

PROGRAMME REPORT 2018

SUM COLLEGE OF TEACHER EDUCATION

1. Yoga Day Celebration (21/06/2018)

Venue: Seminar Hall, Sum College of Teacher Education

Date: 21th June 2018

Occasion: International yoga day

The International Yoga Day celebration was organized at Sum College of Teacher Education on 21st June 2018. The program aimed to promote the practice of yoga as a holistic approach to physical, mental, and spiritual well-being among students and staff.

The event was inaugurated by **Mr. Sagunan**, a renowned yoga practitioner and motivational speaker. His insightful address highlighted the significance of incorporating yoga into daily life for achieving inner peace and resilience in the face of modern challenges.

Objectives of the Programme:

1. To create awareness about the importance of yoga in maintaining a healthy lifestyle.
2. To encourage students and staff to adopt yoga as a regular practice for holistic well-being.
3. To promote mental clarity and stress management through yoga techniques.
4. To foster a sense of harmony and balance in personal and professional lives.

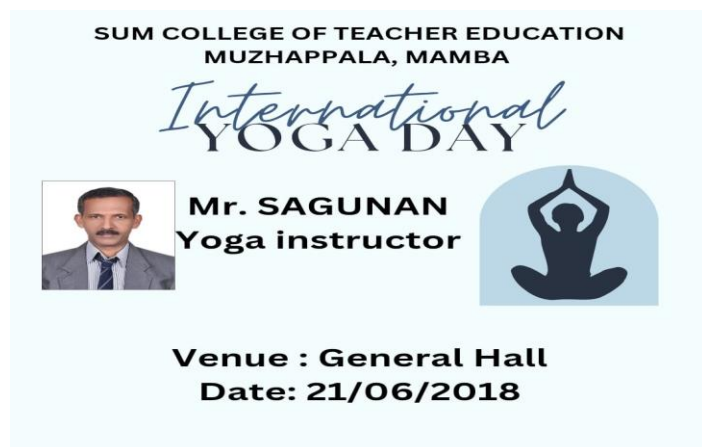
Program Highlights:

- The celebration began with a formal welcome address by the Principal, who emphasized the relevance of Yoga Day in the academic calendar.
- A guided yoga session was conducted by Mr. Sagunan, where participants practiced basic asanas, pranayama, and meditation techniques. The session was interactive, with Mr. Sagunan explaining the benefits of each practice.
- Students and staff participated enthusiastically, making the event lively and engaging.
- A short demonstration of advanced yoga postures by trained yoga enthusiasts from the college added an inspirational touch to the event.

The program concluded with a vote of thanks by the event coordinator, appreciating the efforts of the organizing committee and the active participation of all attendees. The Yoga Day celebration served as a refreshing and enlightening experience, reinforcing the college's commitment to holistic education.

Outcome:

Participants reported feeling rejuvenated and expressed their intent to continue practicing yoga regularly. The event successfully met its objectives, marking a significant step towards promoting health and wellness in the college community.

**2. International Day Against Drug Abuse and Illegal Trafficking (26/06/2018)**

Venue: Seminar Hall, Sum College of Teacher Education

Date: 26th June 2018

Occasion: International Day Against Drug Abuse and Illegal Trafficking

On 26th June 2018, Sum College of Teacher Education observed the International Day Against Drug Abuse and Illegal Trafficking with a thought-provoking program aimed at raising awareness among students and staff. The event featured a keynote address by Mr. Sunil Kumar, Assistant Professor of English at Kalliyassery Government Higher Secondary School, who delivered an impactful talk on the dual issues of drug abuse and human trafficking.

Objectives of the Programme:

To create awareness about the dangers of drug abuse and its impact on individuals and society.

To educate participants on the global crisis of human trafficking and the importance of safeguarding human rights.

To motivate students to take a proactive role in combating these social evils.

To foster a sense of social responsibility and ethical behavior among the college community.

Programme Highlights:

The program began with an inaugural session led by the Principal, who welcomed the audience and emphasized the relevance of the day's theme in the current socio-cultural context.

Mr. Sunil Kumar delivered a compelling talk, shedding light on the root causes, consequences, and preventive measures related to drug abuse and human trafficking. His address was enriched with real-life examples and case studies, which captured the audience's attention.

He stressed the role of education in creating awareness and urged students to be vigilant and informed citizens.

An interactive session followed, where students posed questions and shared their thoughts, leading to a meaningful dialogue on the issues.

Informative posters and slogans created by students were displayed in the seminar hall, adding a creative dimension to the event. The program concluded with a vote of thanks by the event coordinator, expressing gratitude to Mr. Sunil Kumar for his enlightening talk and to all participants for their active engagement. The initiative successfully met its objectives, leaving a profound impact on the attendees.

Feedback:

Participants expressed their appreciation for the program, noting that it deepened their understanding of the pressing issues of drug abuse and human trafficking. Many committed to spreading awareness and being part of efforts to combat these social evils.

The event reaffirmed the college's commitment to addressing social challenges through education and advocacy.

3. National Statistics Day (29/06/2018)

Venue: Conference Hall, Sum College of Teacher Education

Date: 29th June 2018

Occasion: National Statistics Day

On 29th June 2018, Sum College of Teacher Education observed National Statistics Day, commemorating the birth anniversary of the eminent statistician Prof. Prasanta Chandra Mahalanobis. The event aimed to highlight the importance of statistics in shaping policies and addressing societal challenges. Mr. Ratheesh V. V., a teacher of statistics at Thillangery Higher Secondary School, graced the occasion as the guest speaker, delivering an engaging and insightful talk.

Objectives of the Programme:

To raise awareness about the significance of statistics in everyday life and national development.

To inspire students to appreciate the role of statistical methods in solving real-world problems.

To commemorate the contributions of Prof. P. C. Mahalanobis to the field of statistics.

To promote a culture of data-driven decision-making among students and educators.

Programme Highlights:

The program commenced with an invocation, followed by a welcome address by the Principal, who set the tone for the day by emphasizing the theme of "Statistics for Development."

Mr. Ratheesh V. V. delivered a talk titled "The Power of Numbers in Building a Better World." He eloquently explained how statistics go beyond numbers to tell stories, make predictions, and guide actions for social welfare.

Using relatable examples, Mr. Ratheesh illustrated how statistics is integral to fields like education, healthcare, and governance. He encouraged students to adopt a curious and analytical mindset.

The talk also included an interactive segment where participants asked questions, sparking a lively discussion on the ethical use of data and the responsibilities of statisticians in society.

The program ended with a heartfelt vote of thanks delivered by the event coordinator, appreciating the speaker's valuable insights and the participants' active engagement.

Feedback and Impact:

The celebration of National Statistics Day left a lasting impression on attendees. Many students remarked on how the talk broadened their understanding of the practical applications of statistics. Some expressed interest in exploring the subject further, recognizing its potential to address pressing societal issues.

SUM COLLEGE OF TEACHER
EDUCATION, Muzhappala

NATIONAL STATISTICS DAY
Celebration

CHIEF GUEST



RATHEESH V V
Teacher, CHM H S S, Thillinkeri

Venue : General Hall

Time : 10:30 AM

Date : 29/06/2018

4. World Population Day (11/07/2018)

Venue: Auditorium, Sum College of Teacher Education

Date: 11th July 2018

Occasion: World Population Day

On 11th July 2018, Sum College of Teacher Education observed World Population Day to raise awareness about global population issues and their impact on society and the environment. The program featured a thought-provoking talk by Mr. Krishnakumar E. P., Assistant Professor of Social Science, who addressed the challenges and opportunities posed by population dynamics.

Objectives of the Programme:

To create awareness about the implications of rapid population growth on resources and development.

To educate students on the need for sustainable practices to balance population and resource consumption.

To encourage dialogue on population issues such as education, healthcare, and equality.

To inspire students to take an active role in promoting sustainable development in their communities.

Programme Highlights:

The program began with a warm welcome by the Principal, who emphasized the relevance of observing World Population Day in the context of global and national challenges.

Mr. Krishnakumar E. P. delivered an engaging talk titled "Population and the Path to Sustainability." He began by reflecting on the theme of the year, connecting it to real-life examples and historical events.

With clarity and compassion, he explained how unchecked population growth affects vital resources like food, water, and energy. He also highlighted the role of education, particularly for women, in managing population growth.

Mr. Krishnakumar stressed the need for collective responsibility and the power of individual actions in addressing these challenges. His talk included stories of communities that have embraced sustainable practices, inspiring students to think creatively about solutions.

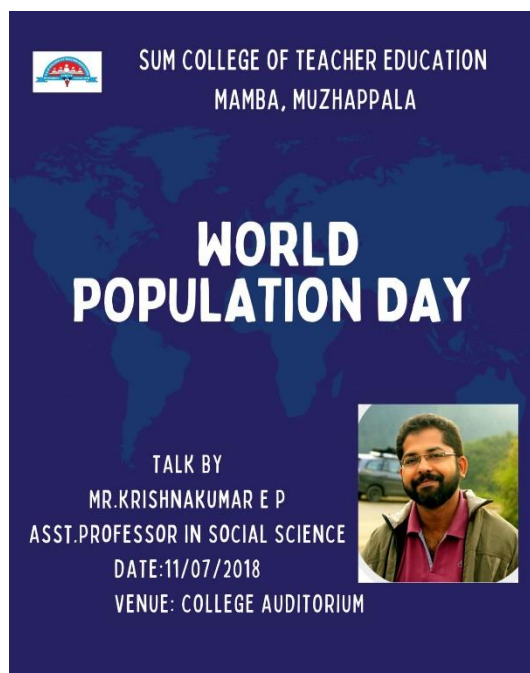
An interactive session followed, where participants shared their perspectives and concerns, fostering a deeper understanding of the topic.

Students displayed handmade posters and slogans in the auditorium, promoting awareness about population issues and sustainable development.

The program concluded with a vote of thanks by the by Mr.Suneesh kolangaroth(asst.prof. general education) , expressing gratitude to Mr. Krishnakumar for his insightful talk and to the students for their active participation.

Feedback and Impact:

The event sparked meaningful discussions among participants, many of whom expressed their commitment to contributing to sustainable practices in their personal and professional lives. The program effectively met its objectives, leaving a profound impact on the attendees' perspectives on population-related challenges.



5. International Lunar Day Celebration

Date: 22nd July 2018

Venue: Seminar Hall, Sum College of Teacher Education

Sum College of Teacher Education Science club celebrated International Lunar Day on 22nd July 2018 with great enthusiasm and academic vigor. The program aimed to foster an appreciation of lunar science and inspire students and faculty to explore the mysteries of the Moon and its impact on Earth.

The event was inaugurated by the Principal, who delivered a brief welcome address highlighting the importance of celebrating such scientific days to instill curiosity and promote knowledge among students.

The highlight of the program was an insightful talk by Mr. Divakaran P. E., Assistant Professor of Physical Science, who elaborated on various aspects related to the Moon. His talk covered the following topics:

The formation and phases of the Moon.

The significance of lunar exploration in understanding the universe.

Landmark lunar missions, including Apollo missions and recent advancements in lunar research. The Moon's influence on Earth's tides, climate, and ecological balance.

Mr. Divakaran's engaging presentation, supported by visuals and simplified scientific explanations, captivated the audience. He also addressed questions from students, further enhancing their understanding of the subject.


The program concluded with a vote of thanks delivered by a student representative, expressing gratitude to Mr. Divakaran and the organizers for conducting such an enlightening session.

Overall, the celebration of International Lunar Day at Sum College of Teacher Education was a memorable and educational experience, leaving participants with a deeper appreciation of

**SUM COLLEGE OF TEACHER
EDUCATION**

**INTERNATIONAL
LUNAR DAY**

Talk by:
Mr. Divakaran P.E.
Assistant Professor in Physical
Science



DATE: 22/07/2018
VENUE: GENERAL HALL
TIME: 10.00AM

lunar science and its significance in our lives.

6. World Conservation Day (28/07/2018)

Venue: Seminar Hall, Sum College of Teacher Education

Date: 28th July 2018

Occasion: World Conservation Day

On 28th July 2018, Sum College of Teacher Education observed World Conservation Day, a day dedicated to raising awareness about the importance of preserving the environment for future generations. The program featured an insightful talk by Mr. Suneesh Kolangaroth, Assistant Professor of General Education, who inspired the audience with his knowledge and passion for environmental conservation.

Objectives of the Programme:

To emphasize the importance of conserving natural resources and ecosystems.

To educate participants about sustainable practices and their role in mitigating environmental challenges.

To encourage students and staff to adopt eco-friendly habits in their daily lives.

To foster a sense of responsibility toward protecting the planet for future generations.

Programme Highlights:

The program began with a welcome address by the Principal, who highlighted the urgency of addressing environmental issues and the significance of World Conservation Day in fostering collective action.

Mr. Suneesh Kolangaroth delivered a talk titled “Our Planet, Our Responsibility,” where he eloquently discussed the current environmental crisis, including deforestation, pollution, and climate change.

He emphasized the interdependence of humans and nature, urging the audience to recognize the impact of their choices on the environment. Through stories and examples, he demonstrated how small, consistent actions can lead to significant positive changes.

Mr. Suneesh encouraged participants to rethink consumption habits, reduce waste, and support conservation efforts. He also stressed the role of education in instilling a conservation mindset in the younger generation.

An interactive session followed, where participants shared their ideas and queries about conservation practices. The exchange of perspectives enriched the discussion and motivated students to take proactive steps.

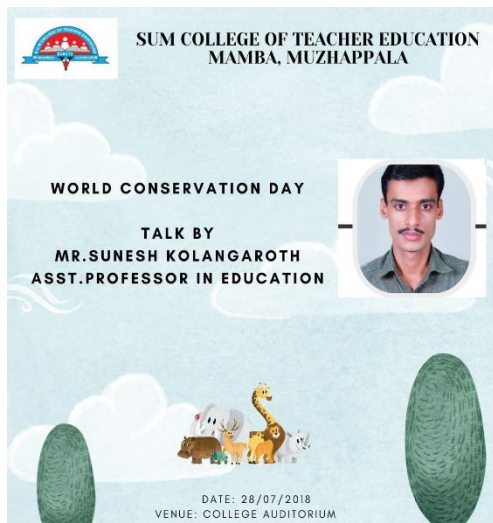
The seminar hall was adorned with creative posters and messages crafted by students, emphasizing the themes of conservation and sustainability.

The program concluded with a vote of thanks by the event coordinator, who expressed gratitude to Mr. Suneesh for his inspiring talk and to all attendees for their enthusiasm and participation.

Feedback and Impact:

The event resonated deeply with the audience, sparking discussions about practical ways to incorporate sustainability into their lives. Many students pledged to adopt environmentally friendly practices and actively participate in conservation initiatives.

The World Conservation Day program reaffirmed Sum College of Teacher Education's commitment to environmental stewardship and its mission to cultivate responsible, informed citizens dedicated to creating a sustainable future.



7. Hiroshima Day (06/08/2018)

Venue: Seminar Hall, Sum College of Teacher Education

Date: 6th August 2018

Occasion: Hiroshima Day

On 6th August 2018, Sum College of Teacher Education solemnly observed Hiroshima Day to honor the memory of the victims of the Hiroshima bombing in 1945 and to reflect on the lessons of peace, humanity, and resilience. The program featured a deeply moving talk by Mr. Deepak Krishna, Teacher at Peringathur Vocational Higher Secondary School, who brought a profound perspective to the day's significance.

Objectives of the Programme:

To commemorate the victims and survivors of the Hiroshima bombing.

To educate students about the catastrophic consequences of war and the importance of nuclear disarmament.

To promote the values of peace, non-violence, and global solidarity.

To inspire participants to become advocates for a peaceful and harmonious world.

Programme Highlights:

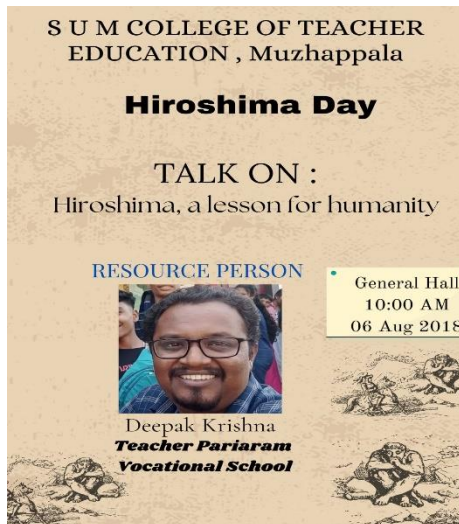
The program began with a moment of silence to pay homage to the lives lost in Hiroshima and Nagasaki. This solemn gesture set the tone for the reflective and insightful session that followed.

The Principal delivered the opening remarks, emphasizing the importance of remembering history to prevent its tragic repetition.

Mr. Deepak Krishna delivered a powerful talk titled “Hiroshima: A Lesson for Humanity.” His words painted a vivid picture of the devastation caused by the atomic bomb, drawing on historical accounts and survivor testimonies.

He skillfully connected the events of 1945 to contemporary global challenges, emphasizing the urgent need for disarmament, diplomacy, and dialogue in resolving conflicts.

Mr. Deepak also spoke of hope and resilience, highlighting how Hiroshima transformed itself into a city of peace, setting an example for the world.



The talk was followed by an interactive session where students shared their thoughts, questions, and reflections, making the program highly engaging and thought-provoking.

Students displayed posters and essays on themes of peace, non-violence, and the dangers of nuclear warfare, which added a creative dimension to the observance.

The program concluded with a heartfelt vote of thanks by Mr. Krishnakumar E P, acknowledging Mr. Deepak Krishna for his enlightening talk and the participants for their active involvement.

Feedback and Impact:

The event left a profound impact on the attendees, fostering a deeper understanding of the devastating consequences of war and the enduring importance of peace. Many students expressed a renewed commitment to promoting harmony and non-violence in their personal and professional lives.

The observance of Hiroshima Day reaffirmed Sum College of Teacher Education’s dedication to nurturing compassionate, informed individuals who strive to build a more peaceful and just world.

8. Nagasaki Day (09/08/2018)

Venue: Seminar Hall, Sum College of Teacher Education

Date: 9th August 2018

Occasion: Nagasaki Day

On 9th August 2018, Sum College of Teacher Education observed Nagasaki Day to remember the tragic atomic bombing of Nagasaki in 1945 and to emphasize the urgent need for peace and nuclear disarmament. The program featured an inspiring talk by the Principal of Sum College of Teacher Education, who shared their profound insights on the significance of the day and the collective responsibility to foster a peaceful world.

Objectives of the Programme:

To honor the memory of the victims and survivors of the Nagasaki bombing.

To educate students on the destructive consequences of war and nuclear weapons.

To promote values of peace, non-violence, and global solidarity.

To inspire the audience to take an active role in advocating for a world free of nuclear threats.

Programme Highlights:

The event commenced with a moment of silence to pay tribute to the lives lost in the Nagasaki bombing, creating a reflective and solemn atmosphere.

In the opening address, the Principal set the tone for the observance by reflecting on the historical significance of Nagasaki Day and its relevance in today's context.

The Principal delivered a deeply moving talk titled "Nagasaki: A Testament to Resilience and Peace." They narrated the harrowing events of the bombing, drawing attention to the unimaginable suffering it caused.

The talk explored the aftermath of the attack, highlighting the stories of resilience and the city's transformation into a symbol of peace and hope.


The Principal underscored the importance of remembering such tragedies as a reminder to reject violence and embrace dialogue and understanding. Their message emphasized the role of education in cultivating peace and shaping a world where such atrocities are never repeated.

SUM COLLEGE OF TEACHER
EDUCATION, Muzhappala

Nagasaki Day

Talk On :
*Nagasaki ,
a testament to resilience and peace*

RESOURCE PERSON



General Hall
2:00 PM
09 Aug 2018

Dr . C.V.Jayasree
Principal , SUMCTE

Students actively participated in the discussion that followed, sharing their thoughts and expressing their commitment to promoting peace in their communities.

Creative displays of posters, essays, and poems on themes of peace, hope, and humanity adorned the seminar hall, showcasing the talents and perspectives of the students.

The program concluded with a vote of thanks by the event coordinator, expressing gratitude to the Principal for their inspiring words and to the participants for their heartfelt engagement.

Feedback and Impact: The observance of Nagasaki Day resonated deeply with all attendees, fostering a collective awareness of the importance of peace and the devastating impact of war. Students left the session inspired to contribute to a more harmonious and compassionate world.

9. Independence Day Celebration (15/08/2018)

Venue: College Grounds, Sum College of Teacher Education

Date: 15th August 2018

Occasion: Independence Day

On 15th August 2018, Sum College of Teacher Education celebrated India's 72nd Independence Day with great enthusiasm and patriotism. The event was marked by the hoisting of the national flag, a talk by the Principal of Sum College of Teacher Education, and a series of cultural performances. The day served as a reminder of the sacrifices made for freedom and the responsibility of every citizen to contribute to the nation's progress.

Objectives of the Programme:

To honor the spirit of freedom and the sacrifices of India's freedom fighters.

To instill a sense of patriotism and responsibility among students and staff.

To celebrate the unity and diversity of the nation through cultural performances.

To inspire the audience to uphold democratic values and work toward the nation's development.

Programme Highlights:

The celebration began with the hoisting of the national flag by the Principal, accompanied by the singing of the national anthem, filling the air with patriotic fervor.

The Principal delivered a motivational talk titled "Freedom: A Responsibility We Share." In their speech, they reflected on the struggles of the freedom movement, urging everyone to honor those sacrifices by working toward unity, justice, and progress.

The Principal emphasized the importance of education in shaping the future of the nation and encouraged students to become responsible citizens who contribute positively to society.

Following the speech, students presented cultural performances, including patriotic songs, dances, and skits that celebrated India's rich heritage and diversity.

An inspiring poetry recital by a student, dedicated to the freedom fighters, was a highlight of the event.

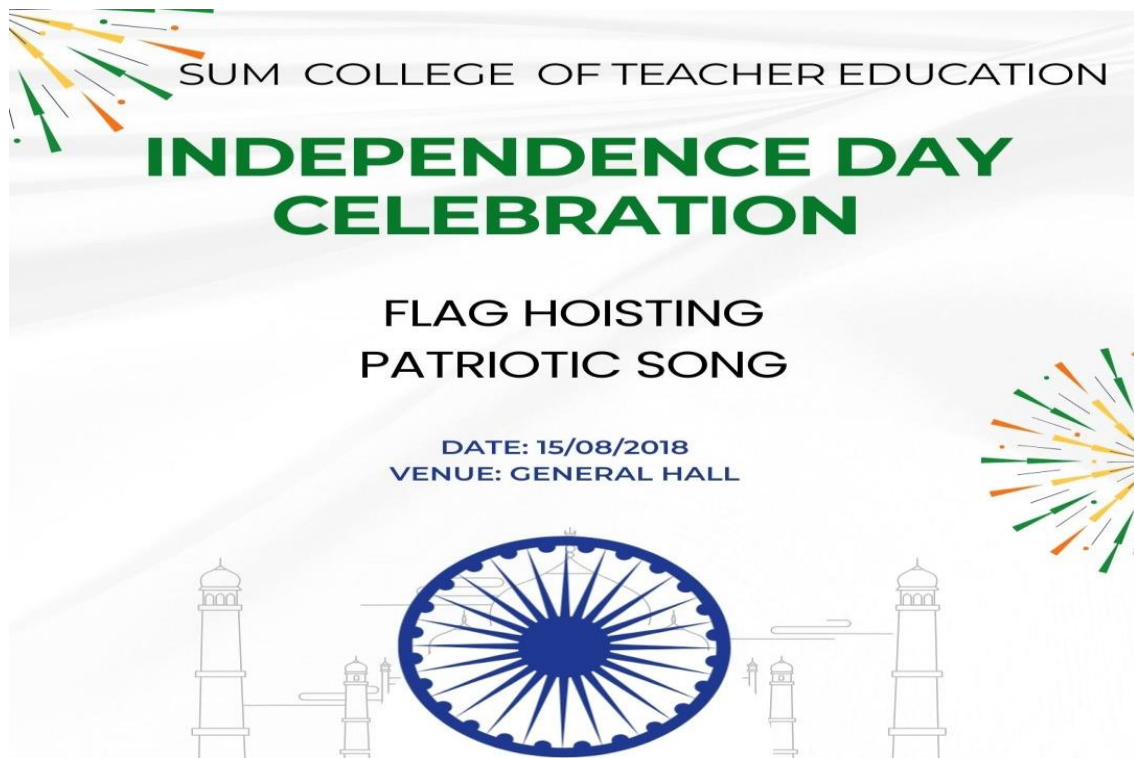
The program concluded with a vote of thanks by Mr. Muhammed Ansari (asst. prof. English), expressing gratitude to the Principal for their inspiring address and to all participants for

making the celebration memorable. Sweets were distributed to the attendees, symbolizing the joy of freedom.

Feedback and Impact:

The Independence Day celebration left a lasting impact on everyone present. The Principal's speech and the vibrant cultural performances rekindled a sense of national pride and responsibility among students and staff.

Sum College of Teacher Education remains committed to celebrating national events that inspire students to cherish and uphold the values of freedom, democracy, and unity, ensuring that the legacy of the freedom struggle lives on in the hearts of future generations.



10. Farmers Day Interactive Session - August 17, 2018

Objectives:

To honor the invaluable contributions of local farmers to our community and the wider food system.

To foster a sense of camaraderie and shared experience among farmers.

To provide a platform for farmers to voice their concerns, challenges, and aspirations.

To facilitate knowledge exchange and skill-sharing among participants.

To promote sustainable and innovative agricultural practices.

Event Overview:

The Farmers Day interactive session was held on August 17, 2018, with the aim of creating a space for local farmers to connect, learn, and celebrate their vital role in our community. The event was marked by a warm and welcoming atmosphere, fostering a sense of togetherness among the participants.

The event commenced with a warm welcome address the principal SUM college of teacher education. panel discussion featuring experienced farmers and agricultural experts provided valuable insights into current challenges and opportunities in the agricultural sector. The panel addressed topics such as market access, climate change adaptation, and the importance of technology in modern farming. These hands-on sessions provided farmers with valuable knowledge and skills to enhance their agricultural practices.

Networking and Socializing: The event concluded with a networking session, providing farmers with an opportunity to connect with each other and build relationships. This facilitated the exchange of ideas and experiences, fostering a sense of community among the participants.

Overall Impact:

The Farmers Day interactive session was a resounding success, achieving its objectives of honoring farmers, promoting knowledge sharing, and fostering a sense of community. The event provided a valuable platform for farmers to connect, learn, and grow, empowering them to overcome challenges and thrive in their agricultural endeavors.

Future Recommendations:

Organize similar events on a regular basis to maintain momentum and provide ongoing support to the farming community.

Explore the possibility of organizing field visits to successful farms to showcase innovative practices and inspire other farmers.

Collaborate with local educational institutions to organize workshops and training programs for young farmers.

Advocate for policies that support sustainable agriculture and improve the livelihoods of farmers.

By continuing to support and empower our local farmers, we can ensure a sustainable and prosperous future for our community and the wider food system.



write with objectives and report in humane way write a report of the programme for club inaugurations of maths,english,social science,phycial science,natural science on the date 19/08/2018 by . write with objectives and report in humane way

11. Onam Celebration (21/08/2018)

Venue: Sum College of Teacher Education

Date: 21st August 2018

Occasion: Onam Celebration

On 21st August 2018, Sum College of Teacher Education came alive with vibrant festivities as students and staff celebrated the joyous festival of Onam. The college grounds were adorned with a traditional floral carpet (Pookkalam), and a variety of cultural programs brought the spirit of Kerala's rich heritage to life. The celebration fostered a sense of unity, tradition, and shared happiness among everyone present.

Programme Highlights:

Pookkalam Creation:

The event began with the creation of an intricate and colorful Pookkalam at the college entrance, symbolizing prosperity and harmony.

Students enthusiastically worked together, showcasing their creativity and teamwork to design the floral arrangement, which became the centerpiece of the celebration.

Cultural Performances:

A variety of cultural programs followed, reflecting the traditional essence of Onam.

The highlight was a Thiruvathira dance performed by the students, captivating the audience with its grace and rhythm.

A humorous Onam skit portrayed the mythical story of King Mahabali's visit to Earth, bringing laughter and cultural insight to the event.

Melodious group songs and solo performances celebrated the festive spirit and traditions of Kerala.

Traditional Games:

Traditional games like Uriyadi (hitting the pot) and tug-of-war added an energetic and joyful element to the celebration.

Both students and staff participated with enthusiasm, creating an atmosphere of camaraderie and fun.

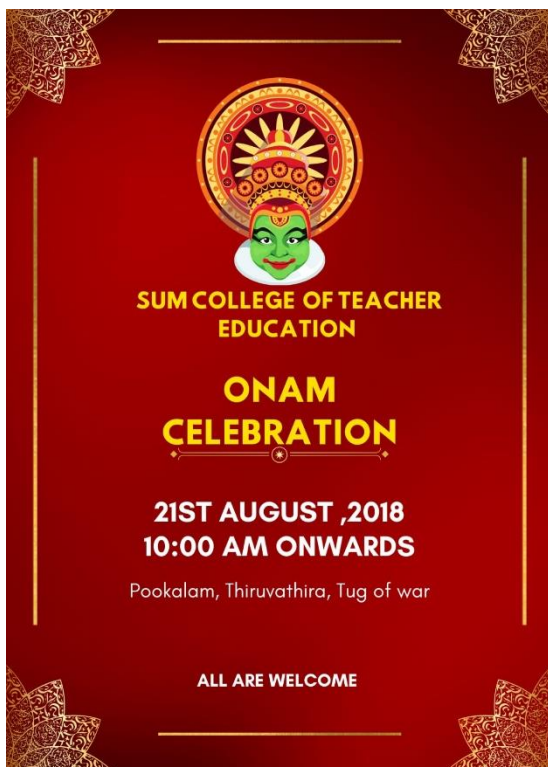
Traditional Attire:

The participants and attendees dressed in traditional Kerala attire, adding to the festive ambiance. The kasavu sarees and mundu were a visual treat, emphasizing the cultural richness of Onam.

The celebration concluded with a heartfelt address by the Principal, who highlighted the importance of preserving cultural traditions and fostering a spirit of togetherness. The event served as a beautiful reminder of Kerala's heritage and the values of unity, equality, and gratitude symbolized by Onam.

Feedback and Impact:

The Onam celebration brought the college community together, strengthening bonds and creating lasting memories. Students and staff expressed their joy and appreciation for the event,



noting its ability to bridge cultural and generational gaps through shared festivities.

12. Sports Day and Health & Sports Club Inauguration

Venue: College Grounds, Sum College of Teacher Education

Date: 29th August 2018

Occasion: Sports Day and Inauguration of the Health & Sports Club

On 29th August 2018, Sum College of Teacher Education celebrated Sports Day, coupled with the inauguration of the Health & Sports Club. The event aimed to highlight the importance of physical fitness and sports in overall development. The inauguration was graced by Mr. Kunjiraman, Physical Education Teacher at Anjarakkandy Higher Secondary School, whose presence and motivational words added significance to the occasion.

Objectives of the Programme:

To promote awareness about the importance of physical fitness and healthy living among students and staff.

To encourage active participation in sports and recreational activities.

To foster team spirit, discipline, and perseverance through sports.

To launch the Health & Sports Club as a platform for organizing regular fitness and sports-related initiatives.

Programme Highlights:

Mr. Kunjiraman inaugurated the Health & Sports Club with an inspiring address, emphasizing the role of sports in shaping character, enhancing mental health, and building lifelong skills.

He encouraged students to actively participate in sports, not just for competition but for personal growth and well-being.

Recognition and Prizes:

Winners of the events were awarded medals and certificates, celebrating their effort and excellence.

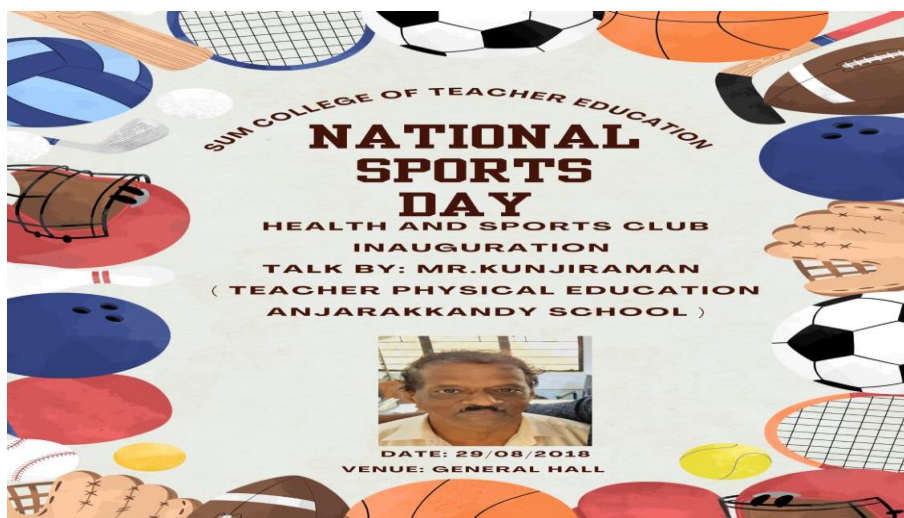
Health & Sports Club Initiatives:

The newly inaugurated club announced its plans to organize regular fitness sessions, sports tournaments, and health awareness programs to promote a balanced lifestyle.

The event concluded with a vote of thanks by the coordinator, who expressed gratitude to Mr. Kunjiraman for his inspiring presence and to all participants for their enthusiasm and energy.

Feedback and Impact:

The combined celebration of Sports Day and the inauguration of the Health & Sports Club left a lasting impression on everyone involved. Students and staff expressed renewed enthusiasm for incorporating physical activity into their daily lives.



The establishment of the Health & Sports Club marked a significant step toward fostering a culture of health and fitness at Sum College of Teacher Education, aligning with its commitment to holistic student development.

12. Teacher's Day Celebration (5/9/2018)

Venue: Seminar Hall, SumCollege of Teacher Education

Date: 5th September 2018

Occasion: Teacher's Day

On 5th September 2018, Sum College of Teacher Education celebrated Teacher's Day with great enthusiasm and reverence, honoring the invaluable contributions of teachers in shaping society. The event was inaugurated by Mr. Krishnakumar E.P., Assistant Professor of Social Science, whose insights added depth to the celebration. The day was dedicated to recognizing the hard work and dedication of teachers and their role in nurturing future generations.

Objectives of the Programme:

To express gratitude and appreciation for the efforts of teachers in guiding students toward excellence.

To reflect on the importance of teaching as a noble profession and its impact on society.

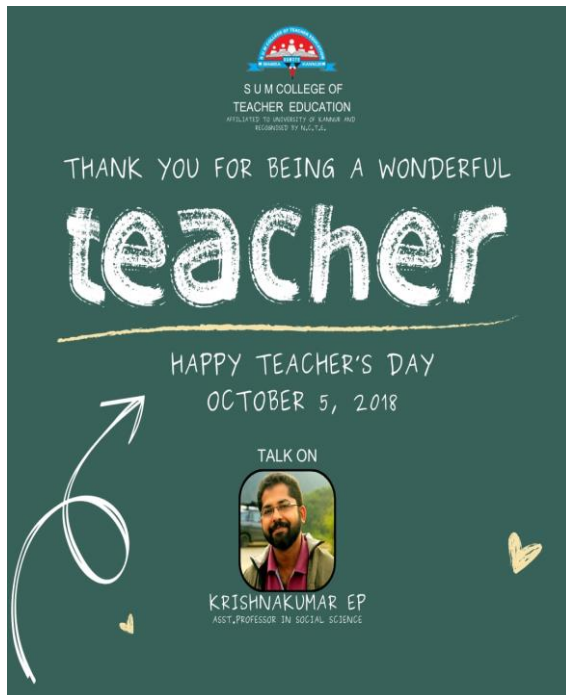
To inspire aspiring educators to embrace their role with dedication and integrity.

To foster a spirit of respect and camaraderie between students and faculty.

Programme Highlights:

Inaugural Ceremony:

The event commenced with the lighting of the lamp by Mr. Krishnakumar E.P., accompanied by the Principal and senior faculty members.



In his inaugural speech, Mr. Krishnakumar emphasized the transformative power of education and the pivotal role teachers play in shaping young minds.

He reminded everyone of the legacy of Dr. Sarvepalli Radhakrishnan, whose birthday is celebrated as Teacher's Day, and urged aspiring teachers to embody his values of humility and knowledge.

Student Tributes:

Students expressed their gratitude through heartfelt speeches, songs, and poems dedicated to their teachers.

A skit performed by the students humorously yet respectfully highlighted the challenges and joys of teaching, leaving the audience both entertained and reflective.

Interactive Session:

An interactive session between students and faculty members was held, where students shared their perspectives on the influence of teachers in their lives.

Teachers reciprocated by sharing anecdotes and experiences from their teaching journeys, inspiring the future educators present.

Games and Activities:

Fun activities and games were organized to engage teachers and students, creating a lively and joyful atmosphere.

A quiz competition on educational topics saw enthusiastic participation from both students and faculty.

Token of Appreciation:

The students presented handmade cards and mementos to their teachers as a token of their love and respect, adding a personal touch to the celebration.

The program concluded with a vote of thanks by the event coordinator, expressing heartfelt gratitude to Mr. Krishnakumar E.P. for his inspiring words and to the faculty and students for their active participation.

Feedback and Impact:

The Teacher's Day celebration strengthened the bond between students and faculty, instilling a deeper sense of respect and admiration for the teaching profession. The event inspired future educators to embrace their role with passion and a sense of purpose.

13. Ozone Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 16th September 2018

Occasion: International Day for the Preservation of the Ozone Layer

On 16th September 2018, Science club of Sum College of Teacher Education observed Ozone Day with a meaningful program that emphasized the critical importance of protecting the ozone layer for the sustainability of life on Earth. The event was inaugurated by Mr. Divakaran P.E., Assistant Professor of Physical Science, whose enlightening talk set the tone for the day's discussions and activities.

Objectives of the Programme:

To raise awareness about the significance of the ozone layer and its role in shielding life on Earth from harmful ultraviolet radiation.

To educate participants on the causes of ozone depletion and the steps needed to mitigate it.

To encourage sustainable practices and environmental stewardship among students and staff.

To inspire action in line with the global theme for Ozone Day.

Programme Highlights:

Mr. Divakaran spoke on the theme of the day, linking scientific understanding of the ozone layer to the urgent need for global and local action.

Expert Talk by Mr. Divakaran P.E.:

Mr. Divakaran delivered an insightful talk titled "Ozone: Our Shield, Our Responsibility."

He explained the science behind the ozone layer, the causes of its depletion, and the measures being taken globally to combat this issue, such as the Montreal Protocol.

He also highlighted simple steps individuals can take to reduce their carbon footprint and contribute to environmental conservation.

Poster Presentation:

Students prepared and displayed posters illustrating the importance of the ozone layer, the threats it faces, and solutions to prevent further damage.

The posters showcased creativity and a deep understanding of the topic, sparking discussions among attendees.

Interactive Session:

An engaging Q&A session followed the talk, where students asked thoughtful questions about ozone depletion, climate change, and sustainable practices.

Mr. Divakaran and faculty members provided comprehensive answers, making the session informative and interactive.

Pledge for Ozone Protection:

The program concluded with a collective pledge by students and staff to take small yet impactful steps in their daily lives to protect the environment and preserve the ozone layer.

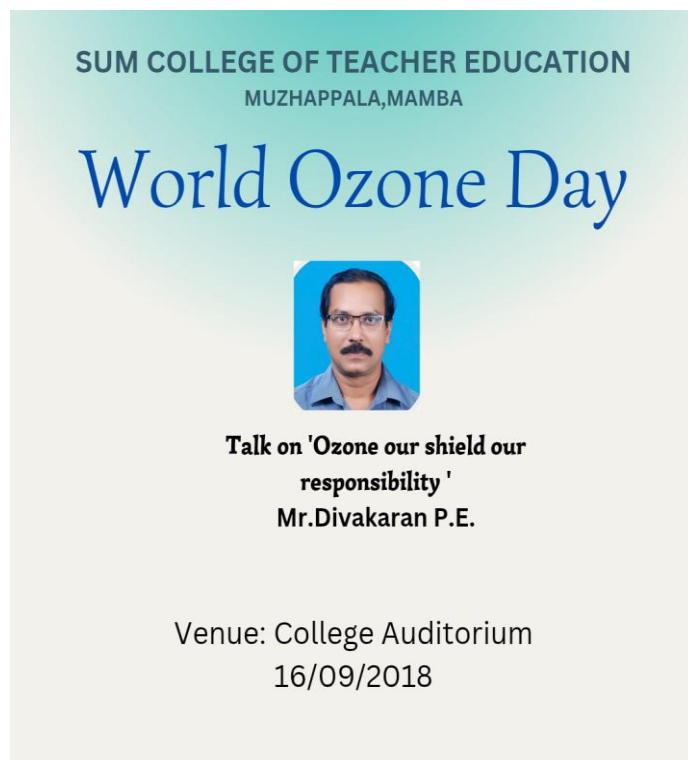
Conclusion and Outcomes:

The event concluded with a vote of thanks by the program coordinator, expressing gratitude to Mr. Divakaran P.E. for his thought-provoking talk and to all participants for their enthusiastic involvement.

Feedback and Impact:


The Ozone Day celebration succeeded in raising awareness about the critical issue of ozone layer protection. Students and staff left the session with a renewed sense of responsibility toward environmental conservation and the importance of individual and collective action.

Sum College of Teacher Education remains committed to organizing programs that inspire awareness, education, and action for a sustainable future.



SUM COLLEGE OF TEACHER EDUCATION
MUZHAPPALA, MAMBA

World Ozone Day



**Talk on 'Ozone our shield our
responsibility'**
Mr. Divakaran P.E.

Venue: College Auditorium
16/09/2018

14. World Sign Language Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 23rd September 2018

Occasion: World Sign Language Day

On 23rd September 2018, Sum College of Teacher Education celebrated World Sign Language Day with the aim of promoting awareness about the importance of sign language in fostering inclusion and accessibility for the deaf community. The event was inaugurated by Mr. Muhammed Ansari, Assistant Professor of English, whose inspiring address set the tone for a meaningful and educational program.

Objectives of the Programme:

To raise awareness about the significance of sign language as a tool for communication and inclusion.

To foster understanding and empathy toward the challenges faced by the deaf community.

To encourage future educators to adopt inclusive practices in their teaching methodologies.

To promote the values of equality, respect, and accessibility in society.

Programme Highlights:

In his inaugural speech, Mr. Ansari highlighted the importance of recognizing sign language as a legitimate means of communication and its role in bridging gaps for the deaf community.

He urged the audience to embrace diversity and inclusion in all spheres of life.

Mr. Ansari delivered an engaging talk titled “The Power of Silence: Understanding the Importance of Sign Language.”

He spoke about the global efforts to promote sign language, the challenges faced by those with hearing impairments, and the role of educators in making classrooms more inclusive.

Demonstration of Basic Sign Language:

A special session was conducted by a trained resource person, who taught the audience basic sign language gestures, including alphabets, greetings, and common phrases.

The session was interactive and well-received, with active participation from students and staff.

The program ended with a vote of thanks by the shahana valsan (student), acknowledging the efforts of Mr. Muhammed Ansari, the resource person, and all participants for making the event successful and impactful.



Feedback and Impact:

The World Sign Language Day celebration left a profound impact on everyone present, fostering empathy and awareness about the need for inclusive communication. Students and staff gained valuable insights into the significance of sign language and expressed their commitment to advocating for accessibility and equality.

15. Gandhi Jayanthi Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 2nd October 2018

Occasion: Gandhi Jayanthi

On 2nd October 2018, Sum College of Teacher Education celebrated Gandhi Jayanthi to honor the birth anniversary of Mahatma Gandhi, the Father of the Nation. The event, aimed at reflecting on Gandhiji's teachings and values, was inaugurated by Mr. Suneesh Kolangaroth, Assistant Professor of General Education. His insightful address highlighted the relevance of Gandhian principles in today's world and inspired attendees to embrace them in their lives.

Objectives of the Programme:

To commemorate the life and legacy of Mahatma Gandhi.

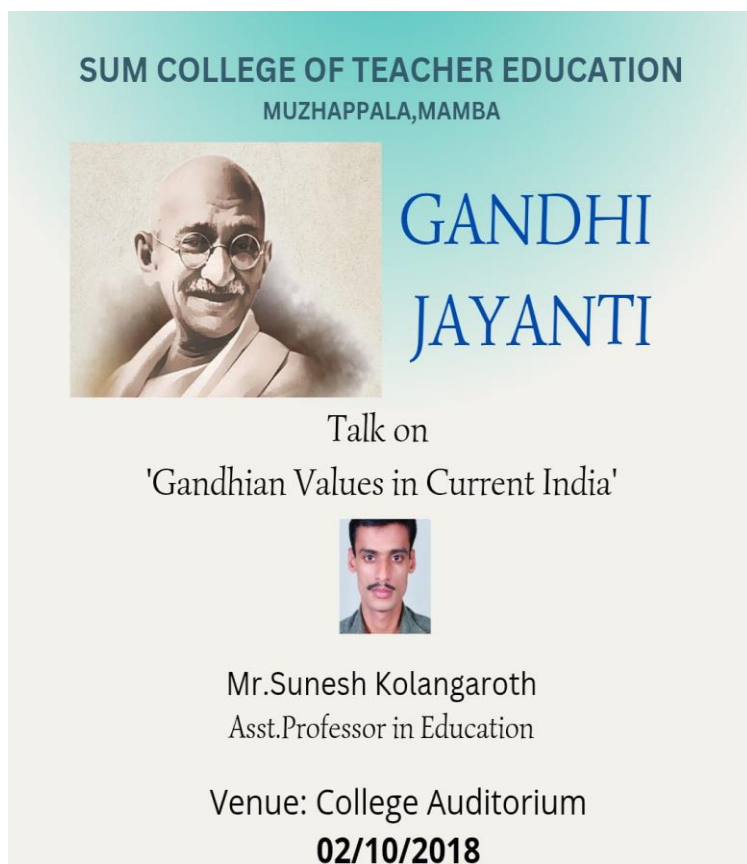
To instill the values of truth, non-violence, and simplicity among students and staff.

To promote awareness about Gandhiji's contributions to India's independence and his philosophy of peaceful resistance.

To encourage participants to adopt sustainable and ethical practices in their personal and professional lives.

Programme Highlights:


Inauguration Ceremony:



SUM COLLEGE OF TEACHER EDUCATION
MUZHAPPALA, MAMBA

**GANDHI
JAYANTI**

Talk on
'Gandhian Values in Current India'



Mr. Sunesh Kolangaroth
Asst. Professor in Education

Venue: College Auditorium
02/10/2018

The celebration began with a prayer song, followed by the lighting of the ceremonial lamp by Mr. Suneesh Kolangaroth, the Principal, and faculty members.

In his inaugural address, Mr. Suneesh spoke about the importance of Gandhian values in education and everyday life. He emphasized the role of educators in imparting these values to future generations.

Students presented speeches and poems highlighting Gandhiji's principles of non-violence, truth, and self-reliance.

A short documentary on Gandhiji's life and his role in India's struggle for independence was screened, providing inspiration and historical context to the audience.

Cleanliness Drive:

In line with Gandhiji's emphasis on cleanliness, a campus cleanliness drive was organized. Students and staff actively participated, making the event not only symbolic but also impactful.

The program concluded with a vote of thanks by the , expressing Sneha k v(student) gratitude to Mr. Suneesh Kolangaroth for his inspiring words and to everyone who contributed to the success of the event.

Feedback and Impact: The Gandhi Jayanthi celebration served as a reminder of the timeless relevance of Gandhiji's teachings. The participants expressed their appreciation for the

program's focus on both education and action, as reflected in the cleanliness drive and the cultural activities.

16. World Food Fest Celebration

Venue: auditorium Sum College of Teacher Education

Date: 16th October 2018

Occasion: World Food Fest

On 16th October 2018, Sum College of Teacher Education celebrated the World Food Fest with great enthusiasm and cultural vibrancy. The event, organized to commemorate World Food Day, was inaugurated by Mr. Krishna Kumar E.P., Assistant Professor of Social Science. The celebration highlighted the importance of food security, sustainable agriculture, and cultural diversity in food practices.

Objectives of the Programme:

To create awareness about global food security and the need to eradicate hunger.

To celebrate the diversity of food cultures and their significance in uniting communities.

To promote sustainable food habits and responsible consumption.

To encourage future educators to integrate food education into their teaching practices.

Programme Highlights:

Inauguration Ceremony:

In his inaugural address, Mr. Krishna Kumar emphasized the importance of sustainable agricultural practices and reducing food wastage to address global hunger. He also highlighted the role of teachers in spreading awareness about responsible consumption.

Food Exhibits and Stalls:

A variety of food stalls were set up by students, showcasing traditional dishes from different regions of India. Each stall included a brief description of the cultural significance and preparation methods of the dishes.

An emphasis was placed on healthy and sustainable ingredients, with some stalls offering organic and locally sourced foods.

The event concluded with a vote of thanks by the coordinator, who expressed gratitude to Mr. Krishna Kumar E.P. for his inspiring presence and to all the participants for their enthusiasm and creativity.



Feedback and Impact:

The World Food Fest celebration was a vibrant and educational experience, fostering a deeper understanding of food security and cultural diversity. The participants appreciated the opportunity to explore the relationship between food, culture, and sustainability

17. United Nations Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 16th October 2018

Occasion: United Nations Day

On 16th October 2018, the Social Science Club of Sum College of Teacher Education organized a special program to celebrate United Nations Day, with the objective of raising awareness about the UN's role in promoting peace, development, and human rights across the globe. The event was inaugurated by Mr. Krishna Kumar E.P., Assistant Professor of Social Science, whose insightful address provided an overview of the United Nations' significant contributions to global welfare.

Objectives of the Programme:

To celebrate the establishment of the United Nations and its contributions to global peace, security, and development.

To raise awareness about the UN's Sustainable Development Goals (SDGs) and their relevance to students and educators.

To encourage critical thinking and dialogue among students regarding global issues such as human rights, poverty, climate change, and social justice.

To provide students with a platform to express their views through an engaging speech competition.

Programme Highlights:

Mr. Krishna Kumar, in his inaugural speech, highlighted the crucial role of the United Nations in fostering international cooperation and addressing global challenges. He emphasized the importance of students understanding their role in contributing to global peace and development.

One of the key highlights of the event was the Speech Competition, where students were invited to deliver speeches on topics related to the United Nations and its impact on global issues.

The competition saw enthusiastic participation, with students speaking on themes such as "The Role of the UN in Promoting Human Rights," "Achieving the Sustainable Development Goals," and "The United Nations and Global Peace."

The speeches were judged based on clarity, relevance, and delivery, and winners were awarded certificates for their outstanding presentations.

The event concluded with a cultural performance, where students presented a skit that depicted the impact of global issues such as climate change and inequality, highlighting the importance of international cooperation.

The program was a resounding success, and it concluded with a vote of thanks by the event coordinator, who expressed appreciation for the enthusiastic participation of students and faculty, and for the inspiring words of Mr. Krishna Kumar E.P.

Feedback and Impact:

The United Nations Day celebration had a profound impact on all attendees, raising awareness about the UN's role and inspiring students to be more mindful of global issues. The speech competition served as an excellent platform for students to voice their opinions and learn more about global governance.



18.Kerala Piravi Celebration

Venue: Campus Grounds and Seminar Hall, Sum College of Teacher Education

Date: 1st November 2018

Occasion: Kerala Piravi (Kerala Formation Day)

On 1st November 2018, Sum College of Teacher Education celebrated Kerala Piravi, the day marking the formation of the state of Kerala. The event aimed to commemorate the rich cultural heritage, traditions, and history of the state. The celebration was filled with vibrant cultural activities and competitions that showcased the diversity and unity of Kerala.

Objectives of the Programme:

To celebrate the formation of the state of Kerala and acknowledge its rich cultural, historical, and social heritage.

To promote the values of unity, diversity, and inclusivity that are at the heart of Kerala's identity.

To engage students in understanding the cultural significance of Kerala through various activities.

To foster a sense of pride and belonging among students for the state's traditions and values.

Programme Highlights:

Principal emphasized the importance of Kerala Piravi in celebrating the cultural unity of the state. She urged students to appreciate the state's diverse heritage and actively engage in preserving its traditions.

Traditional Dress Competition:

A Traditional Dress Competition was held, where students showcased a variety of traditional Kerala attire, including the elegant mundu for men and the graceful sari or settu mundu for women, along with other cultural accessories such as kasavu (golden-bordered textiles) and neriyathu (traditional blouse).

The students were judged based on authenticity, presentation, and adherence to traditional dress codes, and winners were awarded prizes. This competition highlighted the elegance and cultural significance of Kerala's traditional clothing.

Cultural Performances:

A range of cultural performances was presented by students, reflecting Kerala's rich artistic traditions. These included:

Thiruvathira: A traditional dance performed by women, symbolizing unity and togetherness, was also featured.

These performances were met with enthusiastic applause, showcasing the students' dedication to preserving Kerala's cultural art forms.

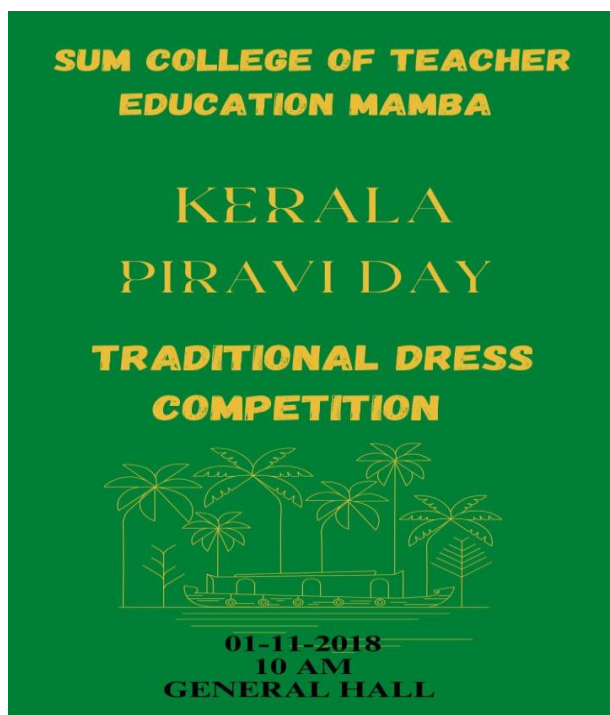
Kerala Cuisine Exhibition:

A stall was set up displaying popular Kerala delicacies such as sadya (traditional feast), puttu, kadala curry, and payasam. Students had the opportunity to learn about the significance of these foods in Kerala's culture and cuisine.

The Kerala Piravi celebration at Sum College of Teacher Education was a resounding success, highlighting the unity, cultural diversity, and traditions that make Kerala unique. The students' involvement in cultural activities and competitions helped to deepen their connection to their roots and reinforced their sense of pride in Kerala's heritage.

Feedback and Impact:

The celebration not only provided an entertaining and educational experience for the students but also encouraged them to take an active role in preserving Kerala's cultural legacy. Students expressed their appreciation for the program, especially the traditional dress competition and the cultural performances.



19.National Education Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 11th November 2018

Occasion: National Education Day

On 11th November 2018, Sum College of Teacher Education observed National Education Day to commemorate the birth anniversary of Maulana Abul Kalam Azad, India's first Minister of Education, and to highlight the importance of education in nation-building. The event was marked by enthusiastic participation from students and faculty and featured various activities to promote awareness of the transformative power of education.

Objectives of the Programme:

To celebrate the legacy of Maulana Abul Kalam Azad and his contributions to the Indian education system.

To emphasize the significance of education in empowering individuals and building a progressive society.

To encourage students to actively engage in discussions and initiatives related to education.

To promote creativity, teamwork, and leadership among students through diverse activities.

Programme Highlights:

Inauguration Ceremony:

The Principal delivered the inaugural address, highlighting the pivotal role of education in shaping a better future. He spoke about Maulana Azad's vision for a free and equitable education system and encouraged students to work towards upholding his ideals.

Students presented thoughtful speeches, essays, and poems reflecting on the theme of education as a tool for empowerment and equality.

Students staged a skit portraying the struggles and triumphs of Maulana Abul Kalam Azad in promoting education during pre-independence India.

A group song celebrating the power of knowledge and its role in transforming society added a melodic and emotional touch to the event.

Quiz Competition:

A quiz competition focused on Maulana Azad's contributions, the Indian education system, and global educational milestones was organized. Students participated with great enthusiasm, showcasing their knowledge and competitive spirit.

The National Education Day celebration at Sum College of Teacher Education successfully honored the vision of Maulana Abul Kalam Azad and reinforced the importance of education as a fundamental right and a tool for societal transformation.

Feedback and Impact:

The program received positive feedback for its engaging and informative activities. Students appreciated the opportunity to learn about Maulana Azad's legacy and to actively participate in discussions and performances.



20. World Diabetes Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 14th November 2018

Time: 10:00 PM

Occasion: World Diabetes Day

On 14th November 2018, Sum College of Teacher Education observed World Diabetes Day with an enlightening awareness program focusing on the theme “The Family and Diabetes: Concerns for Every Family.” The event, conducted in the afternoon at 2:00 PM, featured an awareness class by Ms. Praseetha P., Assistant Professor of Natural Science, aimed at educating attendees about diabetes and its impact on families.

Objectives of the Programme:

To create awareness about diabetes as a global health challenge and its impact on individuals and families.

To emphasize the role of family in diabetes prevention, management, and care.

To educate future educators on promoting health-conscious practices in their communities.

To encourage families to adopt healthier lifestyles to reduce the risk of diabetes and its complications.

Programme Highlights:

The event began with a warm welcome by Mr. Krishnakumar E P, who highlighted the importance of the World Diabetes Day theme.

Awareness Class by Ms. Praseetha P.:

Ms. Praseetha P. conducted an engaging and informative session on the topic “The Family and Diabetes: Concerns for Every Family.”

She explained the types of diabetes, risk factors, and symptoms, with a focus on how families can help prevent and manage the condition.

Ms. Praseetha underscored the importance of early detection and regular health check-ups, emphasizing the need for a supportive environment at home for individuals managing diabetes.

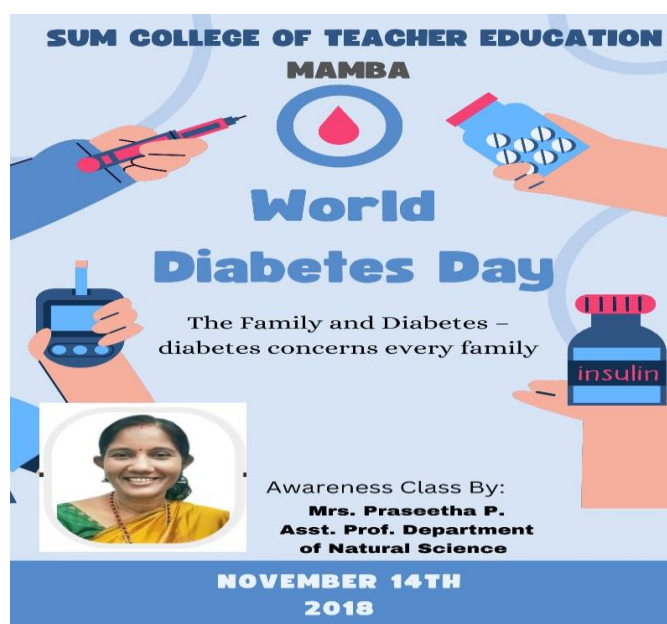
She also provided practical advice on maintaining a healthy diet, engaging in regular physical activity, and reducing stress levels as preventive measures.

The session included an interactive discussion where attendees shared their concerns and experiences regarding diabetes in their families.

Ms. Praseetha addressed queries related to dietary choices, the role of exercise, and ways to manage diabetes effectively within a family setting.

The World Diabetes Day program at Sum College of Teacher Education successfully emphasized the importance of family in addressing diabetes-related challenges. The event

fostered awareness among students and faculty, equipping them with knowledge to act as



advocates for health and wellness in their communities.

Feedback and Impact:

The session by Ms. Praseetha P. was highly appreciated for its relevance and clarity. Participants expressed their commitment to adopting healthier lifestyles and spreading the message of diabetes care within their families and beyond.

21.Children's Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 14th November 2018

Time: 2:00 PM

Occasion: Children's Day

On 14th November 2018, Sum College of Teacher Education celebrated Children's Day with great enthusiasm to honor the birth anniversary of Pandit Jawaharlal Nehru, who is fondly remembered for his love for children. The program, conducted in the afternoon at 2:00 PM, featured a special class by Dr. Jayasree C. V., Principal, Sum College of Teacher Education, along with various activities reflecting the spirit of the day.

Objectives of the Programme:

To celebrate the importance of children as the future of the nation.

To reflect on the values of care, education, and holistic development promoted by Pandit Jawaharlal Nehru.

To inspire educators to nurture creativity, curiosity, and compassion among children.

To provide an engaging platform for students to learn about the significance of Children's Day and their role as future educators.



Programme Highlights:

The program began with a warm welcome by Ms. Anjali (student), who spoke about the significance of Children's Day and Pandit Nehru's vision for children's education and well-being.

Special Class by Dr. Jayasree C. V.:

Dr. Jayasree C. V., Principal, Sum College of Teacher Education, delivered an inspiring class on the topic "The Role of Educators in Shaping Young Minds."

She emphasized the importance of nurturing creativity, empathy, and resilience in children to prepare them for the challenges of the future.

Dr. Jayasree highlighted the need for educators to create inclusive and supportive learning environments where every child feels valued and motivated.

The session included practical insights on innovative teaching methods and the importance of understanding the individual needs of children.

Dr. Jayasree provided valuable guidance on addressing challenges faced by educators in meeting the diverse needs of their students.

Feedback and Impact:

The session by Dr. Jayasree C. V. was lauded for its thought-provoking content and practical advice. Students found the program both inspiring and informative, gaining a deeper understanding of their responsibilities as educators.

22. World AIDS Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 1st December 2018

Time: 10:00 AM

Occasion: World AIDS Day

On 1st December 2018, Sum College of Teacher Education observed World AIDS Day with a program aimed at raising awareness about HIV/AIDS and combating the stigma associated with the condition. The event featured an informative talk by Mr. Sadhanandhan, Health Worker, PHC Anjarakkandy, and was attended by students and faculty with great enthusiasm.

Objectives of the Programme:

To create awareness about HIV/AIDS, its transmission, prevention, and management.

To educate future educators about their role in spreading accurate information about HIV/AIDS and reducing stigma.

To highlight the importance of empathy and support for individuals living with HIV/AIDS.

To empower attendees with knowledge to promote healthy practices in their communities.

Programme Highlights:

The program began with a warm welcome by Ms. Dinsha Dinesh (student), who introduced the theme of World AIDS Day 2018, "Know Your Status," and highlighted its significance in promoting health awareness and inclusivity.

Talk by Mr. Sadhanandhan:

Mr. Sadhanandhan, Health Worker from PHC Anjarakkandy, delivered an insightful and engaging talk on HIV/AIDS awareness. He explained the biology of HIV, modes of transmission, preventive measures, and available treatments. He emphasized the importance of regular health check-ups and early detection in managing HIV effectively. The talk also covered the challenges faced by people living with HIV/AIDS and the need for a supportive and non-judgmental environment to help them lead fulfilling lives.

Mr. Sadhanandhan patiently addressed their queries, providing practical insights and clarifying doubts. The program concluded with a heartfelt message from the event coordinator, encouraging attendees to become advocates for awareness and empathy.

A collective pledge was taken to spread accurate information about HIV/AIDS and support individuals living with the condition.

Feedback and Impact: The talk by Mr. Sadhanandhan was well-received, with participants appreciating the clarity and depth of the information shared. The program inspired attendees to take an active role in reducing stigma and promoting health awareness in their communities.



23.Orientation Programme for Palliative Care Students' Wing

Venue: Seminar Hall, Sum College of Teacher Education

Date: 5th December 2018

Time: 10:00 AM

On 5th December 2018, Sum College of Teacher Education organized an Orientation Programme for the Palliative Care Students' Wing. The event aimed to educate and inspire students to take an active role in palliative care initiatives. The session was led by Mr. Ayoob, a dedicated member of the Chakkarakkal Palliative Care Unit, who shared his insights and experiences in the field.

Objectives of the Programme:

To introduce the concept of palliative care and its importance in supporting patients with chronic or terminal illnesses.

To create awareness about the role of educators in fostering compassion and care for individuals in need.

To encourage students to actively participate in palliative care initiatives and build a sense of social responsibility.

To provide practical insights into the functioning of palliative care units and community engagement strategies.

Programme Highlights:

The program commenced with a warm welcome by Ms.Mishab, who introduced the significance of palliative care and the establishment of the Palliative Care Students' Wing at the college.

Talk by Mr. Ayoob:

Mr. Ayoob, a member of the Chakkarakkal Palliative Care Unit, delivered an enlightening session on the philosophy and practice of palliative care.

He highlighted the emotional, psychological, and physical support that palliative care provides to patients and their families.

He shared moving anecdotes from his fieldwork, emphasizing the transformative impact of empathy and compassion.

The session also included practical advice on how students can contribute to palliative care initiatives, including home visits, resource mobilization, and community awareness programs.

Mr. Ayoob encouraged students to approach palliative care with an open heart and guided them on managing emotional challenges associated with caregiving.

Formation of Palliative Care Students' Wing:

The orientation included the formal establishment of the Palliative Care Students' Wing at Sum College of Teacher Education.

Student volunteers were encouraged to join the wing and actively participate in upcoming activities and outreach programs.

The program concluded with a vote of thanks by Ms.Sneha (student) , who expressed gratitude to Mr. Ayoob for his inspiring talk and the students for their enthusiastic participation.

Feedback and Impact:

Participants appreciated the opportunity to learn about the compassionate work of palliative care units and expressed their eagerness to contribute. The establishment of the Palliative Care Students' Wing marked a significant step in integrating social responsibility into the college's educational framework.

24. Human Rights Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 10th December 2018

Time: 10:00 AM

On 10th December 2018, Human Rights Day was commemorated at Sum College of Teacher Education to highlight the importance of promoting and protecting human rights for all. The event was inaugurated by Mr. T. O. Mohanan, Mayor of Kannur Corporation, who also delivered an insightful talk. Students and faculty actively participated in this meaningful program, which aimed to foster awareness and responsibility toward human rights.

Objectives of the Programme:

To commemorate Human Rights Day and raise awareness about the Universal Declaration of Human Rights.

To educate students about the importance of safeguarding human rights in personal, social, and professional contexts.

To inspire future educators to integrate human rights education into their teaching practices.

To encourage a culture of respect, empathy, and equality within the community.

Programme Highlights:

The event began with a warm welcome by Ms.Laya Mohan (student), who introduced the theme for Human Rights Day 2018, emphasizing the relevance of the Universal Declaration of Human Rights in today's world.

Inauguration by Mr. T. O. Mohanan:

Mr. T. O. Mohanan, Mayor of Kannur Corporation, officially inaugurated the program by lighting the ceremonial lamp.

In his inaugural address, he emphasized the role of individuals and communities in upholding human dignity and equality.

Talk by Mr. T. O. Mohanan:

Mr. Mohanan delivered a thought-provoking talk on the topic "Human Rights: Challenges and Responsibilities."

He provided an overview of the Universal Declaration of Human Rights and its historical significance.

Highlighting contemporary human rights issues, he urged students to be vigilant against discrimination, inequality, and injustice in society.

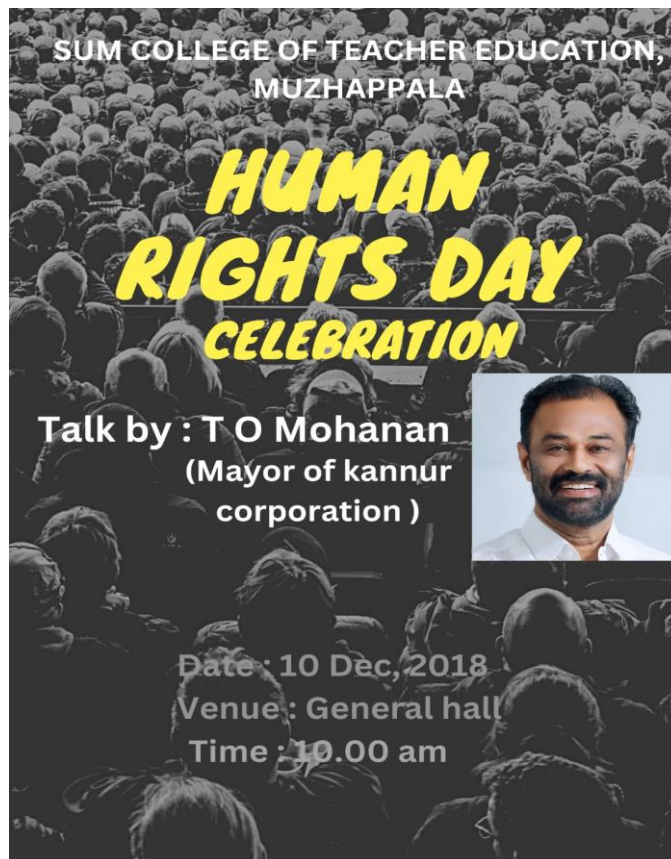
He encouraged future educators to promote human rights through education, fostering an inclusive and equitable environment in their classrooms.

Mr. Mohanan appreciated the enthusiasm of the students and provided practical suggestions for addressing these challenges.

The event concluded with a vote of thanks by Ms.pranav(student) , expressing gratitude to Mr. T. O. Mohanan for his inspiring presence and to the students and faculty for their active participation.

Feedback and Impact:

The session by Mr. T. O. Mohanan was highly appreciated for its depth and relevance. The



event inspired students to actively advocate for human rights in their personal and professional lives.

25.National Mathematics Day Celebration

Venue: Seminar Hall, Sum College of Teacher Education

Date: 20th December 2018

Time: 10:00 AM

On 20th December 2018, Sum College of Teacher Education celebrated National Mathematics Day to commemorate the birth anniversary of the legendary mathematician Srinivasa Ramanujan. The program aimed to highlight the significance of mathematics in education and everyday life. The event was inaugurated by Mr. Palliyara Sreedharan, Retired Teacher, Koodali HSS, who also delivered an engaging talk. The celebration concluded with an exciting mathematics quiz conducted by the students.

Objectives of the Programme:

To honor the contributions of Srinivasa Ramanujan to the field of mathematics.

To encourage an appreciation for mathematics among students and its applications in daily life.

To provide a platform for students to engage in mathematical activities and showcase their knowledge.

To inspire future educators to develop innovative ways of teaching mathematics.

Programme Highlights:

The event began with a welcome address by Mr. Saiffudhin T V(student) , who introduced the significance of National Mathematics Day and the life and achievements of Srinivasa Ramanujan.

Mr. Palliyara Sreedharan inaugurated the program by lighting the ceremonial lamp and shared his admiration for Ramanujan's genius.

Talk by Mr. Palliyara Sreedharan:

In his talk, Mr. Sreedharan highlighted the simplicity and brilliance of Ramanujan's mathematical discoveries.

He spoke about the importance of cultivating logical thinking and problem-solving skills in students.

The talk included anecdotes and examples of how mathematics influences various aspects of life, inspiring students to approach the subject with curiosity and confidence.

Mathematics Quiz:

Following the talk, a mathematics quiz was conducted by the students.

SUM COLLEGE OF TEACHER EDUCATION



NATIONAL MATHS DAY CELEBRATION

TALK BY: PALLIYARA SREEDHARAN
(Rtd. Teacher Koodali HSS)



DATE: 20/12/2018
VENUE : GENERAL HALL
TIME: 10.00AM

The quiz featured a mix of questions related to arithmetic, geometry, algebra, and famous mathematicians.

Students actively participated in the quiz, demonstrating their enthusiasm and knowledge of mathematics.

The winning teams were awarded prizes, which added to the excitement of the event.

An interactive session allowed students to ask questions and share their thoughts about the challenges and joys of learning mathematics.

Mr. Sreedharan encouraged them to embrace mistakes as learning opportunities and provided tips for overcoming math anxiety.

The event concluded with a vote of thanks by Ms. Meghna PC (student), who expressed gratitude to Mr. Palliyara Sreedharan for his inspiring talk and to the students for their active participation in making the event a success.

Conclusion and Outcomes:

The National Mathematics Day celebration at Sum College of Teacher Education was a memorable event that fostered a greater appreciation for mathematics among students.

Feedback and Impact:

The talk by Mr. Palliyara Sreedharan was highly motivating, and the mathematics quiz created a lively and engaging atmosphere. The event encouraged students to view mathematics as a fascinating and essential part of life, promoting a positive attitude toward the subject.

26. Christmas Day Celebration

Venue: Auditorium, Sum College of Teacher Education

Date: 21st December 2018

Time: 10:00 AM

On 21st December 2018, Sum College of Teacher Education celebrated Christmas Day with joy and enthusiasm. The event brought together students and faculty to embrace the spirit of love, peace, and togetherness that Christmas represents. The celebration featured a variety of activities, including cake cutting, a carol singing competition, crib making, and a heartfelt Christmas message by a faculty member.

Objectives of the Programme:

To celebrate the festive spirit of Christmas and promote values of love, peace, and harmony.

To foster unity and togetherness among students and faculty through cultural activities.

To encourage creativity and participation through competitions like crib making and carol singing.

To reflect on the deeper message of Christmas and its relevance in personal and professional life.

Programme Highlights:

Welcome and Inauguration:

The program commenced with a welcome address by Ms.Swathi P (student), who shared the significance of Christmas and its universal message of love and goodwill.

Cake Cutting Ceremony:

The celebration began with a cake-cutting ceremony, symbolizing joy and togetherness.

The principal and faculty members joined students in this warm gesture, setting a festive tone for the event.

Carol Singing Competition:

Students participated in a carol singing competition, showcasing their musical talents and spreading Christmas cheer.

The auditorium resonated with melodious tunes as each team performed traditional and modern Christmas carols.

The winners were awarded prizes, adding an element of excitement to the celebration.

Crib Making

students crafted beautiful crib representations of the Nativity scene.

The cribs displayed the artistic skills and teamwork of the participants.

Christmas Message:

A Christmas message was delivered by a faculty member, emphasizing the values of compassion, generosity, and hope.

The message inspired students to carry the spirit of Christmas into their daily lives and interactions.

Cultural Performances:

The celebration also included cultural performances by students, such as dance and skits, reflecting the joy and essence of Christmas.

The event concluded with a vote of thanks by the coordinator, expressing gratitude to all participants and organizers for their efforts in making the celebration a memorable one.

Conclusion and Outcomes:

The Christmas Day celebration at Sum College of Teacher Education was a joyous occasion that brought the college community together in a festive and harmonious spirit.

Feedback and Impact:

The activities, especially the carol singing and crib-making competitions, were well-received, creating a lively and engaging atmosphere. The Christmas message by the faculty member resonated deeply with the participants, inspiring them to embrace the true essence of the festival

