5th June 2020

Platform: Google meet

World Environment Day was celebrated at Sum College of Teacher Education on 5th June 2020 through an online platform. The program aimed to raise awareness about environmental conservation and to encourage participants to take proactive steps in protecting the planet.

Objectives of the Program:

To emphasize the importance of environmental sustainability.

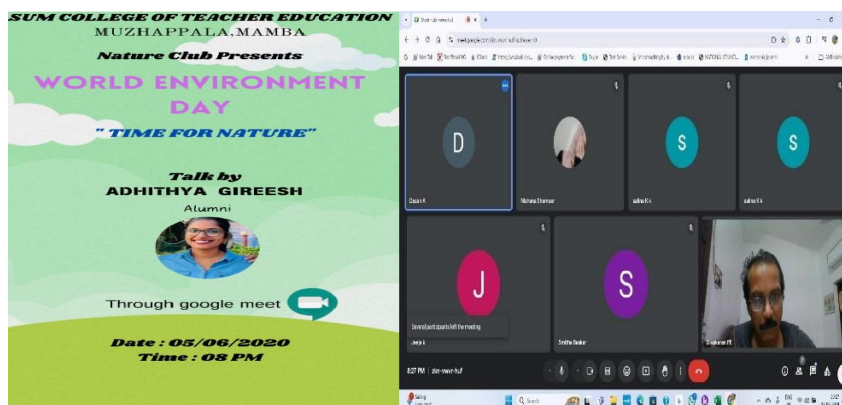
To educate participants on ways to reduce environmental impact.

To inspire action for the preservation of natural resources.

The event featured a special talk by Ms. Adhithya Gireesh, a former alumni of the college, who delivered an insightful address on environmental challenges and solutions. Her talk covered key topics such as climate change, biodiversity loss, and sustainable living practices. She encouraged participants to adopt eco-friendly habits and take small but significant actions to contribute to a greener future.

The program also included an interactive session where students shared their ideas and initiatives for environmental conservation.

The event concluded with a vote of thanks by Ms.Rimsheen imthiyas (student), appreciating the valuable contribution of Ms. Adhithya Gireesh and the enthusiastic participation of all attendees. The online celebration of World Environment Day was a resounding success, fostering a collective commitment to environmental stewardship.



## 12. World Ocean Day Celebration

Date: 8th June 2020

Sum College of Teacher Education observed World Ocean Day on 8th June 2020 through an online program. The event highlighted the critical role oceans play in sustaining life and the urgent need to protect marine ecosystems.

Objectives of the Program:

To raise awareness about the significance of oceans for the environment and human well-being.

To discuss the challenges posed by pollution, overfishing, and climate change on marine ecosystems.

To inspire actions for the conservation and sustainable use of ocean resources.

The program featured an informative talk by the Principal, who elaborated on the theme of World Ocean Day. The Principal emphasized the interconnectedness of oceans and human life, underscoring the impact of human activities on marine health. The talk also included practical suggestions for reducing ocean pollution and protecting marine biodiversity.

The session concluded with a discussion where participants shared their thoughts and pledged to contribute to ocean conservation through individual and collective efforts.

The celebration ended on a positive note, with a vote of thanks by the program coordinator. The online observance of World Ocean Day successfully created awareness about the importance of oceans and encouraged participants to take meaningful steps for their protection.



### 13. World Blood Donation Day Celebration

Date: 14th June 2020

Platform: Google meet



Sum College of Teacher Education celebrated World Blood Donation Day on 14th June 2020 through an online event. The program was organized to highlight the importance of blood donation in saving lives and to encourage more individuals to become regular donors.

**Objectives of the Program:**

To create awareness about the significance of blood donation.

To dispel myths and misconceptions surrounding blood donation.

To motivate individuals to actively participate in blood donation drives.

The event was inaugurated by Krishna Kumar E. P., Assistant Professor of Social Science, who emphasized the critical role of blood donation in healthcare. In his address, he highlighted the life-saving potential of every blood donor and encouraged participants to spread awareness about the importance of this noble act.

The program included informative discussions about the blood donation process, eligibility criteria, and the safety measures undertaken during blood collection. Participants also shared their personal experiences, which added a motivational touch to the event.

The event concluded with a vote of thanks by Smrithi P(student), acknowledging the contributions of Krishna Kumar E. P. and the active involvement of the participants. The online celebration of World Blood Donation Day was impactful, fostering a sense of responsibility and commitment toward this life-saving cause.



## 14. Reading Day Celebration

Date: 19th June 2020 Platform:

Google meet

Sum College of Teacher Education celebrated Reading Day on 19th June 2020 through an online program. The event aimed to promote the joy of reading and to emphasize the importance of books in personal and intellectual development.

Objectives of the Program:

To encourage the habit of reading among students.

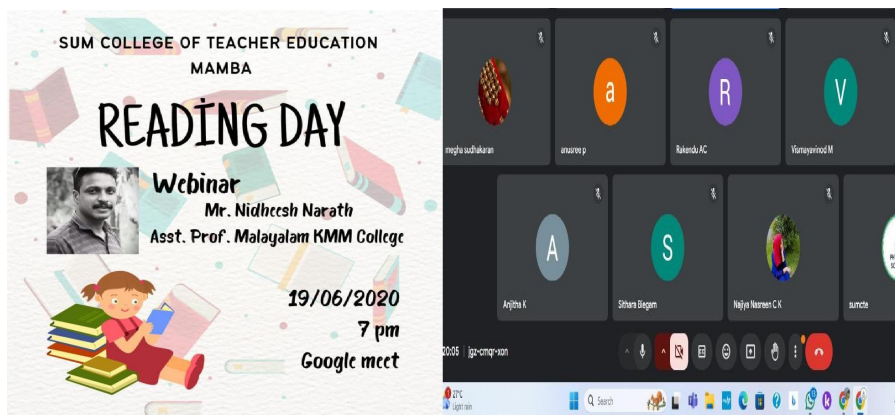
To highlight the role of reading in enhancing knowledge and critical thinking.

To provide a platform for students to engage in interactive and educational activities related to reading.

The program was inaugurated by Mr. Nidhish Narath, Assistant Professor of Malayalam, KMM College, Kannur. In his inaugural address, Mr. Narath spoke about the transformative power of reading and its role in shaping perspectives and understanding diverse cultures. He urged participants to cultivate reading as a daily habit.

The event also featured engaging online games and activities, such as book-themed quizzes and storytelling competitions, which provided a fun and interactive platform for participants to showcase their love for reading.

The celebration concluded with a vote of thanks by Ms. Anisha C (student), acknowledging the valuable contribution of Mr. Nidhish Narath and the enthusiastic participation of students and faculty members. The online Reading Day celebration successfully fostered a renewed appreciation for books and inspired participants to embrace the habit of reading.



## 15. Refugee Day Celebration

Date: 20th June 2020

Platform: Google meet

Sum College of Teacher Education observed Refugee Day on 20th June 2020 through an online program. The event aimed to shed light on the plight of refugees worldwide and to promote compassion and solidarity with displaced individuals.

**Objectives of the Program:**

To raise awareness about the challenges faced by refugees.

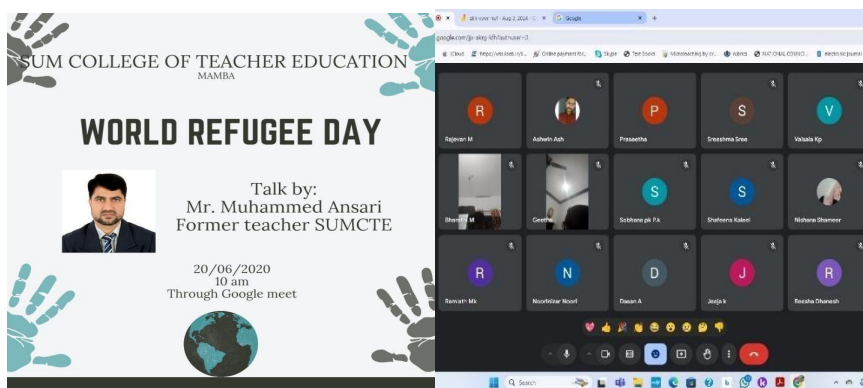
To foster empathy and support for displaced individuals.

To highlight the importance of collective efforts in addressing the refugee crisis.

The program featured an insightful talk by Mr. Muhammed Ansari, a former teacher of Sum College of Teacher Education. In his address, Mr. Ansari spoke about the struggles and resilience of refugees, emphasizing the importance of global cooperation to ensure their rights and dignity. He also discussed the role of education in empowering refugees and helping them rebuild their lives.

The event included a discussion segment where participants shared their views on the current refugee crisis and proposed ways to extend support at the local and global levels.

The program concluded with a vote of thanks by Ms.Sreya M V(student), appreciating the valuable contribution of Mr. Muhammed Ansari and the active involvement of participants. The online celebration of Refugee Day was an enlightening experience, fostering awareness and empathy for one of the most pressing humanitarian issues of our time.



## 16. Yoga Day Celebration

Date: 21st June 2020

Platform: Google meet

Sum College of Teacher Education celebrated Yoga Day on 21st June 2020 through an online session. The event aimed to promote the practice of yoga and its benefits for physical and mental well-being.

Objectives of the Program:

To highlight the significance of yoga in maintaining overall health.

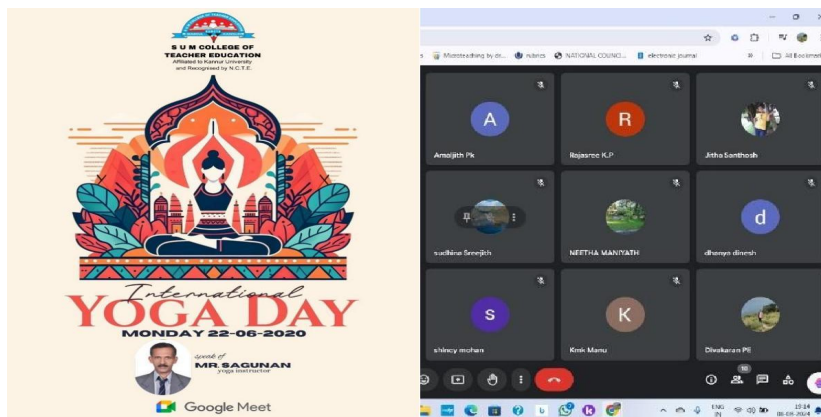
To educate participants on various yoga practices that can be incorporated into daily life.

To promote mental wellness and stress reduction through yoga techniques.

The online program was led by Mr. Sagunan, a qualified yoga instructor, who conducted a live demonstration of various yoga poses. He explained the physical and mental benefits of each practice, including how yoga can improve flexibility, enhance strength, and promote mental clarity. Mr. Sagunan also shared tips on how to incorporate yoga into daily routines, emphasizing the importance of mindfulness and breath control.

The session was interactive, with participants following along and asking questions about different yoga practices and their benefits. Mr. Sagunan encouraged everyone to adopt yoga as a part of their lifestyle for better health and well-being.

The event concluded with a vote of thanks by Mr. Rakendh K V (student), acknowledging Mr. Sagunan's valuable insights and the enthusiastic participation of students and faculty. The online Yoga Day celebration successfully promoted the importance of yoga in daily life and inspired participants to prioritize their physical and mental health.



## 17. National Statistics Day Celebration

Date: 26th June 2020

Platform: Google Meet

Sum College of Teacher Education observed National Statistics Day on 29th June 2020 through an engaging online event. The day was celebrated to honour the contributions of statistics to various fields and to raise awareness about the importance of statistical knowledge in everyday life.

Objectives of the Program:

To recognize the contributions of statistics to the development of society.

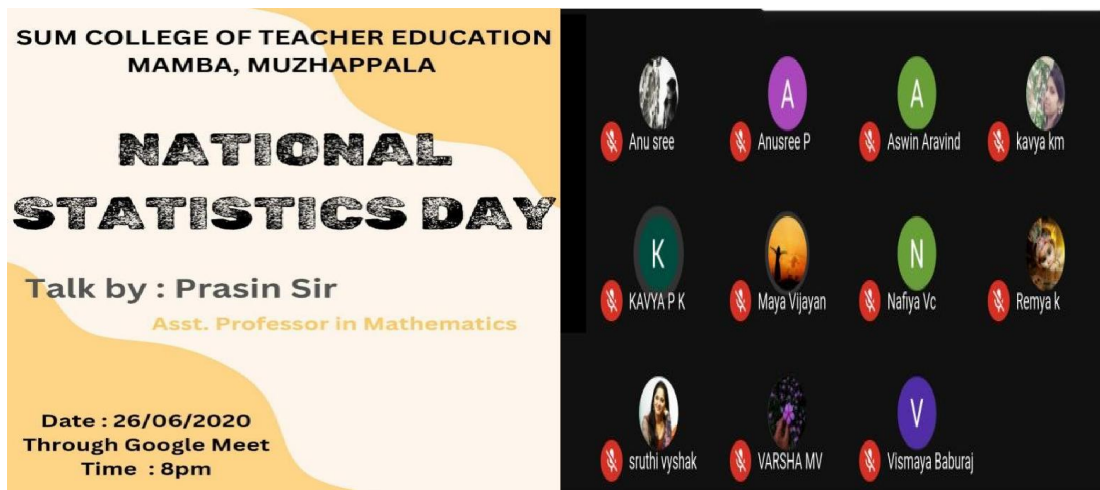
To promote the understanding of statistical concepts among students.

To encourage active participation and engagement in statistical activities.

The event was led by Mr. Prasin P., Assistant Professor of Mathematics, who introduced the significance of statistics in various sectors, including health, education, and economics. As part of the celebration, Mr. Prasin P. and students conducted an online quiz that tested participants' knowledge of statistical concepts and their applications. The quiz was designed to be both educational and interactive, encouraging students to deepen their understanding of statistics in a fun and competitive manner.

The quiz was well-received and saw enthusiastic participation from students and faculty members. The event concluded with a recognition of the winners of the quiz and a vote of thanks from the coordinator, acknowledging the efforts of Mr. Prasin P. and all participants.

The online National Statistics Day celebration was a resounding success, fostering a greater appreciation for the role of statistics in shaping modern society and encouraging students to explore the field further.



## 18. International Lunar Day Celebration

Date: 22nd July 2020

Platform: google meet

Sum College of Teacher Education celebrated International Lunar Day on 22nd July 2020 through an online program. The event aimed to increase awareness about lunar science, the significance of the moon in various cultures, and its impact on Earth.

Objectives of the Program:

To raise awareness about the lunar cycle and its importance in science and culture.

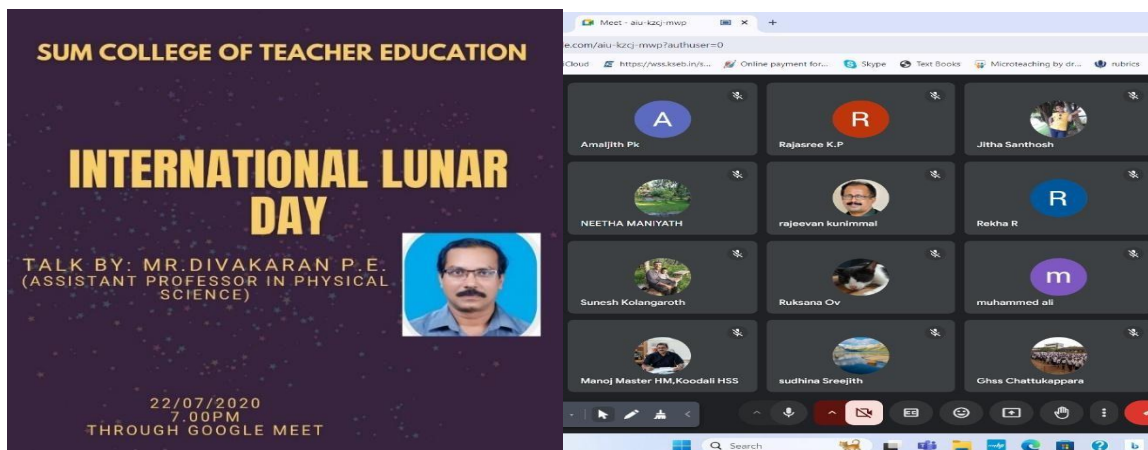
To discuss the exploration of the moon and its significance in space research.

To inspire curiosity and interest in lunar studies and space science.

The program was inaugurated by Mr. Divakaran P. E., who provided an insightful introduction to the significance of the moon in various scientific, cultural, and historical contexts. He discussed the role of lunar cycles in influencing Earth's tides, timekeeping, and even agricultural practices. Mr. Divakaran also touched upon the importance of lunar exploration and its contributions to space science.

The event included engaging discussions and presentations about the moon's phases, lunar eclipses, and the significance of the moon in different mythologies and civilizations. Participants actively engaged in the discussions, sharing their thoughts on the moon's impact on life on Earth.

The program concluded with a vote of thanks by Ms. Anjali K (student), recognizing the valuable contributions of Mr. Divakaran P. E. and the enthusiastic participation of all attendees. The online celebration of International Lunar Day successfully fostered a deeper understanding of the moon's importance and inspired interest in space exploration and science.



## 19. Nature Conservation Day Celebration

Date: 28th July 2020

Platform: Google meet

Sum College of Teacher Education celebrated Nature Conservation Day on 28th July 2020 through an online event organized by the Nature Club. The day was observed to raise awareness about the importance of conserving nature and the environment for the well-being of future generations.

Objectives of the Program:

To promote the understanding of nature conservation and its significance.

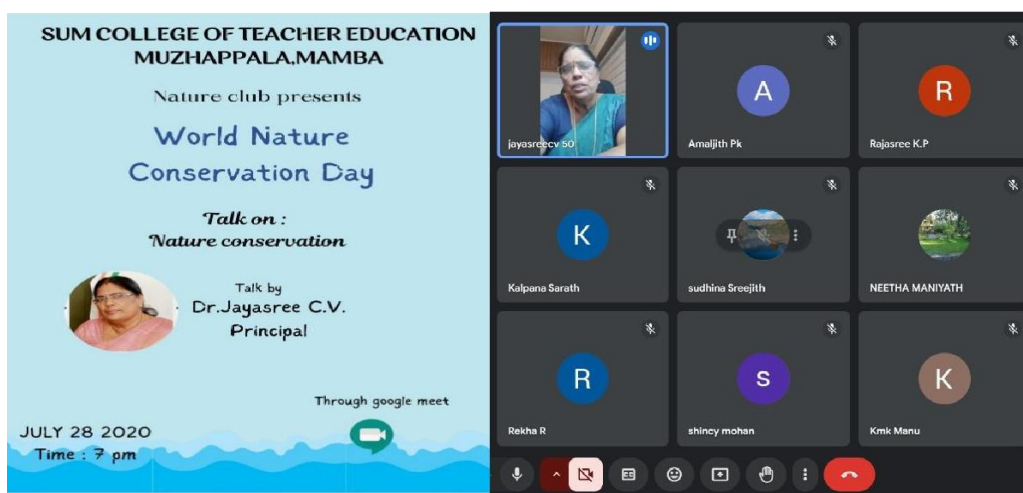
To inspire individuals to take active steps in preserving natural resources.

To discuss sustainable practices and their role in environmental protection.

The event was inaugurated by the Principal of Sum College of Teacher Education, who delivered an insightful talk on the importance of nature conservation. She emphasized the need for collective action to protect the environment and the critical role that each individual plays in ensuring the sustainability of natural resources. The Principal highlighted various conservation efforts, such as reducing waste, planting trees, and preserving biodiversity, and encouraged the participants to incorporate these practices into their daily lives.

The event also included interactive discussions, where participants shared their thoughts and ideas on how to contribute to nature conservation in their communities.

The program concluded with a vote of thanks, recognizing the valuable contributions of the Principal and the Nature Club for organizing the event. The online celebration of Nature Conservation Day was a great success, fostering a sense of responsibility towards nature and encouraging sustainable living practices.



## 20. Hiroshima Day Celebration

Date: 6th August 2020

Platform: Google meet

Sum College of Teacher Education observed Hiroshima Day on 6th August 2020 through an online program. The event was organized to honor the memory of the victims of the atomic bombing of Hiroshima and to promote global peace and the abolition of nuclear weapons.

Objectives of the Program:

To remember the devastating impact of the Hiroshima bombing and honor the lives lost.

To raise awareness about the importance of peace and the consequences of nuclear warfare.

To promote discussions on global efforts toward disarmament and peacebuilding.

The program was inaugurated by Krishna Kumar E. P., Assistant Professor of Social Science, who delivered a thoughtful address on the significance of Hiroshima Day. In his speech, he highlighted the horrific consequences of nuclear warfare and stressed the need for global cooperation in preventing such tragedies in the future. He encouraged participants to reflect on the importance of peace, humanity, and the protection of future generations from the threat of nuclear weapons.

The event also featured a discussion on the history of the Hiroshima bombing, its aftermath, and the efforts taken by the international community to promote peace and prevent nuclear proliferation.

The program concluded with a vote of thanks by Ms.Soumya M(student) , recognizing the contributions of Krishna Kumar E. P. and the participants. The online Hiroshima Day celebration was impactful, fostering awareness and promoting the vital message of peace and non-violence.





## **21. Nagasaki Day Celebration**

Date: 9th August 2020

Platform: Google meet

Sum College of Teacher Education observed Nagasaki Day on 9th August 2020 through an online event. The program was conducted to honour the victims of the atomic bombing of Nagasaki and to promote peace, disarmament, and global unity in the face of the tragic consequences of nuclear warfare.

Objectives of the Program:

To remember the tragic events of the Nagasaki bombing and pay tribute to the lives lost.

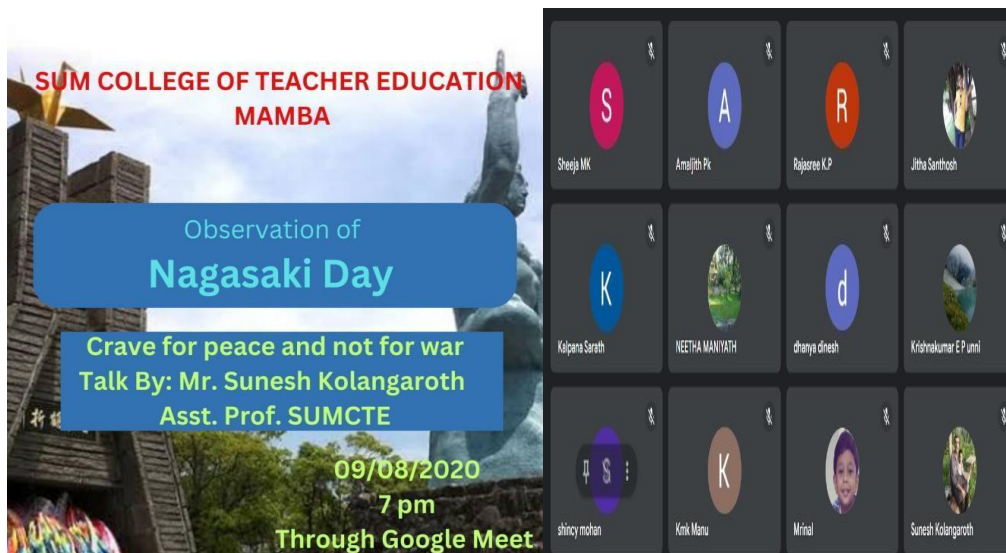
To raise awareness about the devastating effects of nuclear weapons on human life and the environment.

To encourage peace-building efforts and discussions on the importance of disarmament.

The event was inaugurated by Sunesh Kolangaroth, Assistant Professor of Education, who delivered an insightful address on the importance of remembering such historical events. He emphasized the necessity of global awareness regarding the devastating impacts of nuclear bombs and encouraged participants to reflect on the significance of peace, humanity, and the role of education in spreading messages of non-violence and global cooperation.

The program featured discussions about the events surrounding the bombing of Nagasaki, its aftermath, and the broader implications for peace in the world. Participants were encouraged to think critically about the need for global efforts to prevent nuclear warfare and promote peace through dialogue and education.

The event concluded with a vote of thanks by Mr. Akhil Ramesh (student), recognizing the valuable contributions of Sunesh Kolangaroth and the active participation of attendees. The online Nagasaki Day celebration was a meaningful occasion, highlighting the importance of remembrance, peace, and global solidarity.



## 22. Independence Day Celebration

Date: 15th August 2020

Platform: Google meet

Sum College of Teacher Education celebrated Independence Day on 15th August 2020 through an online event. The program was organized to honour India's struggle for freedom and to instill a sense of patriotism and responsibility among students and faculty members.

Objectives of the Program:

To commemorate India's 74th Independence Day and pay tribute to the freedom fighters.

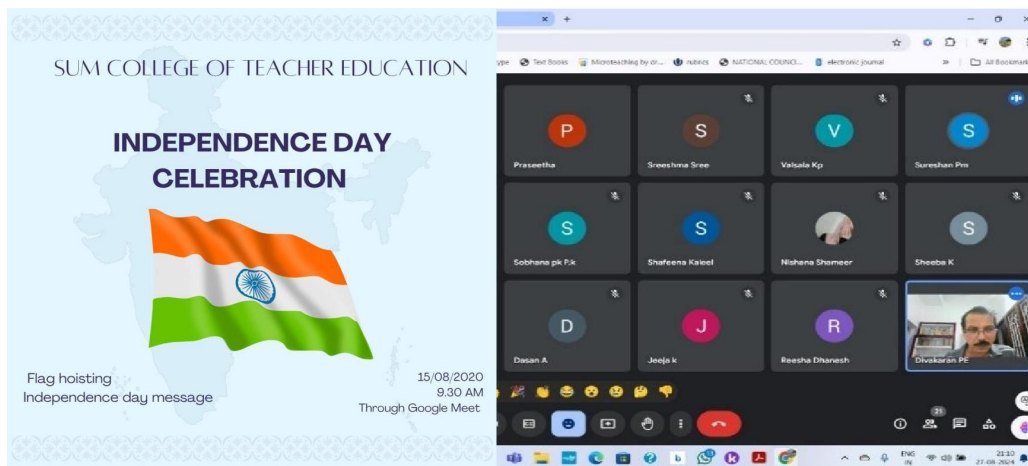
To foster a spirit of unity, patriotism, and pride among participants.

To reflect on the significance of independence and the responsibilities that come with it.

The program was inaugurated by the Principal, who delivered a heartfelt address on the occasion. The Principal emphasized the importance of remembering the sacrifices made by freedom fighters and encouraged everyone to work collectively toward the nation's development. The address also highlighted the role of education in fostering responsible citizenship and contributing to a better society.

The event featured cultural activities, including patriotic songs and speeches by students, which were conducted online. Participants actively engaged in the celebration, sharing their thoughts and expressing their gratitude for the nation's hard-earned freedom.

The program concluded with a vote of thanks, expressing gratitude to the Principal, students, and faculty for their enthusiastic participation. The online Independence Day celebration was a resounding success, instilling a sense of pride and patriotism among all attendees.



### 23. Onam Celebration

Date: 1st September 2020

Platform: Google meet

Sum College of Teacher Education celebrated Onam on 1st September 2020 through an online event. The program aimed to uphold the rich cultural heritage of Kerala and foster unity and joy among students and faculty members, despite the constraints of the online medium.

Objectives of the Program:

To celebrate the vibrant festival of Onam and its cultural significance.

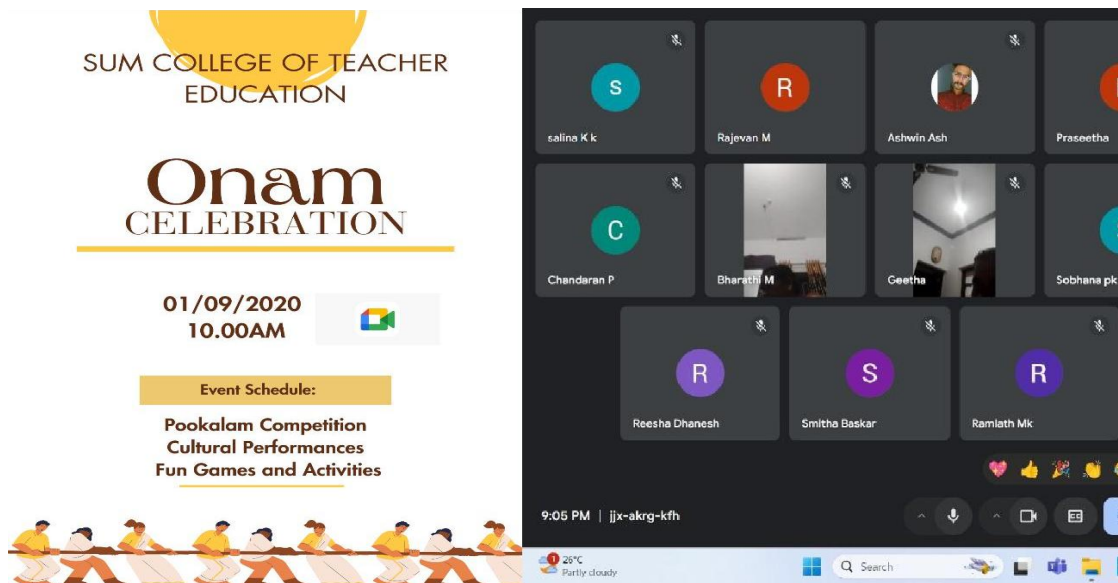
To engage students in traditional games and activities promoting Kerala's heritage.

To create a sense of togetherness and festivity among participants.

The event featured a variety of activities that showcased the essence of Kerala's culture. Students enthusiastically participated in traditional games and dressed in Kerala traditional attire, which added to the festive atmosphere. The highlight of the celebration was the Malayali Manka and Kerala Kesari competitions, where students showcased their grace and poise in traditional attire, reflecting the cultural richness of the state.

Participants shared their Onam memories and the spirit of togetherness associated with the festival. The online platform proved to be an effective medium for celebrating this occasion, as students demonstrated creativity and enthusiasm in all the events.

The program concluded with a message of gratitude and appreciation for the participants and organizers. The online Onam celebration was a grand success, capturing the essence of the festival and bringing joy to all attendees.



## 24. Teachers' Day Celebration

Date: 5th September 2020

Platform: google meet

Sum College of Teacher Education celebrated Teachers' Day on 5th September 2020 through an online platform. The event was organized to honor the contributions of teachers and recognize their vital role in shaping society.

Objectives of the Program:

To celebrate the significance of Teachers' Day and honor educators.

To foster appreciation for teachers and their contributions to education.

To engage students and faculty in activities promoting gratitude and respect for teachers.

The program commenced with a lecture by the Principal, who delivered an inspiring talk on the importance of Teachers' Day. The Principal emphasized the pivotal role of teachers in guiding and nurturing students and highlighted the values of dedication and selflessness embodied by educators.

Students conducted various online games and activities as a tribute to their teachers. These activities added a sense of excitement and engagement, fostering a cheerful and interactive environment. Students also shared heartfelt messages expressing their gratitude and appreciation for their mentors.

The celebration concluded with a vote of thanks by Mr. Muhammed Marwan(student), acknowledging the efforts of the Principal, faculty, and students for making the event

memorable. The online Teachers' Day celebration was a meaningful occasion, strengthening the bond between students and teachers and celebrating the spirit of education.



## 25. International Sign Language Day Celebration

Date: 23rd September 2020

Platform: Google meet

Sum College of Teacher Education observed International Sign Language Day on 23rd September 2020 through an online platform. The event aimed to promote the importance of sign languages in fostering inclusion and accessibility for the deaf and hard-of-hearing community.

Objectives of the Program:

To raise awareness about the significance of sign languages in ensuring equal communication rights.

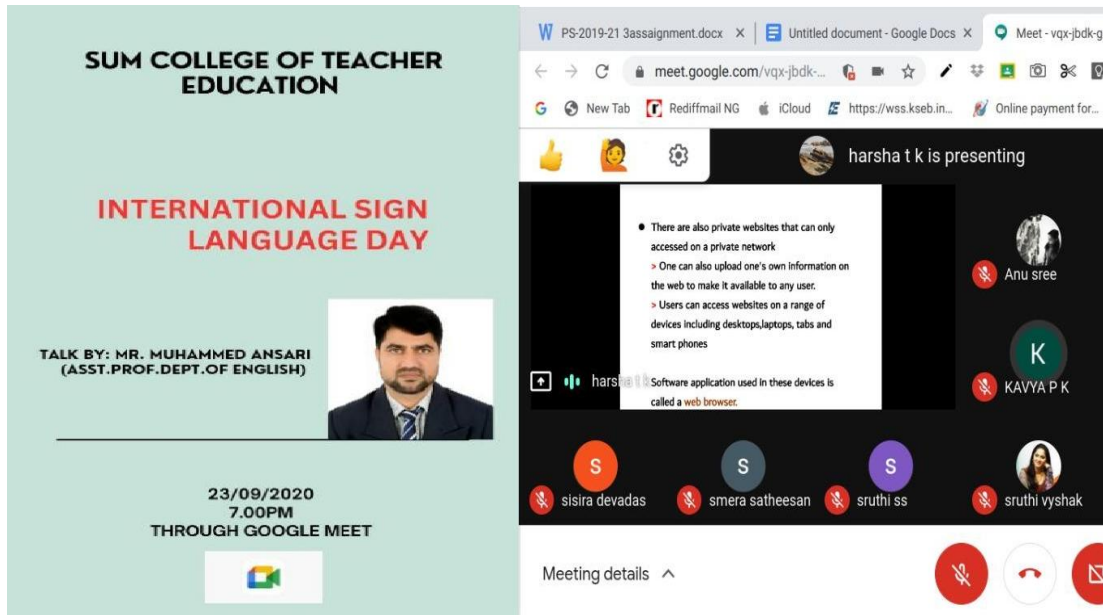
To highlight the role of sign languages in promoting inclusion and breaking communication barriers.

To inspire participants to learn and support sign language initiatives.

The program featured an insightful talk by Mr. Muhammed Ansari, a former teacher of Sum College of Teacher Education. In his address, Mr. Ansari emphasized the critical role of sign language in empowering individuals with hearing disabilities. He elaborated on its importance in education, social integration, and enhancing communication accessibility.

Participants were encouraged to reflect on the challenges faced by the deaf community and the ways in which society can promote the widespread adoption and learning of sign language. The talk inspired attendees to actively support efforts toward inclusivity and accessibility.

The event concluded with a vote of thanks Mr.Adarsh(student), expressing gratitude to Mr. Muhammed Ansari for his valuable contribution and to all participants for their enthusiastic engagement. The online International Sign Language Day celebration was a resounding success, spreading awareness and fostering a deeper understanding of the importance of sign languages.



## 26. Gandhi Jayanthi Celebration

Date: 2nd October 2020

Platform: google meet

Sum College of Teacher Education celebrated Gandhi Jayanthi on 2nd October 2020 through an online event. The program was organized to pay tribute to Mahatma Gandhi, the Father of the Nation, and to reflect on his ideals of truth, nonviolence, and simplicity.

Objectives of the Program:

To honor the legacy of Mahatma Gandhi on his birth anniversary.

To inspire students and faculty to adopt Gandhian principles in daily life.

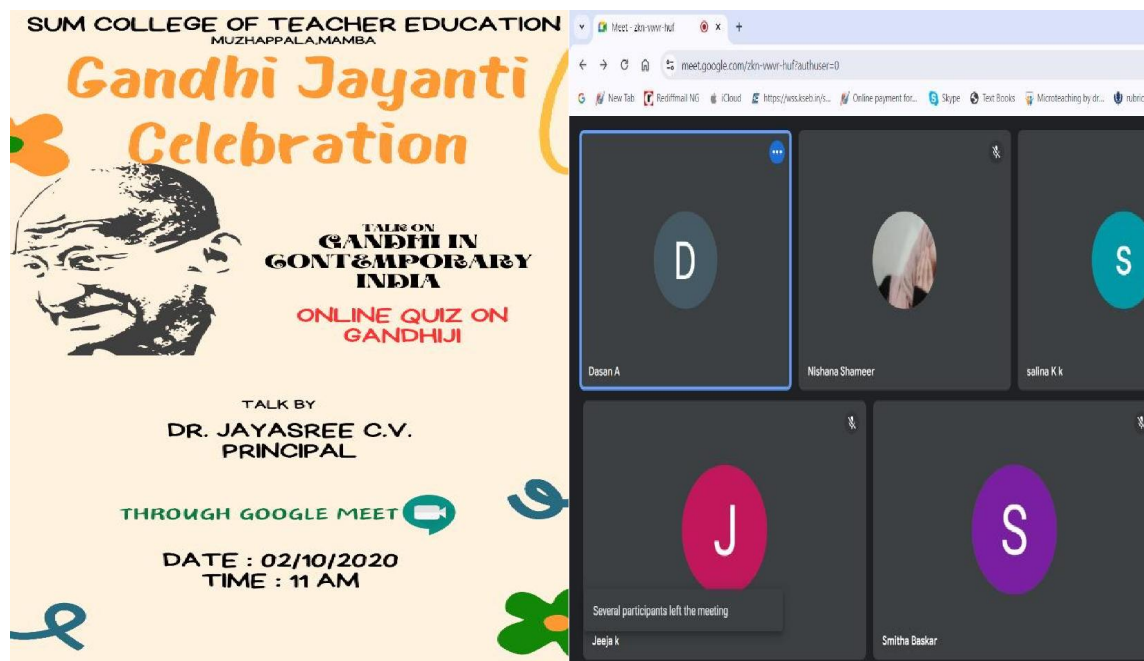
To promote discussions on the relevance of Gandhi's teachings in contemporary society.

The event was marked by a thought-provoking talk by the Principal, who highlighted the significance of Gandhi's values and their continued importance in today's world. The Principal emphasized the need for truth, nonviolence, and self-discipline in addressing societal challenges and achieving personal growth.

The talk also included reflections on Gandhi's contribution to India's independence and his vision for a just and equitable society. Participants were encouraged to draw inspiration from his life and incorporate his teachings into their actions.

Ms.Shonima A(student) delivered vote of thanks.The celebration concluded with expressions of gratitude to the Principal and all participants for their active involvement. The online

Gandhi Jayanthi program was a meaningful and reflective event, inspiring everyone to embrace the timeless values of Mahatma Gandhi.



## 27. Food Day Celebration

Date: 16th October 2020

Mode: Online

Platform: google meet

Sum College of Teacher Education celebrated Food Day on 16th October 2020 through an online platform. The event aimed to raise awareness about the importance of food in sustaining life, promoting health, and addressing global food security challenges.

Objectives of the Program:

To highlight the importance of food in daily life and well-being.

To promote awareness about food security and sustainable consumption.

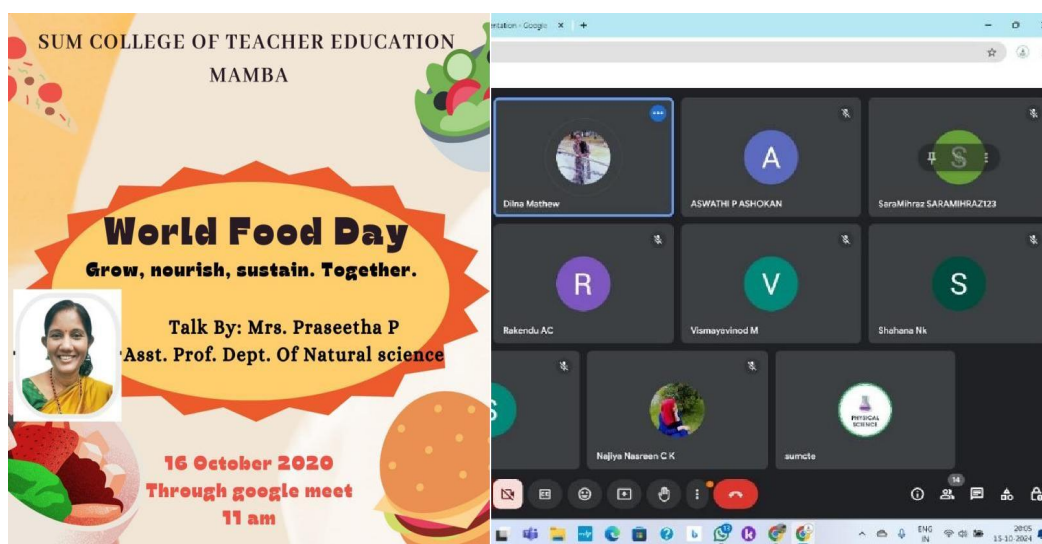
To encourage responsible food practices to reduce wastage.

The program was inaugurated by Ms. Praseetha P., Assistant Professor of Natural Science. In her insightful talk, she emphasized the critical role of food in human development and health. She shed light on global food issues such as hunger, malnutrition, and the need for sustainable agricultural practices. She also encouraged participants to adopt mindful eating habits and reduce food waste in their daily lives.

The online platform facilitated active participation, with attendees sharing their perspectives on food security and sustainable practices. The interactive session highlighted the cultural and nutritional importance of food, inspiring participants to appreciate its value.

The program concluded with a vote of thanks, acknowledging Ms. Praseetha P. for her valuable insights and all participants for their engagement.

The online Food Day celebration was a significant and meaningful event, fostering awareness and encouraging responsible food practices among participants.



## 28. UN Day Celebration

Date: 24th October 2020

Mode: Online

Platform: google meet

Sum College of Teacher Education celebrated UN Day on 24th October 2020 through an online platform to commemorate the establishment of the United Nations and its efforts toward global peace, security, and development.

Objectives of the Program:

To educate participants about the role and functions of the United Nations.

To reflect on the UN's contributions to global peace and sustainable development.

To inspire students to support the ideals and values promoted by the UN.

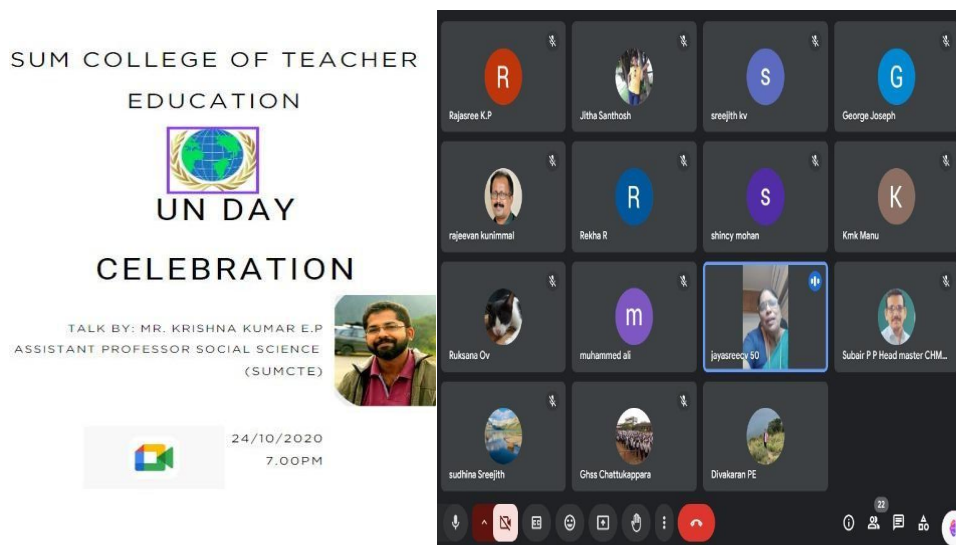
The program featured a thought-provoking talk by Krishna Kumar E. P., Assistant Professor of Social Science. In his address, he elaborated on the history and significance of the United Nations, highlighting its role in fostering international cooperation. He also discussed the UN's contributions to addressing global challenges such as poverty, climate change, and human rights.



Participants engaged in discussions about the relevance of the UN's initiatives in contemporary times. The talk emphasized the importance of global unity and individual responsibility in supporting the organization's mission.

The program concluded with expressions of gratitude to Krishna Kumar E. P. for his valuable insights and to all participants for their active involvement.

The UN Day celebration was an enriching experience, encouraging participants to understand and appreciate the pivotal role of the United Nations in shaping a better world.



## 29. Kerala Piravi celebration

Date: 01/11/2020

Mode: Online

Platform: Google meet

Sum College of Teacher Education celebrated Kerala piravi on 1<sup>st</sup> November 2020 through an online platform to commemorate the establishment of Kerala tradition.

Objectives of the programme:

To commemorate the formation of Kerala and promote cultural heritage.

To engage the community in traditional and cultural activities.

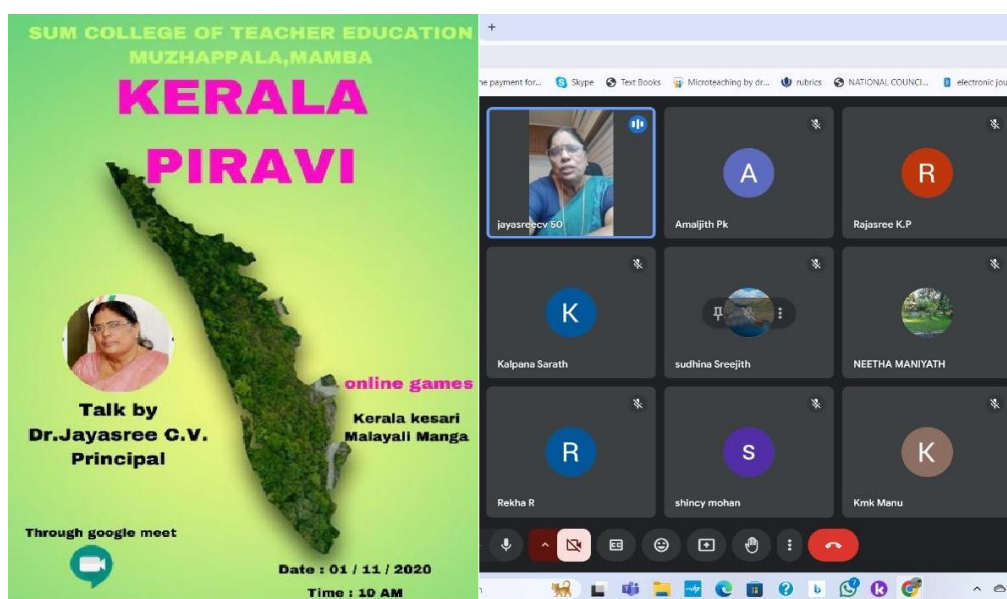
To provide a platform for participants to showcase their talents.

To foster a sense of unity and pride among Malayalis worldwide.

The show included an insightful discussion by Dr.C.V Jayasree (Principal, SUM college of teacher education) . Various online games, including quizzes on Kerala's history, geography, and culture, were organized. These games aimed to educate and entertain participants, enhancing their knowledge about the state.

Participants competed in a knowledge-based contest where they answered questions related to Kerala's culture, history, and societal contributions. The winner was titled "Kerala Kesari."

The "Malayali Manka" contest was held virtually, where participants showcased traditional Kerala sarees and accessories. They were judged based on their attire, presentation, and knowledge about Kerala's cultural heritage.



### 30. Diabetic day Date:

14/11/2020 Mode:

Online Platform:

Google meet

The Diabetic Day celebration was held on 14th November 2020 at 10:00 AM at SUM College of Teacher Education. The event aimed to raise awareness about diabetes and promote healthy lifestyle choices among students and staff.

The celebration featured a talk by Mr. Divakaran P E, Assistant Professor in Physical Science. His session was both informative and engaging, focusing on the importance of early detection, prevention, and management of diabetes. Mr. Divakaran highlighted the role of physical activity and balanced nutrition in controlling blood sugar levels and preventing diabetes-related complications.

The talk was well-received, with attendees expressing their appreciation for the valuable insights shared. The session concluded with a question-and-answer segment, where Mr.

Divakaran P E addressed various queries from the audience, further emphasizing the significance of maintaining a healthy lifestyle.



### 31. Children's day celebration

Date: 14/11/2020

Mode: Online

Platform: Google meet

The Children's Day celebration at SUM College of Teacher Education was held on the 14th of November, 2020, at 2:00 PM. The event was organized to commemorate the birth anniversary of Pandit Jawaharlal Nehru, the first Prime Minister of India, who was known for his love and affection for children.

The highlight of the celebration was a talk by Dr. C.V. Jayasree, the Principal of SUM College of Teacher Education, who delivered an enlightening session on Child Rights Awareness. Dr. Jayasree emphasized the importance of recognizing and upholding the rights of children, highlighting various aspects such as the right to education, protection from exploitation, and the necessity of a safe and nurturing environment for the holistic development of children.

Her speech was informative and engaging, making the audience, which included students, faculty, and staff, more aware of the fundamental rights of children and the role of educators in safeguarding these rights.

The event concluded with a question-and-answer session, where Dr. Jayasree addressed various queries from the attendees, further enriching their understanding of child rights.



### 32. Aids day

Date: 01/12/2020

Mode: Online

Platform: Google meet

On December 1, 2020, SUM College of Teacher Education observed World AIDS Day with a special talk by Mr. George Joseph, an Assistant Professor in Education. The event commenced at 10:00 AM in the college auditorium, gathering students, faculty members, and staff to raise awareness about HIV/AIDS.

Mr. George Joseph delivered an insightful lecture focusing on the history, causes, prevention, and societal impact of HIV/AIDS. He highlighted the importance of education in combating misconceptions and stigmas associated with the disease. His talk emphasized the role of teachers in spreading awareness and fostering an inclusive environment for those affected by HIV/AIDS.

The session was interactive, with students engaging in a Q&A segment, allowing them to clarify doubts and deepen their understanding of the topic. The event concluded with a pledge by all attendees to contribute to the fight against HIV/AIDS through education and awareness.



### 33. Human Rights Day Celebration

Date: 10/12/2020

Mode: Online

Platform: Google meet

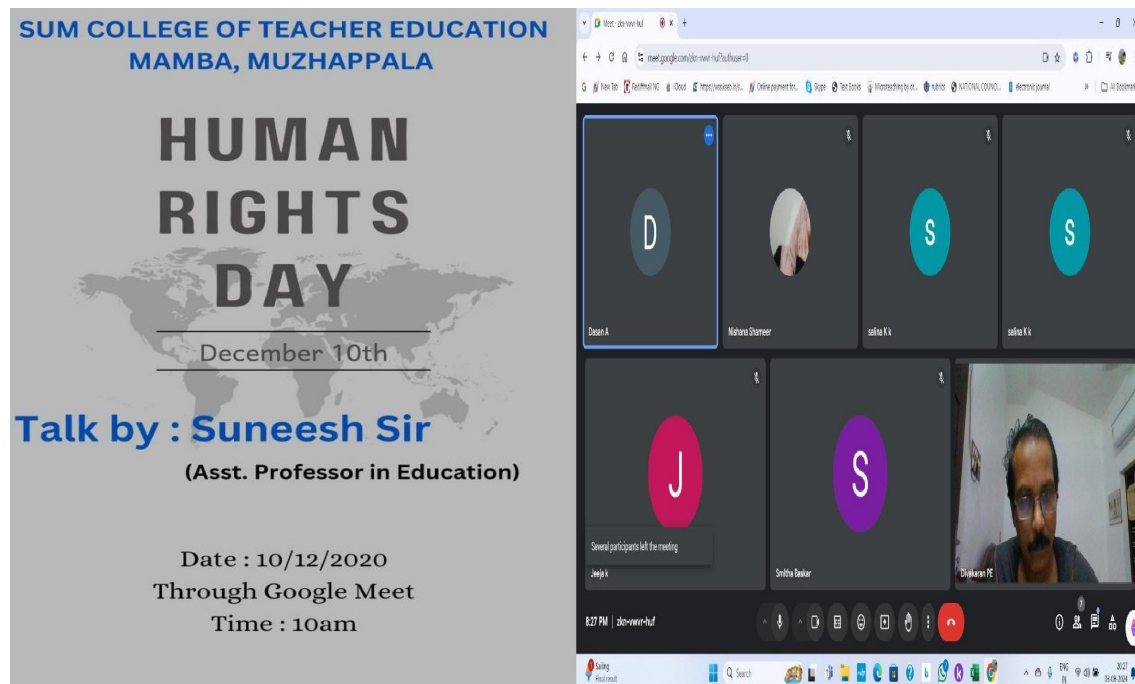
On December 10, 2020, SUM College of Teacher Education commemorated Human Rights Day with an enlightening talk by Mr. Sunesh Kolangaroth, Assistant Professor in Education. The event began promptly at 10:00 AM and was attended by faculty, students, and staff, all eager to deepen their understanding of human rights issues.

The celebration opened with a warm welcome by the principal, who highlighted the significance of Human Rights Day, marking the adoption of the Universal Declaration of Human Rights by the United Nations General Assembly in 1948.

Mr. Sunesh Kolangaroth delivered a compelling speech focusing on the evolution of human rights, their relevance in modern society, and the role of educators in promoting and protecting these rights. He emphasized the importance of understanding human rights in the context of education and encouraged future teachers to foster an environment of equality and respect in their classrooms.

Following the talk, there was an interactive session where students engaged in discussions and raised questions about various human rights challenges. Mr. Kolangaroth provided insightful responses, further enriching the audience's knowledge and perspectives on the topic.

The event concluded with a vote of thanks, acknowledging the contributions of Mr. Kolangaroth and the organizing committee for making the celebration a memorable and educational experience.



### 34. Christmas celebration

Date: 23/12/2020

Mode: Online

Platform: Google meet

The Christmas celebration held on 23rd December 2020 was a remarkable event that brought joy and festive spirit to all participants despite the constraints of an online mode. The event commenced at 7:00 PM, with participants eagerly joining the virtual platform to celebrate together.

The highlight of the evening was the Carol Competition, where various groups and individuals showcased their singing talents. Each participant prepared and performed a Christmas carol, infusing the event with traditional festive cheer. The performances were judged based on melody, harmony, creativity, and overall presentation. The competition was vibrant and filled with beautiful renditions of classic Christmas carols, making it a memorable musical experience for everyone.

Another exciting segment was the Best Santa Competition, where participants dressed up as Santa Claus. They were judged on creativity, costume authenticity, and the ability to embody

the jovial and generous spirit of Santa Claus. This competition added a delightful visual element to the event, with participants showing off their unique and festive Santa outfits.

